# Revisiting prosthesis choice in mitral valve replacement in children: Durable alternatives to traditional bioprostheses



Perry S. Choi, BA, Lynn A. Sleeper, ScD, b,c Minmin Lu, MS, Patrick Upchurch, MD,d Christopher Baird, MD, and Sitaram M. Emani, MD

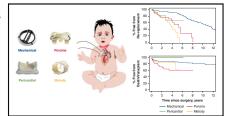
# **ABSTRACT**

**Objective:** To determine risk factors for re-replacement and death or transplant following mitral valve replacement (MVR) in children

**Methods:** This is a retrospective 26-year review of patients younger than 20 years of age undergoing MVR between 1992 and 2018 at single institution. Outcomes included freedom from re-MVR and transplant-free survival. Cox proportional hazards regression models assessed association between outcomes and potential risk factors.

**Results:** At median age 4.2 years, 190 children underwent 290 MVR: 180 mechanical, 63 porcine, 13 pericardial, and 34 stented bovine jugular vein valves. Re-MVR occurred in 100 valves. Freedom from re-MVR at 5 and 10 years was 76% and 44%. Times to re-MVR were associated with prosthesis type (P < .001), with porcine and pericardial valves at greatest risk. Other risk factors for prosthetic failure included smaller prosthesis size and left ventricular hypoplasia. There were 9 transplants and 44 deaths. Transplant-free survival at 5 and 10 years was 81% and 76%. Prosthesis type was significantly associated with time to death/transplant in univariate analysis only (P = .021), with porcine at greater risk than mechanical. Independent risk factors for death/transplant included larger indexed geometric orifice area and longer bypass time.

**Conclusions:** In pediatric patients undergoing MVR, mechanical and stented bovine jugular vein valves were associated with increased durability compared with fixed-diameter bioprosthetic alternatives. (J Thorac Cardiovasc Surg 2021;161:213-25)



Mechanical and Melody valves in mitral position outperformed bioprosthetic alternatives.

#### CENTRAL MESSAGE

Use of mechanical or stented bovine jugular vein valve for mitral valve replacement in children yields longer durability compared with fixed-diameter bioprosthetic alternatives.

#### **PERSPECTIVE**

Ideal prosthesis choice for mitral valve replacement in children remains debated. This retrospective study was performed to comparatively assess durability and transplant-free survival across prosthesis types in pediatric patients and suggests that fixed-diameter bioprosthetic valves have decreased durability compared with both mechanical and stented bovine jugular vein valves.

See Commentaries on pages 226, 227, and 228.

Mitral valve replacement (MVR) is an operation reserved for patients with irreparable mitral valve disease. Direct repair of the native valve is preferable to replacement, especially for young children in whom somatic growth predisposes to early prosthetic failure. Hospital mortality rate for MVR in children is approximately 10%. 1-3 Risk factors include younger age, smaller prosthesis size, increased prosthesis–patient mismatch, supra-annular implantation, longer cardiopulmonary bypass (CPB) time, concurrent procedure, requirement of permanent pacemaker, presence of left-sided lesions, and diagnosis of Shone's complex or complete atrioventricular canal

From the <sup>a</sup>Department of Cardiac Surgery, Boston Children's Hospital, Harvard Medical School; <sup>b</sup>Department of Cardiology, Boston Children's Hospital; and <sup>c</sup>Department of Pediatrics, Harvard Medical School, Boston, Mass; and <sup>d</sup>Department of Anesthesiology, Johns Hopkins School of Medicine, Baltimore, Md.

Read at the 99th Annual Meeting of The American Association for Thoracic Surgery, Toronto, Ontario, Canada, May 4-7, 2019.

Received for publication April 21, 2019; revisions received April 16, 2020; accepted for publication April 19, 2020; available ahead of print May 31, 2020.

Address for reprints: Sitaram M. Emani, MD, 300 Longwood Ave, Boston, MA 02115 (E-mail: Sitaram.emani@cardio.chboston.org).

0022-5223/\$36.00

Copyright © 2020 by The American Association for Thoracic Surgery https://doi.org/10.1016/j.jtcvs.2020.04.173



Scanning this QR code will take you to the article title page to access supplementary information. To view the AATS Annual Meeting Webcast, see the URL next to the webcast thumbnail.



#### **Abbreviations and Acronyms**

Congenital: Mitral Valve

CAVC = complete a trioventricular canal

CI = confidence interval CPB = cardiopulmonary bypass GOA = geometric orifice area

HR = hazard ratio LV = left ventricular

MVR = mitral valve replacement

TE = thromboembolic/thromboembolic

(CAVC). <sup>2,4-9</sup> Similarly, smaller prosthesis size, younger age, and presence of left-sided lesions have been associated with decreased freedom from re-replacement. <sup>10-14</sup>

The ideal prosthesis choice for MVR in children remains debated. Mechanical valves are considered more durable than bioprosthetic valves in young adults and have relatively low incidence of thromboembolic (TE) events. <sup>7,10,15</sup> Nevertheless, complications associated with anticoagulation present a significant disadvantage, and several institutions have advocated for bioprosthetic valve replacement, particularly for patients in whom long-term anticoagulation may be contraindicated or difficult to manage. <sup>16,17</sup>

Another complicating factor for MVR in children is the limited prosthesis options for annulus size less than 15 mm. Techniques such as supra-annular placement or oversizing have been associated with increased mortality risk. Given the poor outcomes and paucity of available prostheses <15 mm, stented jugular vein valves (Melody, Medtronic, Minneapolis, Minn) have been implanted in the mitral position as off-label use, with potential for catheter-based expansion following somatic growth. The aim of this study was to comparatively assess prosthetic durability and transplant-free survival of MVR in children for mechanical, fixed-diameter porcine and pericardial, and surgically-implanted Melody valves in a single institutional experience.

# **METHODS**

# **Study Design**

A retrospective review of patients younger than 20 years of age who underwent MVR between January 1, 1992, and July 15, 2018, at Boston Children's Hospital was performed following approval by the Boston Children's Hospital Institutional Review Board (IRB-P00021477; approved October 19, 2017). Primary outcome was freedom from re-replacement. Each prosthesis was followed from date of implantation until prosthesis explant, unless interrupted by death or transplant. In the case of re-MVR, the newly implanted prosthesis was followed from a new time zero. Prostheses implanted before January 1, 1992, were excluded to focus on contemporary prosthesis models.

Composite secondary outcomes were transplant-free survival and incidence of bleeding/TE events. Determination of bleeding event was based on the International Society on Thrombosis and Haemostasis definitions for major bleeding event.<sup>19</sup> and clinically relevant non-major bleeding event.<sup>20</sup> TE event was defined as valve thrombosis, intracardiac thrombus,

deep vein thrombosis, embolic stroke, or septic embolus. Bleeding/TE events within 30 days of surgery were excluded to avoid confounding events from postoperative inpatient management.

#### **Data Collection**

Study candidates were identified by query of Boston Children's Hospital's heart center database. Initial search yielded 310 surgeries in 210 patients. After exclusion of candidates with insufficient information, 290 surgeries in 190 patients entered final analysis. Patient characteristics and pre- and post-operative information were obtained via Boston Children's Hospital's electronic medical records system as well as review of paper records. Additional information regarding bleeding/TE events was obtained from an internal database (Alere Standing Stone CoagClinic) with prospectively collected data from the monitoring team following all anticoagulated patients at Boston Children's Hospital. Follow-up information was either complete or as recent as 2016 for 156 (82%) patients with median follow-up of 4.4 years per patient.

#### **Statistical Analysis**

Kaplan-Meier methodology was used to estimate the distributions of time to re-MVR. Where median survival times are reported, the associated 95% confidence intervals (CIs) assume independence of procedures. Conditional Cox proportional hazards regression modeling was performed, accounting for repeated surgeries on the same subject; the unit of analysis was the valve replacement, and follow-up time for a given procedure was censored at time of subsequent procedure. Modeling assessed association between the primary outcome and the following risk factors: prosthesis type, prosthesis size, age at surgery, implantation position relative to the annulus, body surface area, indexed geometric orifice area (GOA), number of previous MVRs, and presence of left ventricular hypoplasia (ie, Shone's syndrome, right dominant CAVC, and any variant of hypoplastic left heart syndrome), left-sided lesions (ie, aortic stenosis and regurgitation, coarctation of the aorta, and hypoplastic arch), or CAVC. Pairwise comparisons between prosthesis types were unadjusted for multiple comparisons. All risk factors in univariate analysis with P < .15 became candidate predictors in stepwise selection for multivariable Cox regression analysis; a P < .15was required for entry into the model and a  $P \le .05$  was required to remain in the model. Nonlinearity of covariate effects with respect to the log hazard ratio was assessed using restricted cubic splines.

Similarly, Kaplan–Meier survival curves were generated to estimate the incidence rate of death/transplant, and univariate and multivariable Cox regression models assessed association between death/transplant and predictors. Analyzed risk factors included all covariates in prosthetic durability analysis, as well as CPB and aortic crossclamp durations and presence of concurrent procedure. The approach to multivariable model construction was as described for the re-replacement outcome. Mean imputation specific to concurrent procedure status was applied to unknown bypass and crossclamp times. A Firth adjustment was required for parameter estimation for prosthesis type, due to the absence of deaths and transplants in the pericardial cohort.

Given significant prosthesis size differences with little overlap between Melody and non-Melody groups and the different choice of commercially available prostheses for sizes smaller than 19 mm, analysis restricted to the <19 mm subgroup was conducted to determine whether findings from non-stratified models were robust.

SAS version 9.4 (SAS Institute, Cary, NC) and R version 3.5.1 (R Foundation for Statistical Computing, Vienna, Austria) were used for analysis.

# **RESULTS**

# **Patient and Valve Characteristics**

At median age 4.2 years, 190 children (49% male) underwent 290 MVR: 180 mechanical, 63 porcine, 13 pericardial,

TABLE 1. Valve characteristics by prosthesis type ( $N=290\ MVR$  surgeries)

	Overall	Mechanical	Porcine	Pericardial	Melody	P
No. surgeries	290	180	63	13	34	
Age at surgery, y Median (IQR) Range	4.2 (1.3, 10.8) 0.1, 37.1	6.0 (2.1, 12.4) 0.1, 37.1	4.5 (1.6, 8.4) 0.1, 18.7	12.3 (4.2, 18.3) 0.5, 19.9	0.7 (0.4, 1.8) 0.1, 3.4	<.00
Age group <3.5 y 3.5-9.9 y 10-19.9 y	130 (44.8%) 82 (28.3%) 78 (26.9%)	65 (36.1%) 55 (30.6%) 60 (33.3%)	28 (44.4%) 24 (38.1%) 11 (17.5%)	3 (23.1%) 3 (23.1%) 7 (53.8%)	34 (100%) 0 (0%) 0 (0%)	<.001
Prosthesis size, mm No. surgeries Mean ± SD Range	$289$ $20.5 \pm 4.6$ $9, 33$		$63 \\ 21.1 \pm 4.6 \\ 12, 33$	$   \begin{array}{c}     13 \\     23.2 \pm 4.0 \\     19, 29   \end{array} $	$34$ $13.7 \pm 2.0$ $9, 18$	<.001
Prosthesis size, mm <19 ≥19	88 (30.4%) 201 (69.6%)	43 (24.0%) 136 (76.0%)	11 (17.5%) 52 (82.5%)	0 (0%) 13 (100%)	34 (100%) 0 (0%)	<.001
GOA/BSA, cm $^2$ /m $^2$ No. surgeries Mean $\pm$ SD Range	$ 290 4.1 \pm 1.6 0.1, 10.2 $	$180$ $3.6 \pm 1.4$ $7.9, 0.1$	$63 \\ 5.4 \pm 1.8 \\ 2.7, 10.1$	$   \begin{array}{c}     13 \\     4.4 \pm 1.3 \\     2.6, 7.9   \end{array} $	$34 \\ 4.2 \pm 1.0 \\ 2.5, 7.2$	<.001
BSA, m <sup>2</sup> No. surgeries Mean $\pm$ SD Range	$ 274 0.8 \pm 1.1 0.2, 17.1 $	$166 \\ 0.9 \pm 1.3 \\ 0.2, 17.1$	$62 \\ 0.7 \pm 0.4 \\ 0.2, 1.7$	$12 \\ 1.0 \pm 0.5 \\ 0.3, 1.8$	$34 \\ 0.4 \pm 0.1 \\ 0.2, 0.6$	<.001
CPB time, min  No. surgeries  Mean $\pm$ SD  Range	$232 \\ 163.1 \pm 67.5 \\ 33, 435$	$124 \\ 156.3 \pm 69.7 \\ 33,435$	$62 \\ 162.9 \pm 61.4 \\ 68, 360$	$12 \\ 219.8 \pm 75.2 \\ 134,355$	$34 \\ 168.4 \pm 59.8 \\ 75,303$	.141
AoXC time, min No. surgeries Mean $\pm$ SD Range	$233 \\ 97.8 \pm 54.6 \\ 0, 284$	$125 \\ 94.0 \pm 50.6 \\ 0, 252$	$62 89.9 \pm 51.2 0, 213$	$12 \\ 157.2 \pm 67.2 \\ 70, 284$	$34 \\ 105.2 \pm 58.8 \\ 0, 257$	.183
$ \begin{tabular}{ll} Imputed CPB time \\ No. surgeries \\ Mean \pm SD \\ Range \\ \end{tabular} $	$281$ $157.8 \pm 63.6$ $33, 435$		$62 \\ 162.9 \pm 61.4 \\ 68, 360$	$12 \\ 219.8 \pm 75.2 \\ 134, 355$	$   \begin{array}{r}     34 \\     168.4 \pm 59.8 \\     75,303   \end{array} $	.048
$\label{eq:model} \begin{split} & \text{Imputed AoXC time} \\ & \text{No. surgeries} \\ & \text{Mean} \pm \text{SD} \\ & \text{Range} \end{split}$	$281$ $95.0 \pm 50.5$ $0, 284$		$62 89.9 \pm 51.2 0, 213$	$12 \\ 157.2 \pm 67.2 \\ 70, 284$	$34 \\ 105.2 \pm 58.8 \\ 0, 257$	.134
Concurrent procedure Yes No	190 (67.4%) 92 (32.6%)	106 (61.3%) 67 (38.7%)	43 (68.3%) 20 (31.7%)	11 (91.7%) 1 (8.3%)	30 (88.2%) 4 (11.8%)	.003
Supra-annular MVR	31 (11.1%)	27 (15.9%)	3 (4.8%)	1 (8.3%)	0 (0%)	<.001
Intra-annular MVR	248 (88.9%)	143 (84.1%)	60 (95.2%)	11 (91.7%)	34 (100%)	
LV hypoplasia Yes No	116 (40.0%) 174 (60.0%)	65 (36.1%) 115 (63.9%)	27 (42.9%) 36 (57.1%)	7 (53.8%) 6 (46.2%)	17 (50.0%) 17 (50.0%)	.453
Left-sided lesion Yes No	100 (35.1%) 185 (64.9%)	71 (40.6%) 104 (59.4%)	14 (22.2%) 49 (77.8%)	8 (61.5%) 5 (38.5%)	7 (20.6%) 27 (79.4%)	.016

(Continued)

**TABLE 1. Continued** 

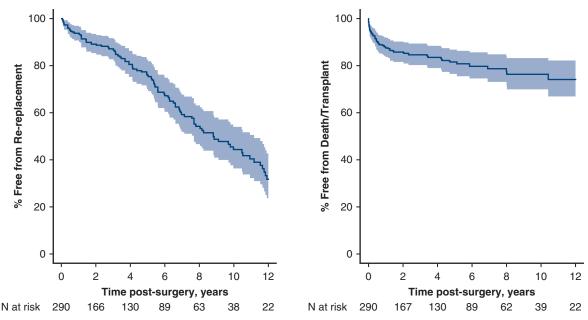
	Overall	Mechanical	Porcine	Pericardial	Melody	P
CAVC						.925
Yes	100 (35.1%)	71 (40.6%)	14 (22.2%)	8 (61.5%)	7 (20.6%)	
No	185 (64.9%)	104 (59.4%)	49 (77.8%)	5 (38.5%)	27 (79.4%)	
Previous MVRs						<.001
0	171 (59.0%)	97 (53.9%)	38 (60.3%)	6 (46.2%)	30 (88.2%)	
1	95 (32.8%)	66 (36.7%)	21 (33.3%)	5 (38.5%)	3 (8.8%)	
2	18 (6.2%)	12 (6.7%)	3 (4.8%)	2 (15.4%)	1 (2.9%)	
3	4 (1.4%)	3 (1.7%)	1 (1.6%)	0 (0%)	0 (0%)	
4	1 (0.3%)	1 (0.6%)	0 (0%)	0 (0%)	0 (0%)	
5	1 (0.3%)	1 (0.6%)	0 (0%)	0 (0%)	0 (0%)	

Significant differences in distribution were detected across prosthesis types for prosthesis size and age at surgery, with both measures being lowest in the Melody valve group (P < .001). Indexed GAO was also significantly different across prosthesis types (P < .001), with mechanical valves with lowest value. Other significant covariates included BSA, imputed CPB time, concurrent procedure, supra-annular implantation, presence of left-sided lesion, and number of previous MVR. LV hypoplasia included Shone's syndrome, right dominant CAVC, and any variant of hypoplastic left heart syndrome. Left-sided lesion included aortic stenosis and regurgitation, coarctation of the aorta, and hypoplastic arch. P values in bold indicate statistical significance. IQR, Interquartile range; SD, standard deviation; GOA, geometric orifice area; BSA, body surface area; CPB, cardiopulmonary bypass; AoXC, aortic crossclamp; MVR, mitral valve replacement; LV, left ventricle; CAVC, complete atrioventricular canal.

34 Melody valves (see Table E1 for specific models). Of the 290 MVRs, 171 were initial replacements. Indications for initial MVR were mitral stenosis alone (n=42, 22.1%), mitral regurgitation alone (n=77, 40.5%), and combined mitral stenosis/mitral regurgitation (n=59, 31.1%). The median number of MVRs per patient since birth was 2, varying from 1 to 6. In total, 51 patients (26.8%) had a genetic syndrome, the most common being Down syndrome (n=23). Fundamental cardiac diagnoses included congenital mitral stenosis (n=70), hypoplastic left heart

syndrome/Shone's (n = 49), coarctation of the aorta (n = 41), congenital mitral insufficiency (n = 39), and CAVC (n = 35) (See Table E2 for complete list).

Table 1 displays the distribution of characteristics stratified by prosthesis type. Age at surgery was positively associated with prosthesis size (r = 0.73, P < .001). Significant differences in distribution were detected across prosthesis types for prosthesis size and age at surgery, with both measures being lowest in the Melody valve group (P < .001). Indexed GOA was also significantly different across prosthesis



**FIGURE 1.** Kaplan–Meier survival estimates for prosthetic durability and transplant-free survival in overall cohort. Number of valves free from event with continued follow-up at each timepoint shown below the graph. *Left*, Freedom from re-replacement at 5 and 10 years was 76% (95% CI, 69%-82%) and 44% (95% CI, 35%-53%). *Right*, Transplant-free survival at 5 and 10 years was 81% (95% CI, 75%-85%) and 75% (95% CI, 68%-81%).

types (P < .001), with median ratio of 4.0 for Melody, 5.1 for porcine, 3.3 for mechanical, and 4.1 for pericardial.

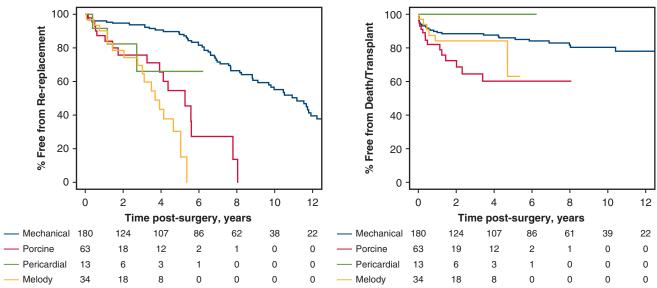
MVR was associated with postoperative complications of bleeding in 12% (29/246) and TE events in 11% (28/ 246) of surgeries. Crude incidence rates for bleeding events were not significantly different among valve types (P = .51), with 2.4 events/100 valve-years for mechanical and 3.2 events/100 valve-years for non-mechanical valves. Similarly, crude incidence rates for independent TE events were not different among valve types (P = .31), with 2.1 events/100 valve-years for mechanical and 3.2 events/100 valve-years for non-mechanical valves. Anticoagulation in patients undergoing mechanical MVR included long-term warfarin in 98.7% (n = 151) and additional antiplatelet therapy in 60 patients. Anticoagulation management in the non-mechanical group included no therapy (n = 4 patients), aspirin only (n = 61), dual antiplatelet (n = 6), short-term (<4 months) warfarin (n = 19), long-term warfarin (n = 2).

# Prosthetic Durability: Re-MVR

Re-replacement occurred in 100 (35%) valves. Freedom from re-MVR at 5 and 10 years was 76% (95% CI, 69%-82%) and 44% (95% CI, 35%-53%) (Figure 1). Median

time to re-MVR (50% of surgeries) was different among valve types with 11.2 (95% CI, 9.1-12.2) years for mechanical, 5.3 (95% CI, 3.9-7.8) for porcine, and 3.7 (95% CI, 2.8-5.0) for Melody valve (event rate below 50% for pericardial group) (P < .001) (Figure 2). Reasons for re-MVR (nonexclusive) included mitral stenosis (n = 74), valve thrombosis (n = 10), leaflet entrapment (n = 8), mitral regurgitation (n = 13), and perivalvar leak (n = 4). Among the 37 bioprosthetic valves that were re-replaced in the study, 36 (97%) had information on explant or intraoperative findings. In total, 100% (20/20) of porcine and pericardial valves were found to have significant pannus or leaflet calcification upon explant, compared with only 23.5% (4/17) of Melody valves. The most common finding at explant for Melody valves was perforated leaflet (47.1%, 8/17).

To adjust for confounding risk factors, Cox regression modeling was performed. Potential nonlinear associations were first investigated to improve model accuracy. The relationship between indexed GOA and time to re-MVR was nonlinear, with risk increasing up to values of 4.5 for re-MVR and then increasing at slower rates (nonlinear P = .004). Prosthesis size was also nonlinear with time to re-MVR, with size-related decrease in risk being greater among surgeries with prosthesis size  $\geq 19$  mm (nonlinear



**FIGURE 2.** Kaplan—Meier survival estimates for prosthetic durability and transplant-free survival by prosthesis type in overall cohort. Number of valves free from event with continued follow-up at each time point shown below the graph. *Left*, Freedom from re-replacement at 5 and 10 years was 88% (95% CI, 81%-93%) and 55% (95% CI, 45%-65%) for mechanical, 55% (95% CI, 32%-73%) and 0% for porcine, 66% (95% CI, 24%-89%) for pericardial, and 30% (95% CI, 12%-52%) and 0% for Melody. Median time to re-MVR (50% of surgeries) was 11.2 (95% CI, 9.1-12.2) years for mechanical, 5.3 (95% CI, 3.9-7.8) years for porcine, and 3.7 (95% CI, 2.8-5.0) years for Melody valve (event rate below 50% for pericardial group; thus, median is undefined) (P < .001). *Right*, Freedom from death/transplant at 5 and 10 years was 86% (95% CI, 79%-91%) and 80% (95% CI, 72%-86%) for mechanical, 60% (95% CI, 41%-75%) for porcine, 0% for pericardial, and 63% (95% CI, 19%-88%) for Melody. Composite event rate remained below 50% across all prosthesis types, and pericardial group did not experience any events. Times whereby 25% of surgeries met the composite end point were 19.8 (95% CI, 8.0, nonestimable) years for mechanical, 1.4 (95% CI, 0.4-3.4) for porcine, nonestimable for pericardial, and 4.7 (95% CI, 0.4, nonestimable) for Melody (P = .014).

TABLE 2. Univariate Cox regression model for Re-MVR (N = 290)

Re-MVR	Yes (n = 100)	No $(n = 190)$	HR (95% CI)	P
Prosthesis type  Mechanical  Porcine  Pericardial  Melody  Porcine vs Melody  Pericardial vs Melody  Pericardial vs Porcine	63 17 3 17	117 46 10 17	Ref 4.76 (2.72-8.32) 3.67 (1.06-12.71) 7.95 (4.01-15.77) 0.60 (0.31-1.16) 0.46 (0.14-1.49) 0.77 (0.22-2.76)	<.00
Age at surgery, y $Mean \pm SD$	$3.5\pm4.0$	$8.1 \pm 6.6$	0.86 (0.81-0.91)	<.00
Prosthesis size, mm Mean $\pm$ SD	$18.2 \pm 3.4$	$21.7 \pm 4.8$	0.81 (0.77-0.85)	<.001
Prosthesis size <19 mm ≥19 mm	49 (55.7%) 51 (25.4%)	39 (44.3%) 150 (74.6%)	2.77 (1.83-4.20) Ref	<.001
Prosthesis size, piecewise linear terms <19 mm ≥19 mm			0.87 (0.79-0.96) 0.74 (0.64-0.85)	.101
Supra-annular MVR Yes No	18 (58.1%) 81 (32.0%)	13 (41.9%) 172 (68.0%)	1.25 (0.73-2.14) Ref	.407
LV hypoplasia Yes No	49 (42.2%) 51 (29.3%)	67 (57.8%) 123 (70.7%)	2.20 (1.41-3.44) Ref	<.001
Left-sided lesion Yes No	36 (36.0%) 64 (34.6%)	64 (64.0%) 121 (65.4%)	1.06 (0.72-1.56) Ref	.758
CAVC Yes No	19 (26.0%) 81 (37.3%)	54 (74.0%) 136 (62.7%)	0.76 (0.45-1.30) Ref	.320
Previous MVR Yes No	20 (16.8%) 80 (46.8%)	99 (83.2%) 91 (53.2%)	0.12 (0.05-0.34) Ref	<.001
BSA, $m^2$ Mean $\pm$ SD	$0.54 \pm 0.26$	$0.94 \pm 1.26$	0.10 (0.05-0.21)	<.001
GOA/BSA, cm <sup>2</sup> /m <sup>2</sup> piecewise linear terms <4.5 ≥4.5  Time to re-MVR was associated with prosthesis type (P.			1.98 (1.39-2.83) 0.83 (0.55-1.26)	.003 <.001 .38

Time to re-MVR was associated with prosthesis type (P < .001), with mechanical valves associated with lowest risk. Hazard differences between Melody and porcine or pericardial valves were not statistically significant. Other significant risk factors for re-MVR included younger age, smaller prosthesis size, LV hypoplasia, previous MVR, smaller BSA, and larger indexed geometric orifice area. P values in bold indicate statistical significance. P0, Mitral valve replacement; P1, hazard ratio; P2, confidence interval; P3, standard deviation; P3, geometric orifice area.

P=.032). Table 2 shows significant risk factors for re-MVR after univariate Cox regression analysis. Time to re-MVR was associated with prosthesis type (P<.001), with mechanical valves associated with lowest risk among all valve types. Hazard differences between Melody and porcine or pericardial were not statistically significant. Other significant risk factors for re-MVR in univariate analysis included younger age (hazard ratio [HR], 0.86 per year,

P < .001), smaller prosthesis size (HR, 0.81 per mm, P < .001), first-time MVR (HR, 8.3, P < .001), left ventricular (LV) hypoplasia (HR, 2.20, P < .001), and larger indexed GOA when GOA was <4.5 cm<sup>2</sup>/m<sup>2</sup> (HR, 1.98, P < .001).

Table 3 displays the multivariable Cox regression model for time to re-MVR. Prosthesis type remained an independent risk factor (P < .001), with mechanical valves

TABLE 3. Final multivariable Cox regression models for re-MVR

Re-MVR	HR (95% CI)	P	
Overall cohort			
Prosthesis type		<.001	
Mechanical	Ref		
Porcine	5.60 (2.55-12.29)		
Pericardial	8.08 (2.28-28.63)		
Melody	2.91 (0.97-8.74)		
Porcine vs Melody	1.92 (0.57-6.46)		
Pericardial vs Melody	2.77 (0.58-13.17)		
Pericardial vs Porcine	0.69 (0.19-2.51)		
Prosthesis size, piecewise		<.001	
linear terms			
<19 mm	0.89 (0.75-1.06)		
≥19 mm	0.75 (0.66-0.85)		
LV hypoplasia	1.58 (1.01-2.49)	.046	
Prosthesis size <19 mm			
Prosthesis type		.001	
Mechanical	Ref		
Porcine	12.79 (3.15-51.93)		
Melody	3.21 (1.45-7.13)		
Porcine vs Melody	3.98 (1.26-12.59)		
LV hypoplasia	1.84 (1.04-3.24)	.037	

Overall cohort model (N = 290, 100 events for re-MVR): Prosthesis type was an independent risk factor (P < .001), with mechanical valves associated with significantly lower risk for re-MVR compared with porcine and pericardial valves. Hazard difference between mechanical and Melody valves was not significant. Smaller prosthesis size and LV hypoplasia remained independent risk factors. Models for prosthesis size <19 mm subgroup (N = 84, 48 events): Time to re-MVR was associated with prosthesis type (P < .001), with porcine valves at greater risk than both Melody and mechanical valves. Melody valves had greater risk than mechanical valves. LV hypoplasia was also an independent risk factor (P = .037). P values in bold indicate statistical significance. MVR, Mitral valve replacement; HR, hazard ratio; CI, confidence interval; LV, left ventricle.

associated with lower risk for re-MVR compared with porcine and pericardial valves. However, hazard differences between mechanical and Melody valves were not statistically significant for re-MVR. Smaller prosthesis size and LV hypoplasia remained independent risk factors for re-MVR.

For prosthesis size <19 mm subgroup, median time to re-MVR (50% of valves) was 7.0 (95% CI, 5.4-11.7) years for mechanical, 0.5 (95% CI, 0.2, nonestimable) for porcine, and 3.7 (95% CI, 2.8-5.0) for Melody valve (P < .001) (Figure E1). Both univariate and multivariable Cox regression models for prosthesis size subgroup revealed times to re-MVR were associated with prosthesis type (P < .001), with porcine valves at greater risk than both Melody and mechanical valves (Table 3). Melody valves had greater risk than mechanical for re-MVR (HR, 2.91, P = .001). Other significant risk factors included smaller prosthesis size and LV hypoplasia in univariate analysis, and LV hypoplasia alone in multivariable analysis.

#### **Balloon-Dilation Interventions**

Of the 34 Melody valves, 26 (76%) underwent balloon dilation in the setting of mitral stenosis, with an average of  $1.92\pm1.0$  dilations per valve. Of the 50 total balloon dilations done across implanted Melody valves, 50 (100%) were successful in resolving or decreasing transmitral gradient and 4 (8%) resulted in mitral insufficiency. Median time to first balloon dilation was 0.83 years (interquartile range, 0.38, 1.40).

# **Transplant-Free Survival**

There were 9 transplants and 44 deaths distributed across 50 patients (see Table E3 for list of conditions proximate to time of death/transplant). Operative mortality as defined by the Society of Thoracic Surgeons<sup>21</sup> occurred in 15 of 44 deaths. Transplant-free survival at 5 and 10 years was 81% (95% CI, 75%-85%) and 75% (95% CI, 68%-81%) (Figure 1), and composite event rate remained below 50% across all prosthesis types. Times whereby 25% of surgeries met the composite end point were 19.8 (95% CI, 8.0, nonestimable) years for mechanical, 1.4 (95% CI, 0.4-3.4) for porcine, and 4.7 (95% CI, 0.4, nonestimable) for Melody (P = .021) (Figure 2). There were no deaths or transplants associated with the 13 pericardial valves.

Table 4 illustrates the univariate Cox regression models for transplant-free survival. Time to death/transplant was associated with prosthesis type (P=.021). Porcine valves were at greatest risk. Pairwise comparisons with pericardial and Melody valves were not statistically significant. Other risk factors included greater indexed GOA (HR, 1.33 per cm²/m², P < .001), longer imputed CPB time (HR, 1.24 per 30-minute increase, P < .001), and concurrent procedure (HR, 2.41, P = .017). In the multivariable model, greater indexed GOA and longer imputed CPB time remained independent risk factors, whereas prosthesis type was not significantly associated with transplant-free survival (P = .60) (Table 5).

In prosthesis size <19 mm subgroup, median time to death or transplant (50% of valves) was 1.2 (95% CI, 0.1-1.2) years for porcine valves, whereas fewer than 50% of mechanical and Melody valves were associated with a death or transplant (Figure E1). In univariate analysis, prosthesis type was significantly associated with time to death/transplant (P = .043), with porcine at greater risk than both Melody and mechanical valves. Diagnosis of CAVC (HR, 4.58, P = .003) and longer imputed CPB time (HR, 1.34, P = .003) were additional risk factors. In the final multivariable model, diagnosis of CAVC and longer imputed CPB time remained independent risk factors, but there was no significant difference among prosthesis types (P = .94) (Table 5).

TABLE 4. Univariate Cox models for death/transplant ( $N=290\ surgeries$ )

Death/transplant	<b>Yes</b> (n = 50)	No $(n = 240)$	HR (95% CI)	P
Prosthesis type				.021
Mechanical	29	151	Ref	
Porcine	15	48	2.70 (1.39-5.27)	
Pericardial	0	13	0.29 (0.02-5.32)	
Melody	6	28	1.48 (0.60-3.67)	
Porcine vs Melody			1.82 (0.71-4.69)	
Pericardial vs Melody			0.20 (0.01-3.91)	
Pericardial vs Porcine			0.11 (0.006-2.00)	
Age at surgery, y			0.95 (0.90-1.00)	.062
Mean $\pm$ SD	$5.6 \pm 5.8$	$6.7 \pm 6.2$		
Prosthesis size, mm			0.98 (0.91-1.05)	.563
Mean $\pm$ SD	$20.3 \pm 5.4$	$20.5\pm4.5$		
Prosthesis size				.496
<19 mm	17 (19.3%)	71 (80.7%)	1.24 (0.66-2.33)	
≥19 mm	33 (17.6%)	168 (83.6%)	Ref	
Imputed CPB time, min			1.24 (1.10-1.38)	<.001
$Mean \pm SD$	$185.6 \pm 79.3$	$152.4 \pm 58.8$	Per 30-min ↑	
Imputed AoXC time, min			1.05 (0.86-1.27)	.637
Mean $\pm$ SD	$98.0 \pm 53.2$	$96.2 \pm 49.8$	Per 30-min ↑	
Concurrent procedure				.017
Yes	37 (20.7%)	153 (80.5%)	2.41 (1.17-4.96)	
No	10 (11.0%)	82 (89.1%)	Ref	
Supra-annular MVR				.893
Yes	5 (16.7%)	26 (83.9%)	0.94 (0.36-2.44)	
No	42 (17.4%)	211 (83.4%)	Ref	
LV hypoplasia				.443
Yes	21 (19.3%)	95 (81.9%)	1.25 (0.70-2.23)	
No	29 (17.3%)	145 (83.3%)	Ref	
Left-sided lesion				.717
Yes	18 (19.6%)	82 (82.0%)	1.11 (0.62-1.99)	
No	30 (16.7%)	155 (83.8%)	Ref	
CAVC				.092
Yes	17 (24.3%)	56 (76.7%)	1.67 (0.92-3.05)	
No	33 (15.9%)	184 (84.8%)	Ref	
Pacemaker				.482
Yes	9 (15.8%)	49 (84.5%)	0.76 (0.36-1.63)	
No	39 (18.1%)	189 (82.9%)	Ref	
Previous MVR >0				.065
Yes	16 (14.3%)	103 (86.6%)	0.31 (0.09-1.07)	
No	34 (20.6%)	137 (80.1%)	Ref	
BSA, m <sup>2</sup>			0.44 (0.19-1.02)	.056
Mean $\pm$ SD	$0.68 \pm 0.42$	$0.84 \pm 1.17$	,	
GOA/BSA, cm <sup>2</sup> /m <sup>2</sup>			1.33 (1.14-1.54)	<.001
Mean $\pm$ SD	$4.6 \pm 1.9$	$4.0 \pm 1.5$	,	

Time to death/transplant was significantly associated with prosthesis type (P = .021), with porcine valves associated with greatest risk and mechanical valves with lowest risk. Pairwise comparisons with the pericardial and Melody valves were not statistically significant. Other significant risk factors included larger indexed GOA, longer CPB time, and concurrent procedure. P values in bold indicate statistical significance. HR, Hazard ratio; CI, confidence interval; SD, standard deviation; CPB, cardiopulmonary bypass; AOXC, aortic crossclamp; MVR, mitral valve replacement; LV, left ventricle; CAVC, complete atrioventricular canal; BSA, body surface area; GOA, geometric orifice area.

Choi et al Congenital: Mitral Valve

TABLE 5. Final multivariable Cox regression models for death/transplant

Death/transplant	HR (95% CI)	P
Overall cohort		
Prosthesis type		.601
Mechanical	Ref	
Porcine	1.18 (0.48-2.88)	
Pericardial	0.16 (0.01-2.85)	
Melody	0.96 (0.37-2.46)	
Porcine vs Melody	1.23 (0.43-3.50)	
Pericardial vs Melody	0.16 (0.008-3.20)	
Pericardial vs Porcine	0.13 (0.007-2.50)	
Imputed CPB time, per 30-min↑	1.25 (1.10-1.41)	<.001
GOA/BSA, cm <sup>2</sup> /m <sup>2</sup>	1.32 (1.09-1.59)	.005
Valve size <19 mm		
Prosthesis type		.944
Mechanical	Ref	
Porcine	1.25 (0.29-5.30)	.766
Melody	0.99 (0.34-2.92)	.988
Porcine vs Melody	1.26 (0.32-4.93)	.743
CAVC		.006
Yes	4.58 (1.55-13.56)	
No	Ref	
Imputed CPB time, per 30-min↑	1.34 (1.09-1.63)	.005

Overall cohort model (N = 267 surgeries, 46 events): Prosthesis type was not associated with time to death/transplant. However, larger indexed geometric orifice area (P = .005) and longer CPB time (P < .001) were independent risk factors. Model for prosthesis size <19 mm subgroup (N = 88 surgeries, 17 events): There was no significant difference among prosthesis types (P = .94), but CAVC (P = .006) and longer CPB time (P = .005) were significant independent risk factors. P values in bold indicate statistical significance. HR, Hazard ratio; CI, confidence interval; CPB, cardiopulmonary bypass; GOA, geometric orifice area; BSA, body surface area; CAVC, complete atrioventricular canal.

## **DISCUSSION**

Although prosthetic durability for MVR has been studied extensively in adults, there are limited data regarding clinical outcomes among pediatric patients, particularly for those with a small annulus. Furthermore, ideal prosthesis choice remains unclear in this population. After adjusting for confounding factors, this retrospective study found that prosthesis type was significantly associated with times to re-MVR and death/transplant, with fixed-diameter bioprosthetic valves demonstrating worse outcomes compared with mechanical and Melody valves.

## **Prosthetic Durability**

Consistent with previous studies, our results confirm prosthetic durability is significantly influenced by risk factors such as prosthesis size, age at surgery, and LV hypoplasia. Moreover, this study confirmed the durability advantage of mechanical valves over traditional, fixed-diameter bioprosthetic valves. Despite being associated with significantly younger age and smaller mitral annulus, the Melody valve was also associated with increased durability

compared with fixed-diameter bioprosthetic valves. Prosthesis type remained a risk factor for re-MVR in the <19 mm subgroup analysis, consistent with results from the overall cohort.

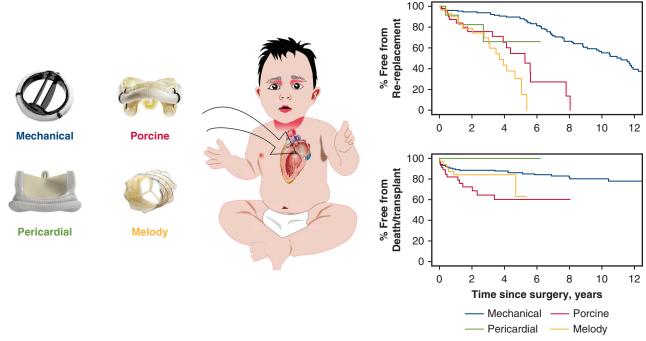
The most common type of prosthetic failure observed for porcine and pericardial valves was mitral stenosis, and explant analysis suggested these valves likely failed earliest due to increased susceptibility to calcification and pannus formation.<sup>22</sup> In contrast, Melody valves were re-replaced predominantly due to mitral regurgitation related to perivalvar leak and leaflet perforation, consistent with previous reports. 18 In line with these findings, a recent report by Carreon and colleagues<sup>23</sup> demonstrated a lack of leaflet calcification or pannus in venous-valved grafts, with retained pliability and coaptation of leaflets in 75% of specimens examined, although notably these grafts were used as right ventricle-to-pulmonary artery conduits. Leaflet perforation may be related to balloon dilation interventions, but further investigation is required to elucidate exact etiology. Surgical modifications made before implantation (eg, pericardial skirt creation)<sup>24</sup> may make these valves susceptible to perivalvar leak. A commercially designed sewing cuff would obviate the need for preoperative modifications and may reduce risk of perivalvar leaks.

#### **Transplant-Free Survival**

The enhanced durability of mechanical valves compared with traditional bioprosthetic valves is well understood, but bioprosthetic valves have continued to be used due to their ability to circumvent long-term anticoagulation. An important assumption in this reasoning is that despite shorter durability bioprosthetic valves do not confer greater mortality risk. Recent studies have suggested this to be a dangerous assumption in the adult population. <sup>25,26</sup> The present results showing that porcine valves were associated with greater risk to death/transplant suggest that prosthesis choice may be associated with transplant-free survival in children. This study was unable to further characterize this association, which could reflect a selection bias rather than a cause–effect relationship. Indeed, survival analyses in both the overall cohort and prosthesis size <19 mm subgroup did not reveal a statistically significant association between prosthesis type and transplant-free survival in the multivariable model. Notably, small number of events detected in these subgroups may have contributed to inadequate power.

#### **Bleeding and TE Events**

Despite numerous studies demonstrating relatively low bleeding/TE event rates in patients undergoing mechanical MVR, perceived risks of anticoagulation and the promise of transcatheter valve-in-valve replacement may drive the ongoing trend of bioprosthetic MVR. <sup>27-29</sup> In this study, comparison of incidence rates for bleeding and TE events



**FIGURE 3.** Mechanical valve cohort was associated with increased freedoms from re-replacement and death or transplant compared to traditional bioprosthetic alternatives. Although associated with significantly smaller prosthesis size (median 14 mm vs 21-23 mm), Melody valve cohort was also associated with improved prosthetic durability compared with bioprosthetic alternatives.

between mechanical and non-mechanical groups did not detect a significant difference at mid to late-term follow-up. However, follow-up time was significantly shorter for non-mechanical valves, and bias may have led to overestimation of event incidence. Although further investigation is necessary, these results suggest in this population mechanical valves are not at significantly greater risk for bleeding or TE compared with non-mechanical valves.

# **Study Limitations**

As with all retrospective studies, key limitations include potential selection bias and incomplete data from missing records or incomplete follow-up. Although the study's valve groupings and additional subgroup analysis for prosthesis size <19 mm were based on clinical approach to prosthesis choice, it is possible that grouping differently, such as a model-based approach, would have been more specific, but this was not feasible due to limited sample size.

Because several patients in the dataset had multiple MVR surgeries, individual valves—not patients—were the unit of analysis for transplant-free survival, thereby complicating attribution of death/transplant for patients who had received different prosthesis types. Moreover, there were a number of MVRs in which patients in extremis (eg, acute arrest, extracorporeal membrane oxygenator, ventricular assist device) received MVR and accurate attribution of death or transplant is complex (see Table E4 for clinical

descriptions), but the vast majority of patients (86%, 43/50) had MVR with a single prosthesis type.

In this study, multivariable analysis showed no difference between Melody and mechanical valves in durability for the overall cohort, but subgroup analysis suggested increased durability for mechanical valves. The significant differences in follow-up time and patient characteristics between these 2 groups make a head-to-head comparison challenging. The smallest mechanical valve used in this study was 15 mm, whereas most Melody valves were implanted at sizes less than 15 mm. Although attempts at decreasing non-overlap through subgroup and adjusted analyses were made, the lack of significant overlap in prosthesis sizes complicates direct comparison.

The majority of literature on MVR in children defines prosthetic durability as freedom from re-replacement. Although time to re-MVR is easily accessible and a reasonable estimate of prosthetic durability, it fails to account for practice variabilities that affect the subjective decision regarding timing of valve replacement, as well as indications for re-MVR unrelated to true prosthetic failure (eg, perivalvar leak from imperfect implantation). Indeed, although perivalvar leak is an indication for reoperation, it may not be an indicator of intrinsic prosthesis dysfunction but rather a reflection of surgical technique. Importantly, Melody valves had the greatest incidence of perivalvar leak (14.7%, 5/34): 1.1% (n = 2) for mechanical, 1.6%

Choi et al Congenital: Mitral Valve

(n=1) for porcine, 7.7% (n=1) for pericardial. This is likely related to the need for surgical modification before implantation. Furthermore, Melody valve implantation in the mitral position is a relatively new procedure, and unfamiliarity with the prosthesis may have biased the surgeon toward re-replacing sooner than a traditional valve. For these reasons, Melody valve durability is likely underestimated in this re-replacement analysis.

#### **CONCLUSIONS**

Prosthesis choice is an integral component of decision-making for mitral valve replacement in children. The data herein suggest greater durability of mechanical valves and stented bovine jugular vein grafts over traditional bioprosthetic valves in this patient population. Moreover, this study shows that for children with a particularly small annulus who face limited prosthesis options, stented bovine jugular venous valves offer a promising alternative to traditional prostheses (Figure 3). The association between prosthesis choice and survival and the etiology of failure for these jugular vein grafts deserve further investigation.

# Webcast (

You can watch a Webcast of this AATS meeting presentation by going to: https://aats.blob.core.windows.net/media/19%20AM/Sunday\_May5/1.%20PLENARY/1.%20PLENARY/10h%20-%2012h/P2\_8.mp4.



#### **Conflict of Interest Statement**

Dr Emani is a consultant for Paldon Research, holds patent for expandable valves for pediatric use, and has consulted for Medtronic as a conference speaker. All other authors reported no conflicts of interest.

The *Journal* policy requires editors and reviewers to disclose conflicts of interest and to decline handling or reviewing manuscripts for which they may have a conflict of interest. The editors and reviewers of this article have no conflicts of interest.

#### References

- Alexiou C, Galogavrou M, Chen Q, McDonald A, Salmon AP, Keeton BK, et al. Mitral valve replacement with mechanical prostheses in children: improved operative risk and survival. Eur J Cardiothorac Surg. 2001;20:105-13.
- Brown JW, Fiore AC, Ruzmetov M, Eltayeb O, Rodefeld MD, Turrentine MW. Evolution of mitral valve replacement in children: a 40-year experience. *Ann Thorac Surg*. 2012;93:626-33.

- Sim H-T, Lee S-C, Shin HJ, Park J-J, Yun T-J, Jhang W-K, et al. Mitral valve replacement using mechanical prostheses in children: early and long-term outcomes. *Pediatr Cardiol*. 2012;33:639-45.
- van Doorn C. Mitral valve replacement in children: mortality, morbidity, and haemodynamic status up to medium term follow up. Heart. 2000;84:636-42.
- Caldarone CA, Raghuveer G, Hills CB, Atkins DL, Burns TL, Behrendt DM, et al. Long-term survival after mitral valve replacement in children aged <5 years. Circulation. 2001;104(suppl I):I143-7.
- Eble BK, Fiser WP, Simpson P, Dugan J, Drummond-Webb JJ, Yetman AT. Mitral valve replacement in children: predictors of long-term outcome. *Ann Thorac Surg.* 2003;76:853-9.
- Kojori F, Chen R, Caldarone CA, Merklinger SL, Azakie A, Williams WG, et al. Outcomes of mitral valve replacement in children: a competing-risks analysis. J Thorac Cardiovasc Surg. 2004;128:703-9.
- Ackermann K, Balling G, Eicken A, Günther T, Schreiber C, Hess J. Replacement of the systemic atrioventricular valve with a mechanical prosthesis in children aged less than 6 years: late clinical results of survival and subsequent replacement. *J Thorac Cardiovasc Surg*. 2007;134:750-6.
- Selamet Tierney ES, Pigula FA, Berul CI, Lock JE, del Nido PJ, McElhinney DB. Mitral valve replacement in infants and children 5 years of age or younger: evolution in practice and outcome over three decades with a focus on supra-annular prosthesis implantation. J Thorac Cardiovasc Surg. 2008;136:954-61,e3.
- Zweng TN, Bluett MK, Mosca R, Callow LB, Bove EL. Mitral valve replacement in the first 5 years of life. Ann Thorac Surg. 1989;47:720-4.
- Günther T, Mazzitelli D, Schreiber C, Wottke M, Paek S, Meisner H, et al. Mitralvalve replacement in children under 6 years of age. Eur J Cardiothorac Surg. 2000;17:426-30.
- Raghuveer G, Caldarone CA, Hills CB, Atkins DL, Belmont JM, Moller JH. Predictors of prosthesis survival, growth, and functional status following mechanical mitral valve replacement in children aged <5 years, a multi-institutional study. *Circulation*. 2003;108:174-9.
- Alsoufi B, Manlhiot C, McCrindle BW, Al-Halees Z, Sallehuddin A, Al-Oufi S, et al. Results after mitral valve replacement with mechanical prostheses in young children. J Thorac Cardiovasc Surg. 2010;139:1189-96.e2.
- Rafii DY, Davies RR, Carroll SJ, Quaegebeur JM, Chen JM. Age less than two years is not a risk factor for mortality after mitral valve replacement in children. *Ann Thorac Surg*. 2011;91:1228-34.
- Ilbawi MN, Idriss FS, DeLeon SY, Muster AJ, Duffy CE, Gidding SS, et al. Valve replacement in children: guidelines for selection of prosthesis and timing of surgical intervention. *Ann Thorac Surg.* 1987;44:398-403.
- Monagle P, Chan AKC, Goldenberg NA, Ichord RN, Journeycake JM, Nowak-Göttl U, et al. Antithrombotic therapy in neonates and children. *Chest.* 2012; 141(2 suppl):e737S-801S.
- 17. Payne JH. Aspects of anticoagulation in children. Br J Haematol. 2010;150:259-77.
- Pluchinotta FR, Piekarski BL, Milani V, Kretschmar O, Burch PT, Hakami L, et al. Surgical atrioventricular valve replacement with Melody valve in infants and children: a multicenter study. Circ Cardiovasc Interv. 2018;11:e007145.
- Schulman S, Kearon C. Definition of major bleeding in clinical investigations of antihemostatic medicinal products in non-surgical patients: definitions of major bleeding in clinical studies. *J Thromb Haemost*. 2005;3:692-4.
- Kaatz S, Ahmad D, Spyropoulos AC, Schulman S. Definition of clinically relevant non-major bleeding in studies of anticoagulants in atrial fibrillation and venous thromboembolic disease in non-surgical patients: communication from the SSC of the ISTH. J Thromb Haemost. 2015;13:2119-26.
- Overman DM, Jacobs JP, Prager RL, Wright CD, Clarke DR, Pasquali S, et al. Report from the STS national database work force: clarifying the definition of operative mortality. World J Pediatr Congenit Heart Surg. 2013;4:10-2.
- Gellis L, Baird CW, Emani S, Borisuk M, Gauvreau K, Padera RF, et al. Morphologic and histologic findings in bioprosthetic valves explanted from the mitral position in children younger than 5 years of age. *J Thorac Cardiovasc Surg*. 2018; 155:746-52.
- Carreon CK, Benini A, Baird C, Hoganson D, Borisuk M, Emani S, et al. Pathology of valved venous homografts used as right ventricle-to-pulmonary artery conduits in congenital heart disease surgery. *J Thorac Cardiovasc Surg.* 2019; 157:342-50.e3.
- Emani SM. Melody valve for mitral valve replacement. Op Tech Thorac Cardiovasc Surg. 2014;19:454-63.
- Goldstone AB, Chiu P, Baiocchi M, Lingala B, Patrick WL, Fischbein MP, et al. Mechanical or biologic prostheses for aortic-valve and mitral-valve replacement. N Engl J Med. 2017;377:1847-57.

- Kaneko T, Aranki S, Javed Q, McGurk S, Shekar P, Davidson M, et al. Mechanical versus bioprosthetic mitral valve replacement in patients <65 years old. *J Thorac Cardiovasc Surg.* 2013;147:117-26.
- Koertke H, Zittermann A, Tenderich G, Wagner O, El-Arousy M, Krian A, et al. Low-dose oral anticoagulation in patients with mechanical heart valve prostheses: final report from the early self-management anticoagulation trial II. Eur Heart J. 2007;28:2479-84.
- Alsoufi B, Manlhiot C, McCrindle BW, Canver CC, Sallehuddin A, Al-Oufi S, et al. Aortic and mitral valve replacement in children: is there any role for biologic and bioprosthetic substitutes? Eur J Cardiothorac Surg. 2009;36: 84-90.
- Gammie JS, Sheng S, Griffith BP, Peterson ED, Rankin JS, O'Brien SM, et al. Trends in mitral valve surgery in the United States: results from the Society of Thoracic Surgeons adult cardiac database. *Ann Thorac Surg.* 2009;87:1431-9.

**Key Words:** mitral valve replacement, prosthetic durability, mechanical, bioprosthetic, Melody valve, congenital heart surgery

# Discussion Presenter: Dr Sitaram M. Emani



**Dr Emile A. Bacha** (New York, NY). Ram, excellent presentation and excellent study. This is a great paper that can potentially change the way we practice pediatric cardiac surgery in that particular field. You've shown that it matters what kind of mitral prosthesis is used in kids, and that, at 10 years, only three

quarters of the patients are alive, which is a sobering reality in itself if you think about it. Fixed-diameter tissue valves have worse outcomes in that patient cohort compared with mechanical and Melody valves. You've shown that contrary to what is commonly stated and believed, mechanical mitral valves have a median time to reoperation of 11 years, which means they are not a lifelong solution, as a lot of our colleagues like to think. You also have a commendable median follow-up, so the data I think are valid and quite good. I have several questions. The first one is: why do you think that mechanical valves did not have a greater incidence of bleeding and thrombosis compared with the other valves? That is really a counterintuitive finding.



**Dr Sitaram M. Emani** (Boston, Mass). I agree; I was certainly surprised by the lack of difference in bleeding and thrombosis between mechanical and bioprosthetic valves, although I expected to find superior durability of mechanical valves. One weakness of this study is that it is a

retrospective review of medical records and we obtained

as recent follow-up as possible, so we may have missed a few events. Since we have an anticoagulation service that follows all patients on warfarin therapy, the patients who received warfarin are followed very carefully and managed very carefully, particularly at our institution. Many families are initially reticent to have chronic anticoagulation therapy, but at follow-up, they report that warfarin not as bad as they thought it was going to be. We did not assess quality of life, however. I think we would need to prospectively assess the burden of warfarin in this population to allay misconceptions surrounding anticoagulation.

**Dr Bacha.** The second question, and maybe the most important question is: are you ready to completely discard fixed-diameter in the mitral position in the pediatric population to go with either a mechanical valve or a Melody valve? That is what your presentation seems to imply.

**Dr Emani.** I think that my practice has certainly shifted in that direction. I'm still somewhat biased by families who request a non-mechanical option. If diameter is less than 19 mm, I would use Melody. If the annulus is 19 mm or greater in diameter, and there are no contraindications to anticoagulation, I would recommend a mechanical valve. If the annulus is 19 mm or greater, and anticoagulation is not recommended, then we would use bioprosthetic valve, most likely porcine prosthesis.

**Dr Bacha.** The fact is that you can use a Melody valve in most patients. If you are going with a non-mechanical valve option, the Melody valve is an option, even at larger sizes.

**Dr Emani.** I agree. The contraindications for the Melody valve with the current design really have to do with the dynamics of ventricular size and the risk of left-ventricular outflow tract obstruction. There is room to improve the design of these expandable valves for pediatric applications, which I think could play a very important role in the future. I don't think the Melody valve has much advantage for sizes greater than 19 mm, since it really cannot be dilated much beyond 22 mm.

**Dr Bacha.** The final question is that you had a 12% incidence of paravalvular leaks with the Melody valve, which we both know is a common and difficult problem to manage. What is your current technique for implantation of the Melody valve in a few brief words?

**Dr Emani.** I usually use a 2-layer purse-string suture, followed by a couple of anchoring sutures to implant it. Most of the paravalvular leaks occurred I believe because the valve skirt, which is sutured onto the stent, can separate from the stent. Similarly, the wall of the jugular vein which is sutured to the stent, can actually separate from the stent itself. If this type of perivalvular leak develops, it becomes hard to fix. Again, I feel these issues can be rectified by altering the design of the valve to avoid surgical modifications on the back table prior to implantation.



**Dr Richard Shemin** (Los Angeles, Calif). Very interesting study, I have 2 questions. One is about the impressive results with anticoagulation in this cohort. I was wondering if you use home international normalized ratio (INR) testing to help improve the outcomes or not?

**Dr Emani.** Yes. We have a dedicated anticoagulation team that follows all of our patients on warfarin after discharge. We do use home INR monitoring, and the system is validated in the hospital before discharge. During follow-up a combination of the home INR monitoring and in-lab monitoring is used.

**Dr Shemin.** At the time of reoperation, what are the valve strategies and choices that you've made? Is there a percutaneous valve-in-valve option for the people who get biological valves?

**Dr Emani.** In the patients receiving a 19-millimeter or greater sized valve, I think there is an option for percutaneous valve. Our interventional cardiologists typically prefer a child to be 35 kilograms to perform it. With regards to valve upsizing of fixed-diameter valves, we can typically upsize by 2 millimeters in diameter. With the Melody valve, we have the ability to expand the valve by sequential balloon expansion; we can typically expand a valve that is less than 15 millimeters at implantation to a maximum diameter of 21 millimeters. This means that at the next replacement, we can put in a valve that is at

least 21 millimeters in diameter. The ability to grow the annulus is one of the advantages of expandable valve technologies.



**Dr Hani Najm** (Cleveland, Ohio). Since the Melody valve sits in the left atrium, any comments about clot formation around that Melody valve on explantation? Have any of the come close to the pulmonary veins and disturbed the flow in smaller atriums?

**Dr Emani.** We haven't seen issues with pulmonary vein compression stenosis or obstruction. Pannus formation on the outside housing of the valve can be seen on reoperation, but we have not seen thrombosis or thrombosis-related complications. Most of these patients are treated with aspirin with platelet tested before discharge.

**Dr Najm.** Any explanation as to why transplants are worse in the bioprosthetic?

**Dr Emani.** The transplant-free survival data deserve very close attention. In adult patient populations, we are starting to see differences in survival based upon valve type, with bioprosthetic valves associated with greater risk compared with mechanical. Certainly, selection bias could be at play, with greater-complexity patients undergoing bioprosthetic valve implantation. However, the difference cannot be ignored. It was difficult to tease this out in our small data set, so we need a randomized trial to address this concern.

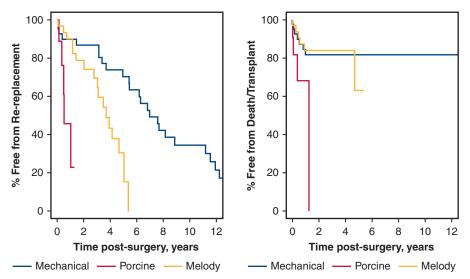


FIGURE E1. Kaplan–Meier curves for prosthesis size <19 mm subgroup. All pericardial valves were ≥19 mm and therefore excluded from these curves. Left, Freedom from re-replacement at 5 and 10 years was 70% (95% CI, 51%-83%) and 34% (95% CI, 18%-52%) for mechanical, 23% (95% CI, 1%-61%) for porcine, and 30% (95% CI, 12%-52%) and 0% for Melody (n = 88, event = 49) Median time to re-replacement (50% of valves) was 7.0 (95% CI, 5.4-11.7) years for mechanical, 0.5 (95% CI, 0.2, nonestimable) for porcine, and 3.7 (95% CI, 2.8-5.0) for Melody valve (P < .001). Right, Freedom from death/transplant at 5 and 10 years was 82% (95% C, 65%-91%) for mechanical, 0% for porcine, and 63% (95% CI, 19%-88%) for Melody (n = 88, event = 17). Median time to death or transplant (50% of valves) was 1.2 (95% CI, 0.1-1.2) years for porcine valve (event rate below 50% for mechanical and Melody group) (P = .043).

TABLE E1. Distribution of prosthesis models for each prosthesis type

	_		
Prosthesis type	Prosthesis model	No. valves	Size range, mm
Mechanical	St Jude HP	63	15-27
	St Jude standard	80	17-33
	Carbomedics	22	16-18
	On-X	15	21-27
Porcine	Hancock valved conduit	4	12-16
	Carpentier-Edwards valved	8	12-20
	conduit	18	19-25
	St Jude Epic Supra	18	19-27
	St Jude Epic	11	21-27
	Medtronic Mosaic	4	25-33
	Carpentier-Edwards Other		
Pericardial	Carpentier-Edwards Perimount	13	19-29
Melody	Medtronic Melody	34	9-18

Prostheses were grouped into mechanical, porcine, pericardial, and Melody valve groups, with varying models within each group. In total there were 180 mechanical, 63 porcine, 13 pericardial, and 34 Melody valves in this study cohort.

TABLE E2. Distribution of fundamental cardiac diagnoses (nonexclusive)

(nonexclusive)	
Fundamental cardiac diagnosis	No. patients
Congenital mitral stenosis	70
Hypoplastic left heart syndrome/Shone's	49
Coarctation of the aorta	41
Congenital mitral insufficiency	39
Complete atrioventricular canal defect	35
Congenital aortic stenosis	21
Partial/transitional atrioventricular canal defect	20
Right dominant complete atrioventricular canal defect	19
Double outlet right ventricle/D-transposition of the great arteries	11
Cardiomyopathy	11
Heterotaxy	11
Endocarditis	11
Acquired mitral insufficiency	11
Tetralogy of Fallot	6
Total/partial anomalous pulmonary vein	5
L-transposition of the great arteries	3
Marfan syndrome	3
Anomalous left coronary artery from the pulmonary artery	2
Tricuspid atresia	1

Condition	No. patients
Right or Left ventricular dysfunction	14
Hemorrhage (intracranial, pulmonary, gastrointestinal)	12
Cardiac arrest	10
Multiorgan failure/sepsis	10
Congestive heart failure	5
Pulmonary hypertension	3
Endocarditis	1
Unknown	17

TABLE E4. Clinical descriptions for deaths and transplants after emergent MVR or MVR on ECMO/ventricular assist device

Patient no.	Prosthesis at event	Clinical description
36	Porcine	Presented with acute thrombus of previous mechanical valve and put on ECMO emergently. MVR with porcine prosthesis attempted, but unable to wean off ECMO. Endured pulmonary and intracranial hemorrhage.
53	Porcine	Patient with mechanical valve who underwent concurrent placement of biventricular assist device with porcine re- MVR. Received transplant postoperative day 173.
109	Mechanical	Hypotensive arrest post-mitral valvuloplasty. MVR with mechanical valve. Suffered from multiple cardiac arrests soon after transfer to ICU.
112	Porcine	Placed on ECMO after cardiac arrest. MVR with porcine valve but persistent ventricular dysfunction.
115	Mechanical	Ventricular tachycardia arrest in ICU after mitral valvuloplasty and Senning takedown/arterial switch. Put on ECMO. ECHO showed severe mitral regurgitation. MVR with mechanical prosthesis, but unable to wean off ECMO. Anuric and septic with disseminated intravascular coagulation.
121	Melody	ECMO for ventricular dysfunction on postoperative day 1 from biventricular repair. ECHO showed severe mitral regurgitation. MVR with Melody prosthesis but unable to wean from ECMO. Ventricular dysfunction despite maximal medical therapy.
135	Mechanical	Severe mitral regurgitation and multiple cardiac arrests status post-mitral valvuloplasty. MVR with mechanical prosthesis, but unable to wean off bypass and placed on ECMO. Weaned from ECMO, but persistent low cardiac output state.

ECMO, Extracorporeal membrane oxygenator, MVR, mitral valve replacement; ICU, intensive care unit; ECHO, echocardiogram.