

Cytokine Polymorphisms and Predisposition to Diabetic Nephropathy: A Meta-Analysis

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Keywords

Diabetic nephropathy · Tumor necrosis factor- α · Interleukin-1 · Interleukin-4 · Interleukin-8 · Interleukin-18 · Gene polymorphisms · Meta-analysis

Abstract

Background: Cytokine polymorphisms might influence the predisposition to diabetic nephropathy (DN), but the results of already published related studies are still controversial and ambiguous. **Objectives:** The authors designed this meta-analysis to more precisely estimate relationships between *TNF- α* -1/*IL*-4/*IL*-8/*IL*-18 polymorphisms and DN by pooling the results of already published related studies. **Methods:** The authors searched Pubmed, Embase, Web of Science and CNKI for already published studies. Thirty already published studies were pooled and analyzed in this meta-analysis. **Results:** The overall pooled meta-analysis results showed that distributions of *TNF- α* -238 G/A, *TNF- α* -308 G/A, *TNF- α* -1031 C/T, *IL*-1A -889 C/T, *IL*-1B -511 C/T and *IL*-18 -137 G/C polymorphisms among patients and controls differed significantly. Additionally, we also found that distributions of *TNF- α* -308 G/A, *IL*-1B -511 C/T and *IL*-18 -137 G/C polymorphisms among patients and controls from Asians differed

significantly, and the distribution of the *IL*-1B -511 C/T polymorphism among patients and controls from Caucasians also differed significantly. **Conclusion:** The meta-analysis results demonstrated that *TNF- α* -238 G/A, *TNF- α* -308 G/A, *TNF- α* -1031 C/T, *IL*-1A -889 C/T, *IL*-1B -511 C/T and *IL*-18 -137 G/C polymorphisms might influence predisposition to DN in the overall pooled population. Moreover, *TNF- α* -308 G/A, *IL*-1B -511 C/T and *IL*-18 -137 G/C polymorphisms might influence predisposition to DN in Asians, whereas the *IL*-1B -511 C/T polymorphism might also influence predisposition to DN in Caucasians. © 2020 S. Karger AG, Basel

Introduction

Diabetic nephropathy (DN) is a chronic and progressive microvascular complication of diabetes mellitus, which affects 30–40% of the patients, and it is also the leading cause of end-stage renal disease in grown-ups [1,

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2]. Although its definite etiologies and pathogenesis mechanisms are still ambiguous, accumulating evidence suggests that genetic architecture greatly influences its development. Firstly, the incidences of DN in different populations differ significantly [3–5], and the genetic background is probably one of the underlying reasons of this phenomenon. Secondly, previous association studies have also detected numerous predisposing gene loci of DN in different populations [6, 7]. However, the etiologies and pathogenesis mechanisms of DN are extremely sophisticated, and genetic factors that contribute to the development of DN still need intensive explorations.

Cytokines play vital roles in modulating immune responses and are involved in the pathogenesis of various inflammatory disorders [8, 9]. Previous studies have demonstrated that DN shares similar properties with many chronic inflammatory disorders, and classical inflammatory mediators such as tumor necrosis factor- α (TNF- α), interleukin-1 (IL-1) and interleukin-6 (IL-6) have also been found to be elevated in patients with DN [10, 11]. Moreover, proinflammatory cytokines and their associated overactivated immune responses have also been shown to be associated with development and progression of DN [12, 13]. Therefore, if a polymorphism can impact gene expression or protein structure of cytokines, it is likely that this polymorphism might alter inflammation status and influence predisposition to DN.

In the last two decades, investigators across the world have extensively explored the relationship between cytokine polymorphisms and DN, particularly for polymorphisms of TNF- α , IL-1, IL-4, IL-8 and IL-18, yet the relationships between TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms and DN are still controversial and ambiguous. Thus, we designed this meta-analysis to get a more statistically reliable conclusion regarding relationships between TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms and DN by pooling the results of already published studies.

Materials and Methods

The PRISMA guideline was followed by the authors when conducting this meta-analysis [14].

Literature Search and Inclusion Criteria

A literature search of Pubmed, Web of Science, Embase and CNKI was performed by the authors using the following terms: (Tumor necrosis factor- α or TNF- α or interleukin-1 or IL-1 or interleukin 1 or IL 1 or interleukin-4 or IL-4 or interleukin 4 or IL 4 or interleukin-8 or IL-8 or interleukin 8 or IL 8 or interleukin-18 or IL-18 or interleukin 18 or IL 18) and (polymorphism or variant or variation or mutation or SNP or genome-wide association study

or genetic association study or genotype or allele) and (diabetic nephropathy or DN). The authors also checked the references of obtained articles for additional related studies.

Eligible studies must meet all of three inclusion criteria: (I) formally published studies evaluating relationships between TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms and DN; (II) provide sufficient genotypic data of TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms in patients with DN and controls; (III) the whole manuscript is available in English or Chinese. Articles were excluded when at least one of the following three conditions was fulfilled: (I) studies not concerning TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms and DN; (II) reviews or expert comments; (III) case series only involving participants with DN. When duplicate reports were observed during literature searching, only the most complete one was included for pooled meta-analyses.

Data Extraction and Quality Assessment

We extracted the following items from included studies: (I) surname of the first author; (II) year of online publication; (III) country and ethnicity of involved participants; (IV) number of patients and controls; (V) genotypic distributions of TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms in patients and control subjects. We also calculated *p* values of Hardy-Weinberg equilibrium based on genotypic distributions of TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms.

The authors used the Newcastle-Ottawa scale to assess the quality of included studies [15]. Its score range is from zero to 9, and the methodology quality of an article is considered to be good if it can get a score of more than 7.

Data extraction and quality assessment of included studies were performed by two authors separately. We would write to the corresponding authors for additional data if we failed to extract the necessary information from included studies.

Statistical Analyses

The authors used Review Manager to pool meta-analysis results. The authors used the *Z* test to evaluate the relationship between TNF- α /IL-1/IL-4/IL-8/IL-18 polymorphisms and the predisposition to DN. The authors set the statistically significant threshold at 0.05. The authors used *I*² statistics to estimate heterogeneity. The authors used the DerSimonian-Laird method to pool the results if *I*² was larger than 50%. Otherwise, the authors used the Mantel-Haenszel method to pool the results. The authors also conducted subgroup analyses by ethnicity. The authors examined stabilities of pooled results through omitting one study each time and pooling the results of the other studies. The authors examined publication biases through funnel plots.

Results

Characteristics of Included Studies

Two hundred and eighteen articles were retrieved by the authors through our literature search strategy. The authors assessed 41 articles for eligibility after omitting unrelated and repeated reports. Nine reviews and 2 studies with incomplete data were further excluded by the au-

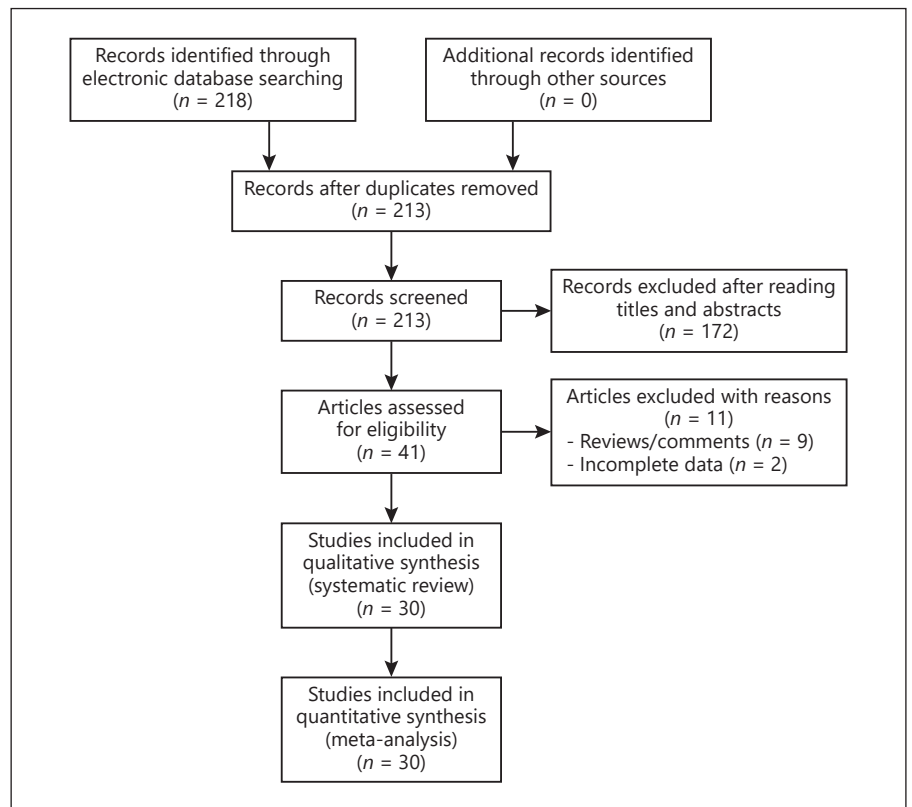


Fig. 1. Flowchart of the study selection for this meta-analysis.

thors. Totally 30 studies were finally pooled in our meta-analyses (Fig. 1). Extracted data of eligible studies are summarized in Table 1.

Meta-Analyses of *TNF-α* Polymorphisms and DN

Nineteen studies were eligible for estimation of the relationship between *TNF-α* polymorphisms and DN. *TNF-α* -238 G/A (dominant comparison: odds ratio, OR = 0.35, $p < 0.0001$; recessive comparison: OR = 3.57, $p < 0.0001$; overdominant comparison: OR = 2.37, $p < 0.0001$; allele comparison: OR = 0.40, $p < 0.0001$), -308 G/A (recessive comparison: OR = 1.68, $p < 0.0001$) and -1031 T/C (dominant comparison: OR = 0.52, $p < 0.0001$; overdominant comparison: OR = 1.60, $p < 0.0001$; allele comparison: OR = 0.51, $p = 0.02$) polymorphisms were all found to be significantly associated with DN in the overall pooled population. The pooled meta-analyses also revealed a similar positive association for -308 G/A polymorphism and DN in Asians, but not in Caucasians (Table 2).

Meta-Analyses of *IL-1* Polymorphisms and DN

Eight studies were eligible for estimation of the relationship between *IL-1* polymorphisms and DN. *IL-1B*

-511 C/T (dominant comparison: OR = 0.65, $p = 0.001$; recessive comparison: OR = 1.54, $p < 0.0001$; allele comparison: OR = 0.75, $p < 0.0001$) and *IL-1A* -889 C/T (dominant comparison: OR = 0.39, $p < 0.0001$; overdominant comparison: OR = 2.77, $p < 0.0001$; allele comparison: OR = 0.51, $p < 0.0001$) polymorphisms were found to be significantly associated with DN in the overall pooled population. The pooled meta-analyses also revealed a similar positive association for *IL-1B* -511 C/T polymorphism and DN in both Asians and Caucasians, but the pooled meta-analyses did not reveal any significant association for *IL-1B* -31 C/T polymorphism and DN (Table 2).

Meta-Analyses of *IL-4* Polymorphisms and DN

Two studies were eligible for estimation of the relationship between the *IL-4* -590 C/T polymorphism and DN. The pooled meta-analyses did not reveal any significant association for the *IL-4* -590 C/T polymorphism and DN (Table 2).

Meta-Analyses of *IL-8* Polymorphisms and DN

Two studies were eligible for estimation of the relationship between the *IL-8* -251 A/T polymorphism and

Table 1. The characteristics of included studies in this meta-analysis

First author, year	Country	Ethnicity	Type of disease	Sample size	Genotype distribution		p value for HWE	NOS score
					cases	controls		
<i>TNF-α -238 G/A rs361525</i>					GG/GA/AA			
Fathy, 2019 [24]	Egypt	Mixed	DN	67/92	66/1/0	90/2/0	0.916	7
Hameed, 2018 [25]	India	Mixed	DN	448/878	228/184/36	660/197/21	0.174	7
<i>TNF-α -308 G/A rs1800629</i>					GG/GA/AA			
Babel, 2006 [26]	Germany	Caucasian	DN	44/113	34/7/3	76/33/4	0.859	7
Buraczynska, 2003 [27]	Poland	Caucasian	DN	37/115	22/13/2	86/24/5	0.066	8
Dabhi, 2015 [28]	India	Mixed	DN	188/235	160/24/4	191/44/0	0.113	8
Fathy, 2019 [24]	Egypt	Mixed	DN	67/92	48/16/3	79/12/1	0.488	7
Hameed, 2018 [25]	India	Mixed	DN	448/878	228/184/36	660/192/26	0.011	7
Krayenbuehl, 2007 [29]	Switzerland	Caucasian	DN	39/37	30/9/0	28/9/0	0.400	7
Kung, 2010 [30]	Taiwan	Asian	DN	24/48	24/0/0	48/0/0	n.a.	7
Lee, 2005 [31]	Korea	Asian	DN	122/125	116/6/0	108/17/0	0.415	7
Lindholm, 2008 [32]	Sweden	Caucasian	DN	427/780	254/152/21	443/292/45	0.732	7
Peng, 2015 [33]	China	Asian	DN	86/94	52/28/6	72/18/4	0.057	7
Prasad, 2007 [34]	India	Mixed	DN	196/224	178/16/2	195/27/2	0.336	8
Sikka, 2014 [35]	India	Mixed	DN	145/358	124/21/0	315/42/1	0.747	7
Song, 2018 [36]	China	Asian	DN	300/600	159/83/58	415/116/69	<0.001	7
Umopathy, 2018 [37]	India	Mixed	DN	342/414	181/95/66	288/79/47	<0.001	7
Wang, 2015 [38]	China	Asian	DN	388/323	326/62/0	261/62/0	0.056	7
Zhang, 2017 [39]	China	Asian	DN	113/108	38/53/22	25/63/20	0.079	7
<i>TNF-α -1031 T/C rs1799964</i>					TT/TC/CC			
Gupta, 2015 [40]	India	Mixed	DN	100/200	65/30/5	167/33/0	0.203	8
Hameed, 2018 [25]	India	Mixed	DN	448/878	170/215/63	463/331/84	0.030	7
<i>IL-1A -889 C/T rs1800587</i>					CC/CT/TT			
Dabhi, 2015 [28]	India	Mixed	DN	188/449	114/74/0	367/77/5	0.672	8
Loughrey, 1998 [41]	UK	Caucasian	DN	95/96	39/51/5	56/34/6	0.784	7
<i>IL-1B -511 C/T rs16944</i>					CC/CT/TT			
Buraczynska, 2019 [42]	Poland	Caucasian	DN	506/354	162/268/76	165/145/44	0.173	8
Hameed, 2018 [25]	India	Mixed	DN	448/878	220/188/40	443/380/55	0.025	7
Lee, 2004 [43]	Korea	Asian	DN	95/123	15/51/29	30/70/23	0.116	7
Lin, 2014 [44]	China	Asian	DN	262/327	50/131/81	76/180/71	0.067	8
Loughrey, 1998 [41]	UK	Caucasian	DN	95/96	44/44/7	63/31/2	0.415	7
Stefanidis, 2014 [45]	Greece	Caucasian	DN	173/186	71/77/25	104/66/16	0.243	7
<i>IL-1B -31 C/T rs1143634</i>					CC/CT/TT			
Hameed, 2018 [25]	India	Mixed	DN	448/878	196/200/52	394/369/115	0.054	7
Wang, 2014 [46]	China	Asian	DN	132/124	40/76/16	28/60/36	0.753	8
<i>IL-4 -590 C/T rs2243250</i>					CC/CT/TT			
Arababadi, 2010 [47]	Iran	Mixed	DN	100/150	69/29/2	108/38/4	0.766	7
Završnik, 2018 [48]	Slovenia	Caucasian	DN	276/375	186/81/9	236/129/10	0.119	8
<i>IL-8 -251 A/T rs4073</i>					AA/AT/TT			
Ahluwalia, 2009 [49]	India	Mixed	DN	240/255	103/96/41	130/107/18	0.525	7
Yahya, 2019 [50]	Malaysia	Asian	DN	131/125	45/66/20	45/66/14	0.162	7
Yahya, 2019 [50]	China	Asian	DN	108/95	43/57/8	35/50/10	0.202	7
<i>IL-18 -137 G/C rs187238</i>					GG/GC/CC			
Chen, 2013 [51]	China	Asian	DN	160/360	94/59/7	275/99/6	0.386	7
Kang, 2015 [52]	China	Asian	DN	170/400	96/61/13	279/106/15	0.223	7
Zhu, 2011 [53]	China	Asian	DN	52/155	28/14/10	117/33/5	0.175	7

HWE, Hardy-Weinberg equilibrium; NOS, Newcastle-Ottawa scale; DN, diabetic nephropathy; n.a., not available.

Table 2. Pooled meta-analysis results of the current study

Polymorphisms	Population	Sample size	Dominant comparison		Recessive comparison		Overdominant comparison		Allele comparison	
			<i>p</i> value	OR (95% CI)	<i>p</i> value	OR (95% CI)	<i>p</i> value	OR (95% CI)	<i>p</i> value	OR (95% CI)
<i>TNF-α</i> -238 G/A	Overall	515/970	<0.0001	0.35 (0.27-0.44)	<0.0001	3.57 (2.06-6.19)	<0.0001	2.37 (1.86-3.03)	<0.0001	0.40 (0.33-0.49)
	Overall	2,966/4,544	0.32	0.85 (0.61-1.17)	<0.0001	1.68 (1.38-2.05)	0.56	1.09 (0.81-1.47)	0.17	0.83 (0.64-1.09)
<i>TNF-α</i> -308 G/A	Asian	1,033/1,298	0.95	0.98 (0.54-1.90)	0.004	1.61 (1.17-2.22)	0.82	0.94 (0.56-1.59)	0.87	0.96 (0.58-1.59)
	Caucasian	5,477/1,045	0.47	1.08 (0.87-1.34)	0.81	0.94 (0.58-1.52)	0.53	0.93 (0.75-1.16)	0.49	1.06 (0.89-1.27)
<i>TNF-α</i> -1031 T/C	Overall	548/1,078	<0.0001	0.52 (0.42-0.64)	0.29	4.04 (0.31-52.43)	<0.0001	1.60 (1.29-1.98)	0.02	0.51 (0.29-0.89)
	Overall	283/545	<0.0001	0.39 (0.28-0.53)	0.37	0.61 (0.21-1.79)	<0.0001	2.77 (2.01-3.81)	<0.0001	0.51 (0.39-0.67)
<i>IL-1A</i> -889 C/T	Overall	1,579/1,964	0.001	0.65 (0.50-0.84)	<0.0001	1.54 (1.26-1.89)	0.26	1.17 (0.89-1.55)	<0.0001	0.75 (0.68-0.83)
	Asian	357/450	0.07	0.72 (0.51-1.02)	0.001	1.69 (1.22-2.32)	0.20	0.83 (0.63-1.10)	0.002	0.74 (0.60-0.90)
<i>IL-1B</i> -511 C/T	Caucasian	774/636	<0.0001	0.53 (0.43-0.66)	0.03	1.45 (1.04-2.02)	<0.0001	1.60 (1.29-1.99)	<0.0001	0.65 (0.55-0.76)
	Overall	580/1,002	0.86	1.02 (0.82-1.26)	0.23	0.56 (0.22-1.43)	0.15	1.17 (0.95-1.44)	0.35	1.26 (0.78-2.02)
<i>IL-4</i> -590 C/T	Overall	376/525	0.45	1.11 (0.84-1.48)	0.82	1.10 (0.49-2.44)	0.39	0.88 (0.66-1.18)	0.56	1.08 (0.84-1.37)
	Overall	479/475	0.21	0.85 (0.65-1.10)	0.30	1.49 (0.70-3.17)	0.61	0.94 (0.72-1.21)	0.31	0.85 (0.62-1.17)
<i>IL-18</i> -137 G/C	Overall (Asian)	382/915	<0.0001	0.48 (0.38-0.62)	<0.0001	3.01 (1.76-5.16)	0.001	1.52 (1.18-1.97)	<0.0001	0.43 (0.30-0.63)

OR, odds ratio; CI, confidence interval. The italicized values represent there is statistically significant differences between cases and controls.

DN. The pooled meta-analyses did not reveal any significant association for the *IL-8* -251 A/T polymorphism and DN (Table 2).

Meta-Analyses of *IL-18* Polymorphisms and DN

Three studies were eligible for estimation of the relationship between the *IL-18* -137 G/C polymorphism and DN. The *IL-18* -137 G/C polymorphism was found to be significantly associated with DN in Asians (dominant comparison: OR = 0.48, $p < 0.0001$; recessive comparison: OR = 3.01, $p < 0.0001$; overdominant comparison: OR = 1.52, $p < 0.0001$; allele comparison: OR = 0.43, $p < 0.0001$) (Table 2).

Sensitivity Analyses

Stabilities of pooled meta-analysis results were examined by omitting one study each time and pooling the results of the other studies. The trends of associations remained unchanged in sensitivity analyses, indicating that our pooled meta-analysis results were statistically stable.

Publication Biases

Publication biases were examined by funnel plots. Funnel plots were overall symmetrical, suggesting that our pooled meta-analysis results were not likely to be severely influenced by publication biases.

Discussion

The meta-analysis results demonstrated that *TNF- α* -238 G/A, *TNF- α* -308 G/A, *TNF- α* -1031 C/T, *IL-1A* -889 C/T, *IL-1B* -511 C/T and *IL-18* -137 G/C polymorphisms might influence susceptibility to DN in the overall pooled population. Moreover, we found that *TNF- α* -308 G/A, *IL-1B* -511 C/T and *IL-18* -137 G/C polymorphisms might influence susceptibility to DN in Asians, whereas the *IL-1B* -511 C/T polymorphism might also influence susceptibility to DN in Caucasians. The trends of associations remained unchanged in sensitivity analyses, suggesting that our pooled meta-analysis results were statistically quite stable.

A few points need to be considered when interpreting our findings. First, previous experimental studies have demonstrated that all investigated polymorphisms are correlated with altered gene expression or protein structure of corresponding cytokines [16, 17]. Thus, it is likely that these variations might influence normal functioning of *TNF- α* /*IL-1*/*IL-4*/*IL-8*/*IL-18*, lead to immune dysfunction and influence predisposition to DN. In this meta-

analysis, we did not observe positive findings for *IL-4* and *IL-8* polymorphisms. Nevertheless, since only 2 studies were pooled and analyzed, maybe our pooled meta-analyses were still not statistically sufficient to detect the real associations between *IL-4*/*IL-8* polymorphisms and DN, and future studies in larger populations are still needed so as to get a statistically more robust finding. Second, the etiologies and pathogenesis mechanisms of DN are extremely sophisticated, so further association studies also need to investigate the potential influence of gene-gene interactions on predisposition to DN [18]. Third, we also aimed to analyze gene polymorphisms of other cytokines such as *IL-6* and *IL-10* at the beginning. However, since recent published meta-analyses already covered these polymorphisms, we did not perform repeated works for *IL-6* and *IL-10* polymorphisms in this meta-analysis [19, 20].

Like all meta-analyses, a few limitations of our pooled meta-analyses have to be acknowledged. Firstly, our pooled meta-analysis results were derived from pooling unadjusted findings since the authors did not have raw data of eligible studies [21]. Secondly, environmental factors might also influence relationships between *TNF- α* /*IL-1*/*IL-4*/*IL-8*/*IL-18* polymorphisms and DN. However, most investigators only focused on genetic associations in their works, so genetic-environmental interactions were not explored in this meta-analysis [22]. Thirdly, we did not consider gray literatures. Therefore, despite the fact that funnel plots were overall symmetrical, publication biases might still affect the robustness of our pooled results [23].

Conclusions

This meta-analysis demonstrated that *TNF- α* -238 G/A, *TNF- α* -308 G/A, *TNF- α* -1031 C/T, *IL-1A* -889 C/T, *IL-1B* -511 C/T and *IL-18* -137 G/C polymorphisms might influence predisposition to DN. These results also suggested that *TNF- α* , *IL-1* and *IL-18* might be involved in the development of DN, and they may serve as potential therapeutic targets for DN.

Statement of Ethics

Ethical approval and informed consent are not applicable to meta-analyses.

Disclosure Statement

There is no conflict of interest.

Author Contributions

Suqin Wang and Jiazhi Dong designed this meta-analysis. Suqin Wang and Jiazhi Dong searched the literature. Lingling Huang analyzed data. Suqin Wang and Jiazhi Dong wrote the manuscript. All authors approved the final paper as submitted.

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