

data.<sup>2,3,5</sup> Both conditions are relatively uncommon with similar prevalence. They are more common in White and Asian female patients aged between 40 and 70 years.

Megan H. Trager, BA,<sup>a</sup> Jonathan Lavian, MD,<sup>b</sup> Eunice Y. Lee, MPhil,<sup>a</sup> Dabsan Gary, MPH,<sup>c</sup> Fabian Jenkins, MBA,<sup>c</sup> Angela M. Christiano, PhD,<sup>a,d</sup> and Lindsey A. Bordone, MD<sup>a</sup>

From the Department of Dermatology, Columbia University Irving Medical Center, New York, New York<sup>a</sup>; the Department of Dermatology, Zucker School of Medicine at Hofstra/Northwell, New York, New York<sup>b</sup>; the Department of Health Informatics, Columbia University, New York, New York<sup>c</sup>; and the Department of Genetics and Development, Columbia University Irving Medical Center, New York, New York.<sup>d</sup>

Authors Trager and Lavian contributed equally to this article.

Funding sources: Supported by the Columbia University Skin Disease Resource-Based Center (epiCURE; P30AR069632), Immunophenotyping of Lichen Planopilaris (R21AR073013), an anonymous family donation to L.A.B., and by funding support to E.Y.L. from the Medical Scientist Training Program grant at Columbia University (T32GM007367).

Conflicts of interest: None disclosed.

IRB approval status: Reviewed and approved by the Columbia University Institutional Review Board.

Reprints not available from the authors.

Correspondence to: Angela M. Christiano, PhD, 1150 St Nicholas Ave, Russ Berrie Pavilion Rm 307 B, New York, NY 10032

E-mail: [amc65@cumc.columbia.edu](mailto:amc65@cumc.columbia.edu)

#### REFERENCES

1. Meinhard J, Stroux A, Lunnemann L, Vogt A, Blume-Peytavi U. Lichen planopilaris: epidemiology and prevalence of subtypes—a retrospective analysis in 104 patients. *J Dtsch Dermatol Ges*. 2014;12(3):229-236.
2. Tan E, Martinka M, Ball N, Shapiro J. Primary cicatricial alopecias: clinicopathology of 112 cases. *J Am Acad Dermatol*. 2004;50(1):25-32.
3. Mehregan DA, Van Hale HM, Muller SA. Lichen planopilaris: clinical and pathologic study of forty-five patients. *J Am Acad Dermatol*. 1992;27(6 Pt 1):935-942.
4. Trager MH, Lavian J, Lee EY, et al. Medical comorbidities and gender distribution among patients with lichen planopilaris and frontal fibrosing alopecia: a retrospective cohort study. *J Am Acad Dermatol*. 2020. <https://doi.org/10.1016/j.jaad.2020.08.015>.
5. Vañó-Galván S, Molina-Ruiz AM, Serrano-Falcón C, et al. Frontal fibrosing alopecia: a multicenter review of 355 patients. *J Am Acad Dermatol*. 2014;70(4):670-678.

<https://doi.org/10.1016/j.jaad.2020.10.081>

#### **Brodalumab success in patients with moderate-to-severe psoriasis who failed previous interleukin-17A inhibitors**



*To the Editor:* The interleukin-17 (IL17) signaling pathway plays a pivotal role in the pathogenesis of psoriasis. While several studies investigated the efficacy and safety of switching between IL17A inhibitors, data on switching from IL17A inhibitors to the IL17 receptor A (IL17RA) antagonist brodalumab remain limited.

Clinical outcomes in patients switched from secukinumab or ixekizumab to brodalumab have been reported in 3 studies.<sup>1-3</sup> Gasslitter et al<sup>1</sup> first reported that 50% (3/7) and 67% (2/3) of patients who failed secukinumab and ixekizumab, respectively, achieved 75% improvement in Psoriasis Area and Severity Index (PASI75) after 12 weeks of treatment with brodalumab. In an open-label study that included 39 patients with moderate to severe psoriasis who had failed treatment with an IL17A inhibitor, 69% of patients achieved PASI75 after 16 weeks of brodalumab treatment.<sup>2</sup> Consistent with these data, Kromer et al<sup>3</sup> found that approximately 48% of psoriasis patients (11/23) who previously failed treatment with an IL17A inhibitor achieved PASI75 after 12 weeks of brodalumab treatment.

We conducted a Canadian multicenter retrospective study of 47 patients with chronic plaque psoriasis who were treated with brodalumab after discontinuation of secukinumab or ixekizumab because of nonresponse (44/47), response optimization (2/47), or an adverse event (1/47). Primary nonresponders were subjects who did not achieve PASI75 at weeks 12 to 16 on IL17A inhibitors. Secondary nonresponders were patients who achieved PASI75 at weeks 12 to 16 but lost PASI75 response thereafter. The primary endpoint for this study was PASI100 after 16 weeks of brodalumab treatment, whereas PASI75 and PASI90 at week 16 were secondary endpoints.

Patient demographics and clinical characteristics of study participants are summarized in [Table I](#). Most patients were male (66%) with a mean age of 52 years. In addition, 42.5% of patients had psoriatic arthritis at baseline. Primary or secondary nonresponse were the main reasons for discontinuation

**Table I.** Patient demographics and clinical characteristics at baseline and after 16 weeks of treatment with brodalumab

| Demographic and clinical characteristic  | Value           |
|--|-----------------|
| Mean age, y $\pm$ SD   | 51.8 $\pm$ 14.7 |
| Sex, n/N (%)   |                 |
| Male   | 31/47 (66)      |
| Female   | 16/47 (34)      |
| Mean body mass index, kg/m <sup>2</sup> $\pm$ SD*                                | 31.3 $\pm$ 7.4  |
| Psoriatic arthritis at baseline, n/N (%)   | 20/47 (42.5)    |
| Failed biologics before brodalumab, n, mean $\pm$ SD                             | 2.9 $\pm$ 1.4   |
| Previously discontinued treatment(s), n/N (%)                                    |                 |
| Secukinumab <sup>†</sup>   | 14/47 (29.8)    |
| Ixekizumab <sup>‡</sup>  | 13/47 (27.7)    |
| Secukinumab and ixekizumab <sup>§</sup>  | 20/47 (42.5)    |
| Months treated with secukinumab, mean $\pm$ SD                                   | 15.1 $\pm$ 10.5 |
| Months treated with ixekizumab, mean $\pm$ SD                                    | 17 $\pm$ 17     |
| PASI score before initiation of brodalumab, mean $\pm$ SD                        | 10.1 $\pm$ 7.6  |
| Efficacy   |                 |
| Brodalumab responders at week 16, n/N (%)  |                 |
| PASI75   | 29/47 (61.7)    |
| PASI90   | 22/47 (46.8)    |
| PASI100  | 20/47 (42.5)    |
| Brodalumab PASI90 responders stratified by number of previous biologics, n/N (%) |                 |
| 1 previous biologic  | 3/7 (43)        |
| 2 previous biologics   | 5/13 (38.5)     |
| 3 previous biologics   | 7/12 (58.3)     |
| 4 previous biologics   | 4/9 (44.4)      |
| 5 previous biologics   | 1/3 (33.3)      |
| 6 previous biologics   | 2/3 (66.6)      |

PASI, Psoriasis Area and Severity Index.

\*Body mass index—specific values were not reported for 7 patients, 5 of which had normal body mass indices.

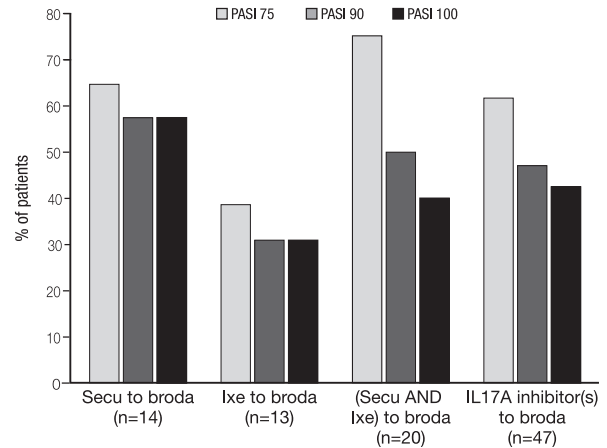
<sup>†</sup>Of the 14 patients, 2 were primary nonresponders, 11 were secondary nonresponders, and 1 discontinued because of adverse events.

<sup>‡</sup>Of the 13 patients, 2 were primary nonresponders, 9 were secondary nonresponders, and 2 were switched to brodalumab to optimize response (physician's global assessment score of 3).

<sup>§</sup>For secukinumab, 10 were primary nonresponders, and 10 were secondary nonresponders. For ixekizumab, 6 were primary nonresponders, and 14 were secondary nonresponders.

of IL17A inhibitors (Table I). Brodalumab was discontinued before week 16 in 3 patients (6.4%) because of primary nonresponse (1/3), cystitis (1/3), or severe psoriasis flare (1/3).

Of the 47 patients who stopped previous IL17A inhibitors, 20 (42.5%) achieved PASI100 with brodalumab at week 16 (Fig 1). PASI90 and PASI75 at week



**Fig 1.** Proportion of patients who discontinued an interleukin-17A (IL17A) inhibitor and achieved Psoriasis Area and Severity Index (PASI) improvements of 75%, 90%, and 100% with brodalumab at week 16. Fourteen patients discontinued secukinumab, 13 patients discontinued ixekizumab, and 20 patients discontinued both agents before receiving brodalumab.

16 was achieved by 22 (46.8%) and 29 (61.7%) patients, respectively. A significant proportion of PASI90 responders were observed in patients who had received 3 previous biologics (Table I). Notably, a higher proportion of patients switched from secukinumab achieved PASI100 on brodalumab (8/14; 57%) compared with those switched from ixekizumab (4/13; 31%) (Fig 1), which is in line with previously published data.<sup>3</sup> In addition, subgroup analysis by type of nonresponse showed that a higher proportion of secondary nonresponders to IL17A inhibitors achieved PASI100 on brodalumab (secukinumab 13/21 [62%]; ixekizumab 10/23 [43.4%]) compared with those who were primary nonresponders (secukinumab 3/12 [25%]; ixekizumab 1/8 [12.5%]).

This is the largest study conducted to date on the efficacy of brodalumab in IL17A inhibitor nonresponders. We postulate that differential efficacy with brodalumab could be attributed to IL17RA antagonism, resulting in a more complete suppression of pathogenic signaling. Collectively, these data suggest that brodalumab can be successfully used in IL17A inhibitor nonresponders, with potentially higher efficacy in secukinumab versus ixekizumab nonresponders.

Assistance with writing this manuscript was provided by STA Healthcare Communications, funded by Bausch Health Canada, Inc.

Jensen Yeung, MD,<sup>a,b,c,d</sup> Ron Vender, MD,<sup>e,f</sup> Irina Turchin, MD,<sup>g,b,d</sup> Rabul Shukla, MD,<sup>i</sup> Catherine Maari, MD,<sup>j</sup> Chib-bo Hong, MD,<sup>k,d</sup> Maxime

Barakat, MD, PhD, MBA,<sup>1</sup> and Perla Lansang, MD<sup>a,b,c,m</sup>

From the Department of Dermatology,<sup>a</sup> Women's College Hospital, Division of Dermatology,<sup>b</sup> Faculty of Medicine, University of Toronto, Division of Dermatology,<sup>c</sup> Department of Medicine, Sunnybrook Health Sciences Centre, University of Toronto, and The Hospital for Sick Children,<sup>m</sup> Toronto, Ontario, Canada; Probitry Medical Research,<sup>d</sup> Waterloo, Ontario, Canada; Department of Medicine,<sup>e</sup> Division of Dermatology, and the Faculty of Health Sciences,<sup>i</sup> McMaster University, and Dermatrix Research Inc,<sup>f</sup> Hamilton, Ontario, Canada; Brunswick Dermatology Center,<sup>g</sup> Fredericton, New Brunswick, Canada; Dalhousie University,<sup>b</sup> Halifax, Nova Scotia, Canada; Division of Dermatology,<sup>j</sup> Faculty of Medicine, Montreal University Hospital Center, Montreal, Quebec, Canada; Department of Dermatology and Skin Science,<sup>k</sup> University of British Columbia, Vancouver, British Columbia, Canada; and Bausch Health Companies,<sup>l</sup> Laval, Quebec, Canada.

IRB approval status: Not applicable.

Correspondence to: Jensen Yeung, MD, Department of Dermatology, Women's College Hospital, 76 Grenville St, 5th fl, Toronto, ON M5S 1B2, Canada

E-mail: [jensen.yeung@utoronto.ca](mailto:jensen.yeung@utoronto.ca)

#### Conflicts of interest

Dr Yeung has been a speaker, consultant, and investigator for AbbVie, Allergan, Amgen, Astellas, Bausch Health, Boehringer Ingelheim, Celgene, Centocor, Coherus, Dermira, Eli Lilly, Forward, Galderma, GSK, Janssen, Leo, Medimmune, Merck, Novartis, Pfizer, Regeneron, Roche, Sanofi Genzyme, Takeda, UCB, Valeant, and Xenon. Dr Vender has received grants/research support from Abbvie, Amgen, Centocor, Dermira, Dermavant, Galderma, GSK, Leo, Lilly, Takeda, Novartis, Merck, Pfizer, Regeneron, and UCB. Dr Vender has also received honoraria and consulting fees from Abbvie, Amgen, Janssen, Galderma, GSK, Leo, Lilly, Novartis, Pfizer, Bausch-Health, Actelion, Celgene, Cipher, and UCB. Dr Turchin has received honoraria and consulting fees from Abbvie, Bausch Health, Celgene, Amgen, Eli Lilly, Janssen, LeoPharma, Novartis, and UCB. Dr Turchin has also been involved in clinical trials sponsored by Abbvie, Amgen, Arcutis, Boehringer Ingelheim, Celgene, Eli Lilly, Janssen, LeoPharma, and Novartis. Dr Shukla has received honoraria and consulting fees from Abbvie, Amgen, Bausch, Galderma, Janssen, Leo, Lily, Novartis, Pfizer, Sanofi, and UCB. Dr Hong is a researcher/consultant/advisor for AbbVie, Amgen, Arcutis, Bausch Health, Boehringer Ingelheim, Bristol-Meyer Squibb, Celgene, Dermira, Dermavant, DS

Biopharma, Galderma, GlaxoSmithKline, Janssen, LEO Pharma, Lilly, MedImmune, Novartis, Pfizer, Regeneron, Roche, Sanofi Genzyme, and UCB. Dr Maari is an investigator, Advisory Board Member, Speaker, Consultant for, and received honoraria or grants from Abbvie, UCB, Boehringer Ingelheim, Celgene, Eli Lilly, Galderma, Leo Pharma, GSK-Stiefel, Janssen, Novartis, Bausch, and Pfizer. Dr Lansang has received honoraria and consulting fees from AbbVie, Amgen, Bausch, Celgene, Galderma, Janssen, Lilly, Novartis, Pfizer, Sanofi, UCB, and Valeant.

#### REFERENCES

1. Gasslitter I, Kirsten N, Augustin M, et al. Successful intra-class switching among IL-17 antagonists: a multicentre, multinational, retrospective study. *Arch Dermatol Res.* 2019;311:421-424.
2. Kimmel G, Chima M, Kim HJ, et al. Brodalumab in the treatment of moderate to severe psoriasis in patients when previous anti-interleukin 17A therapies have failed. *J Am Acad Dermatol.* 2019;81:857-859.
3. Kromer C, Wilsmann-Theis D, Gerdes S, et al. Changing within the same class: efficacy of brodalumab in plaque psoriasis after treatment with an IL-17A blocker - a retrospective multicenter study. *J Dermatolog Treat.* 2020:1-5. <https://doi.org/10.1080/09546634.2020.1716932>.

<https://doi.org/10.1016/j.jaad.2020.11.013>

### Long-term efficacy and safety outcomes of lenalidomide for cutaneous lupus erythematosus: A multicenter retrospective observational study of 40 patients



*To the Editor:* Small case series have suggested that lenalidomide may be a promising therapeutic option for severe cutaneous lupus erythematosus (CLE).<sup>1-3</sup> The aims of this study were to report the long-term efficacy and safety profile of lenalidomide in patients with CLE with a focus on patients with associated systemic lupus erythematosus (SLE) and potential factors associated with complete response (CR).

This multicenter retrospective observational case series enrolled patients with CLE who received lenalidomide after failure of hydroxychloroquine and  $\geq 1$  second-line systemic treatment.

Clinical efficacy was assessed with the CLE Disease and Severity Index Activity<sup>4</sup> (CLASI-A) score at baseline, at first evaluation scheduled after 1 or 3 months, and every 6 months thereafter. Cutaneous response was defined as follows: minimal response was defined by a 4-point or 20% decrease in CLASI-A score, partial response (PR) by an improvement of  $\geq 50\%$ , and CR by a CLASI-A score of 0. Occurrence of relapse, doses at which they occurred, and SLE flares were recorded.