

# Prevalence and Determinants of Atrial Fibrillation-Associated In-Hospital Ischemic Stroke in Patients With Acute Myocardial Infarction Undergoing Percutaneous Coronary Intervention



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**Atrial fibrillation (AF) is an established risk factor ischemic stroke (IS) and is commonly encountered in patient hospitalized with acute myocardial infarction (AMI). Uncommonly, IS can occur as a complication resulting from percutaneous coronary intervention (PCI). There is limited real world data regarding AF-associated in-hospital IS (IH-IS) in patients admitted with AMI undergoing PCI. We queried the National Inpatient Sample database from January 2010 to December 2014 to identify patients admitted with AMI who underwent PCI. In this cohort, we determined the prevalence of AF associated IH-IS and compared risk factors for IH-IS between patients with AF and without AF using multivariable logistic regression models. IH-IS was present in 0.46% (n = 5,938) of the patients with AMI undergoing PCI (n = 1,282,829). Prevalence of IH-IS in patients with AF was higher compared with patients without AF (1.05% vs 0.4%; adjusted odds ratio: 1.634, 95% confidence interval: 1.527 to 1.748, p <0.001). Regardless of AF status, prevalence and risk of IH-IS was higher in females and increased with advancing age. There was significant overlap among risk-factors associated with increased risk of IH-IS in AF and non-AF cohorts, except for obesity in AF patients (adjusted odds ratio: 1.268, 95% confidence interval: 1.023 to 1.572, p = 0.03) in contrast to renal disease, malignancy, and peripheral vascular disease in non-AF patients. In conclusion, IH-IS is a rare complication affecting patients undergoing PCI for AMI and is more likely to occur in AF patients, females, and older adults, with heterogeneity among risk factors in patients with and without AF. © 2021 Elsevier Inc. All rights reserved. (Am J Cardiol 2021;144:1–7)**

Atrial fibrillation (AF) is a well-established risk factor for ischemic stroke (IS) and the most prevalent arrhythmia in the elderly population, particularly in the western world.<sup>1</sup> Older age further augments the risk of IS, and AF often coexists with other cardiovascular diseases such as coronary artery disease and heart failure in the elderly population. With a progressive rise in life expectancy burden of both, AF related strokes and acute myocardial infarction (AMI) is anticipated to increase in the future.<sup>2,3</sup> Moreover, new-onset AF can frequently complicate AMI and previous studies have reported an increased risk of IS among patients with AF during hospitalization for AMI.<sup>4</sup> IS is an uncommon but serious complication that can occur after AMI.<sup>5</sup> Rarely, IS can occur as a complication resulting from percutaneous coronary intervention (PCI) and its incidence has gradually risen over the past decade.<sup>6</sup> Despite the close

relations between AF, AMI, and IS, there is sparse real-world data regarding AF-associated IS in patients hospitalized with AMI undergoing PCI. In this study, we aimed to describe the prevalence and determinants of AF-associated in-hospital IS (IH-IS) in patients admitted with AMI undergoing PCI in the United States.

## Methods

We performed a 5-year population-based retrospective cross-sectional analysis using nationally representative data from the January 2010 to December 2014 National Inpatient Sample (NIS) database which is the largest publicly available all-payer inpatient care database from the United States. It is developed as a part of the Healthcare Cost and Utilization Project (HCUP) and is sponsored by the Agency for Healthcare Research and Quality available at <https://www.hcup-us.ahrq.gov/overview.jsp>. The NIS includes data from all nonfederal, short-term, general, and other specialty hospitals in the United States (excluding rehabilitation and long-term acute care hospitals) in the form of deidentified patient information containing demographics, discharge diagnoses, co-morbidities, procedures, outcomes, and hospitalization costs. All the states that participate in HCUP provide data to the NIS, covering >95% of the US population. The database was designed to include data from

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a 20% sample of discharges from all participating hospitals. This design of the NIS reduces the margin of error for estimates and delivers more stable and precise estimations. The study was exempt from an Institutional Review Board approval because HCUP-NIS is a publicly available database containing only deidentified patient information.

We used the International Classification of Diseases-Ninth Edition-Clinical Modification (ICD-9-CM) diagnosis codes 410.01, 410.11, 410.21, 410.31, 410.41, 410.51, 410.61, 410.71, 410.81, 410.91 to identify all patients who were 18 years of age or older and hospitalized with a primary discharge diagnosis of AMI. This approach is consistent with previous studies using the NIS database to accurately identify patients with acute MI.<sup>7-9</sup> We identified the patients who underwent PCI using the ICD-9 procedure codes: 96.06, 96.07, 0.66, and 17.55. In this cohort, we identified patients who developed acute IS (ICD-9-CM code: 433.x, 434.x, 436) during the hospitalization. These codes have been validated in previous studies and accurately identify patients with IS.<sup>10</sup> The study population was divided into 2 groups on the basis of presence of AF (Figure 1). We excluded patients who underwent CABG during the hospitalization. In addition, we excluded patients with incomplete data for gender, length of stay, and in-hospital mortality. Also, in order to reduce the possibility of data duplication, the patients with an indicator for transfer to another acute-care facility were excluded.

Baseline patient characteristics included demographics, clinically relevant characteristics (type of MI, cardiogenic shock, congestive heart failure, use of intra-aortic balloon pump, use of mechanical ventilation, previous stroke, carotid artery stenosis, previous PCI, previous CABG, peripheral vascular disease, renal disease, hypertension, diabetes, hyperlipidemia, smoking, use of long-term anticoagulation), and Charlson co-morbidity index score modified for stroke studies.<sup>11,12</sup> Supplementary Table 1 lists the ICD-9-CM and Clinical Classification Software codes used to identify co-morbidities and procedures.

The main outcomes investigated in this cohort of AMI patients undergoing PCI were threefold: (1) compare the prevalence and in-hospital outcomes of in-hospital IS

between AF and non-AF patients; (2) determine the association of AF and IH-IS; and (3) analyze and compare risk factors for IH-IS in patients with AF and without AF.

We compared the baseline patient characteristics between patients with acute MI undergoing PCI according to the presence or absence of AF using the Pearson chi-square test/Fisher's exact test for categorical variables, and Student *t* test/Mann-Whitney *U* test for continuous variables with normal and skewed distribution respectively. National estimates were calculated by applying discharge weights to the discharge data. Prevalence rates were calculated in the overall cohort and further stratified by AF, age, and gender. Confidence intervals (95% CI) were estimated using the Clopper Pearson exact method.

Predictors of in-hospital IS were assessed using univariate logistic regression analysis and those with *p* values of <0.10 were then further assessed in multivariate logistic regression analysis models. Variables analyzed for association by univariate logistic regression were age, gender, race, and clinically relevant and Charlson co-morbidities. We excluded cerebrovascular disease and hemiplegia/paraplegia, which are items of the original Quan et al version of the Charlson Index because these conditions were reflected in the condition being evaluated.<sup>11,12</sup>

SPSS Statistics 25.0 (IBM Corp., Armonk, New York) and R statistical software (R Core Team 2020) were used to perform the statistical analysis. All *p* values were 2-sided with a significance threshold of <0.05. Categorical variables were expressed as percentages and continuous variables as mean  $\pm$  SD for normally distributed data or median with interquartile range for skewed data. Odds ratio and 95% CIs were used to report the results of logistic regression.

## Results

A total of 1,282,829 patients aged  $\geq 18$  years hospitalized with AMI underwent percutaneous intervention over a 5-year period from 2010 to 2014. AF was present in 121,805 (9.5%) of the patients in the study cohort. Overall, in-hospital IS was present in 5,938 (0.46%) of the patients undergoing PCI for AMI. Prevalence of in-hospital IS in patients with AF was higher compared with patients without AF (1.05% vs 0.4%; *p* <0.001). Patients with AF were more likely to be older, female and have more underlying co-morbidities (Table 1). Overall, prevalence of stroke was higher in females compared with males (AF: 0.82% vs 1.49%, *p* <0.001; Non-AF: 0.33% vs 0.57%, *p* <0.001) and increased with age in both AF and non-AF patients (Figures 2 and 3, Supplementary Table 2). There were no IH-IS in females <45 years of age in the AF group.

Overall, 1,703 (28.7%) patients who developed IS died during the hospitalization before discharge. Compared with non-AF patients who developed IS, patients with AF had higher in-hospital mortality, prolonged hospitalization stay and increased costs (Table 2).

Among the 1,282,829 patients with AMI undergoing PCI included in the multivariate logistic regression analysis, AF was independently associated with increased risk of IS (adjusted odds ratio: 1.634, 95% CI: 1.527 to 1.748, *p* <0.001). Age, female gender, STEMI, congestive heart failure,

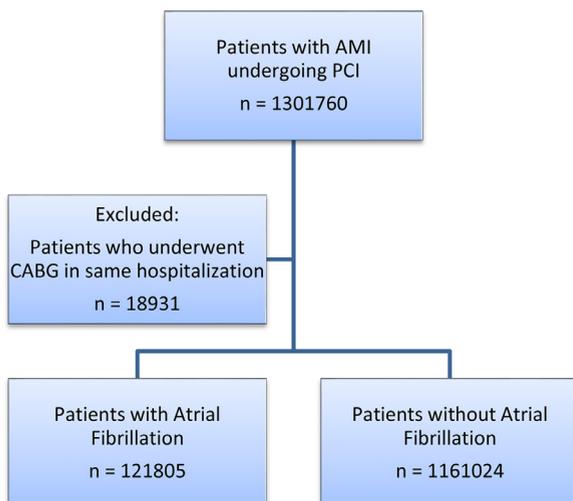


Figure 1. Flow chart of selection of study population.

Table 1

Baseline characteristics of patients with acute myocardial infarction undergoing percutaneous coronary intervention stratified by presence or absence of atrial fibrillation

| Characteristics   | Atrial fibrillation  |                       | p Value |
|---|----------------------|-----------------------|---------|
|   | Yes<br>(N = 121,805) | No<br>(N = 1,161,024) |         |
| Age, Mean (SD), (years)   | 71.3 (11.4%)         | 61.5 (12.5%)          |         |
| Women   | 41,028 (33.7%)       | 352,302 (30.3%)       | <0.001  |
| Race  |                      |                       | <0.001  |
| White   | 93,012 (76.4%)       | 805,094 (69.3%)       |         |
| Black   | 6,156 (5.1%)         | 100,612 (8.7%)        |         |
| Hispanic  | 5,968 (4.9%)         | 81,553 (7%)           |         |
| Asian or Pacific Islander                                       | 2,187 (1.8%)         | 23,388 (2%)           |         |
| Native American   | 535 (0.4%)           | 6,619 (0.6%)          |         |
| Other   | 2,979 (2.4%)         | 3,8746 (3.3%)         |         |
| Primary insurance   |                      |                       | <0.001  |
| Medicare  | 84,070 (69%)         | 473,436 (40.8%)       |         |
| Medicaid  | 5,092 (4.2%)         | 92,256 (7.9%)         |         |
| Private insurance   | 24,861 (20.4%)       | 432,258 (37.2%)       |         |
| Self-pay  | 4,529 (3.7%)         | 108,395 (9.3%)        |         |
| No charge   | 337 (0.3%)           | 107,08 (0.9%)         |         |
| Other   | 2,749 (2.3%)         | 41,339 (3.6%)         |         |
| Weekend admission   | 31,950 (26.2%)       | 307,868 (26.5%)       |         |
| Median household income, percentile                             |                      |                       | <0.001  |
| 0-25th  | 31,565 (25.9%)       | 329,152 (28.4%)       |         |
| 26th-50th   | 33,048 (27.1%)       | 306,879 (26.6%)       |         |
| 51st-75th   | 29,561 (24.3%)       | 277,385 (23.9%)       |         |
| 76th-100th  | 25,102 (20.6%)       | 219,985 (18.9%)       |         |
| Type of acute myocardial infarction                             |                      |                       |         |
| ST-elevation myocardial infarction                              | 52,310 (42.9%)       | 557,333 (48%)         | <0.001  |
| Non-ST-elevation myocardial infarction                          | 69,495 (57.1%)       | 603,690 (52%)         | <0.001  |
| Procedural characteristics                                      |                      |                       |         |
| Stent type  |                      |                       |         |
| Bare metal stent  | 39,598 (32.5%)       | 282,132 (24.3%)       | <0.001  |
| Drug eluting stent  | 73,440 (60.3%)       | 829,191 (71.4%)       | <0.001  |
| Intra-aortic balloon pump                                       | 8,962 (7.4%)         | 45,091 (3.9%)         | <0.001  |
| Mechanical ventilation  | 10,828 (8.9%)        | 44,729 (3.9%)         | <0.001  |
| Co-morbidities  |                      |                       |         |
| Cardiogenic shock   | 12,812 (10.5%)       | 51,353 (4.4%)         | <0.001  |
| Congestive heart failure  | 46,692 (38.3%)       | 190,553 (16.4%)       | <0.001  |
| Prior percutaneous coronary intervention                        | 21,541 (17.7%)       | 175,264 (15.1%)       | <0.001  |
| Prior coronary artery bypass graft                              | 8,962 (7.4%)         | 52,353 (4.5%)         | <0.001  |
| Smoker  | 44,244 (36.3%)       | 570,070 (49.1%)       | <0.001  |
| Hyperlipidemia  | 80,836 (66.4%)       | 806,893 (69.5%)       | <0.001  |
| Hypertension  | 67,853 (55.7%)       | 693,680 (59.7%)       | <0.001  |
| Diabetes mellitus   |                      |                       |         |
| Uncomplicated   | 38,522 (31.6%)       | 332,827 (28.7%)       | <0.001  |
| Complicated   | 6,152 (5.1%)         | 40,643 (3.5%)         | <0.001  |
| Obesity (BMI ≥30)   | 9,073 (7.4%)         | 90,974 (7.8%)         |         |
| Carotid artery disease  | 2,657 (2.2%)         | 14,049 (1.2%)         | <0.001  |
| Prior stroke  | 11,895 (9.8%)        | 58,460 (5%)           | <0.001  |
| Long-term anticoagulation use                                   | 17,470 (14.3%)       | 16,505 (1.4%)         | <0.001  |
| Peripheral vascular disease                                     | 15,757 (12.9%)       | 90,802 (7.8%)         | <0.001  |
| Renal disease   | 26,169 (21.5%)       | 123,854 (10.7%)       | <0.001  |
| Chronic pulmonary disease                                       | 31,118 (25.5%)       | 187,276 (16.1%)       | <0.001  |
| Dementia  | 1,180 (1%)           | 4,409 (0.4%)          | <0.001  |
| Rheumatologic disease   | 2,952 (2.4%)         | 22,838 (2%)           | <0.001  |
| Peptic ulcer disease  | 1,090 (0.9%)         | 6,887 (0.6%)          | <0.001  |
| Nonmetastatic malignancy, including leukemia and lymphoma       | 3,478 (2.9%)         | 19,717 (1.7%)         | <0.001  |
| Metastatic solid tumor  | 736 (0.6%)           | 4,259 (0.4%)          | <0.001  |
| Mild Liver disease  | 3,885 (3.2%)         | 22,782 (2%)           | <0.001  |
| Moderate - Severe liver disease                                 | 224 (0.2%)           | 1,446 (0.1%)          | <0.001  |
| Human immunodeficiency virus/Acquired immunodeficiency syndrome | 69 (0.1%)            | 1,898 (0.2%)          | <0.001  |
| Charlson comorbidity index score, Median (Q1, Q3)               | 2 (1,4)              | 2 (1,3)               |         |
| Charlson comorbidity index = 1-2                                | 62,796 (51.6%)       | 846,689 (72.9%)       | <0.001  |
| Charlson comorbidity index = 3-4                                | 38,032 (31.2%)       | 225,755 (19.4%)       | <0.001  |
| Charlson comorbidity index ≥ 5                                  | 20,977 (17.2%)       | 88,580 (7.6%)         | <0.001  |

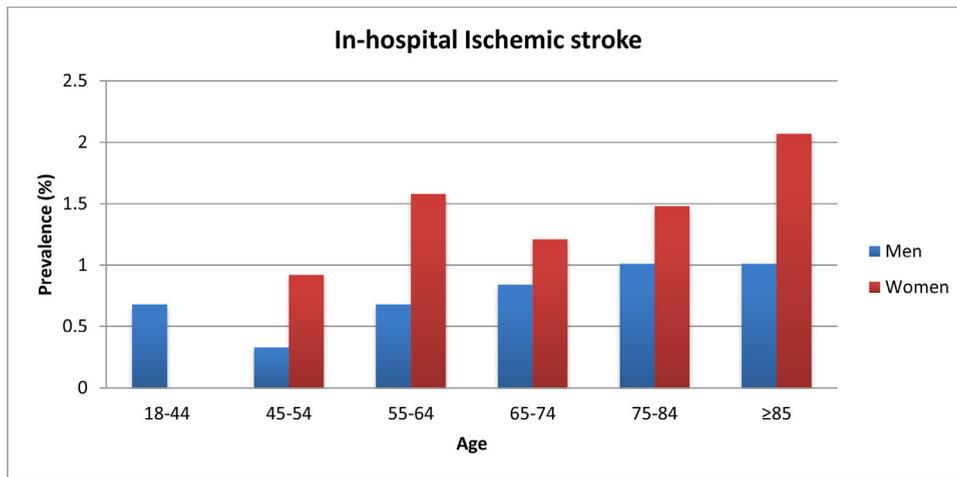


Figure 2. Prevalence of in-hospital ischemic stroke associated with acute MI undergoing PCI in patients with atrial fibrillation stratified by age and gender. MI = myocardial infarction; PCI = percutaneous coronary intervention.

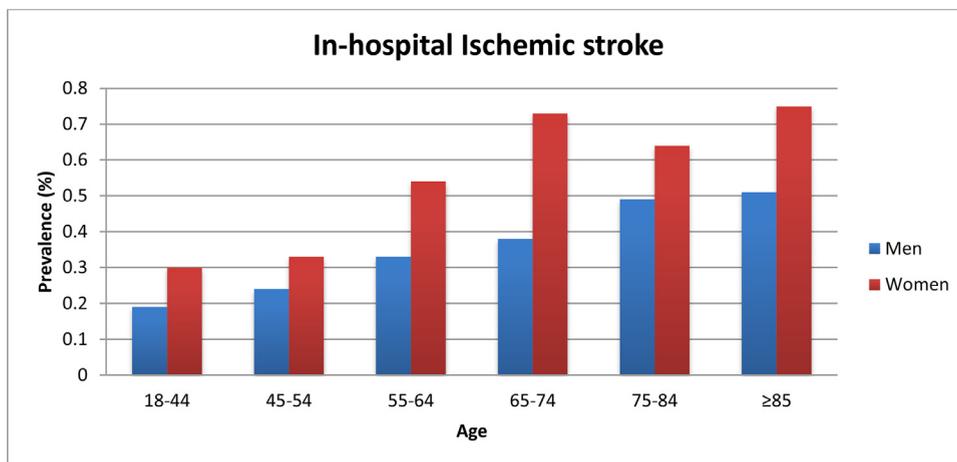


Figure 3. Prevalence of in-hospital ischemic stroke associated with acute MI undergoing PCI in patients without atrial fibrillation stratified by age and gender. MI = myocardial infarction; PCI = percutaneous coronary intervention.

cardiogenic shock, previous stroke, carotid artery stenosis, peripheral vascular disease, use of Intra-aortic balloon pump (IABP), mechanical ventilation, diabetes, metastatic cancer, kidney, and liver disease were also among other significant predictors of stroke (Table 3, Supplementary Table 3).

Regardless of the presence or absence of AF, there was significant overlap among risk-factors associated with increased risk of stroke: age, female gender, STEMI, congestive heart failure, previous stroke, carotid

artery stenosis, use of IABP, mechanical ventilation, diabetes, and liver disease were associated with higher risk of stroke in both cohorts, albeit with different strengths of association. In the AF cohort, obesity was associated with increased risk of stroke but not in non-AF cohort. In the non-AF cohort, peripheral vascular disease, renal disease, metastatic cancer, and dementia were associated with increased stroke risk but this was not observed in the AF cohort (Table 4).

Table 2

In-hospital outcomes of ischemic stroke in patients with acute myocardial infarction undergoing percutaneous coronary intervention

| Variable                     |         | Ischemic stroke with atrial fibrillation | Ischemic stroke without atrial fibrillation | p Value |
|------------------------------|---------|--|---|---------|
| In-hospital mortality        | Overall | 489 (38.2%)                              | 1,214 (26.1%)                               | <0.001  |
|                              | Male    | 214 (32.2%)                              | 636 (23.9%)                                 | <0.001  |
|                              | Female  | 275 (44.8%)                              | 578 (28.9%)                                 | <0.001  |
| Length of stay, median (IQR) |         | 7 (5,11)                                 | 6(4,10)                                     | <0.001  |
| Total charges, median (IQR)  |         | \$ 113,098 (\$83814, \$169953)           | \$ 106,151(\$72662, \$162036)               | <0.001  |

IQR = inter-quartile range.

Table 3

Predictors of in-hospital ischemic stroke in patients with acute myocardial infarction undergoing percutaneous coronary intervention

| Variable  | aOR   | 95% CI      | p Value |
|---|-------|-------------|---------|
| Age   | 1.013 | 1.010-1.015 | <0.001  |
| Women   | 1.465 | 1.389-1.545 | <0.001  |
| White race  | 0.772 | 0.731-0.816 | <0.001  |
| Non-white race (Reference)                                | -     | -           | -       |
| Atrial fibrillation                                       | 1.634 | 1.527-1.748 | <0.001  |
| ST-elevation myocardial infarction                        | 1.245 | 1.178-1.317 | <0.001  |
| Non-ST-elevation myocardial infarction (Reference)        | -     | -           | -       |
| Cardiogenic shock   | 1.103 | 1.003-1.213 | 0.044   |
| Congestive heart failure                                  | 1.404 | 1.324-1.489 | <0.001  |
| Intra-aortic balloon pump                                 | 1.234 | 1.123-1.357 | <0.001  |
| Use of mechanical Ventilation                             | 4.625 | 4.283-4.994 | <0.001  |
| Prior stroke  | 1.806 | 1.666-1.959 | <0.001  |
| Carotid artery stenosis                                   | 4.485 | 4.028-4.995 | <0.001  |
| Prior percutaneous coronary intervention                  | 0.824 | 0.762-0.892 | <0.001  |
| Peripheral vascular disease                               | 1.254 | 1.324-1.489 | <0.001  |
| Long-term anticoagulation use                             | 0.895 | 0.776-1.032 | 0.127   |
| Hypertension  | 0.990 | 0.930-1.054 | 0.752   |
| Diabetes mellitus without complication                    | 1.264 | 1.195-1.338 | <0.001  |
| Diabetes mellitus with complication                       | 1.563 | 1.400-1.745 | <0.001  |
| Hyperlipidemia  | 0.689 | 0.653-0.728 | <0.001  |
| Smoking   | 0.822 | 0.777-0.870 | <0.001  |
| Obesity   | 0.722 | 0.690-0.864 | <0.001  |
| Renal disease   | 1.092 | 1.005-1.187 | <0.001  |
| Nonmetastatic Malignancy, including leukemia and lymphoma | 1.175 | 0.996-1.385 | 0.055   |
| Metastatic solid tumor                                    | 1.856 | 1.413-2.438 | <0.001  |
| Mild liver disease  | 1.514 | 1.362-1.683 | <0.001  |
| Moderate to severe liver disease                          | 2.413 | 1.775-3.280 | <0.001  |
| Peptic ulcer disease                                      | 1.266 | 0.995-1.612 | 0.055   |
| Dementia  | 1.203 | 0.936-1.547 | 0.148   |

Table 4

Comparison of risk factors for in-hospital ischemic stroke in patients with acute myocardial infarction undergoing percutaneous coronary intervention by presence of atrial fibrillation

| Variable  | With atrial fibrillation |             |         | Without atrial fibrillation |             |         |
|---|--------------------------|-------------|---------|-----------------------------|-------------|---------|
|   | aOR                      | 95% CI      | p Value | aOR                         | 95% CI      | p Value |
| Age   | 1.018                    | 1.012-1.024 | <0.001  | 1.011                       | 1.008-1.013 | <0.001  |
| Women   | 1.510                    | 1.345-1.696 | <0.001  | 1.440                       | 1.356-1.529 | <0.001  |
| White race  | 0.821                    | 0.724-0.930 | 0.002   | 0.760                       | 0.715-0.817 | <0.001  |
| Non-white race (Reference)                                | -                        | -           | -       | -                           | -           | -       |
| ST-elevation myocardial infarction                        | 1.435                    | 1.271-1.621 | <0.001  | 1.203                       | 1.130-1.281 | <0.001  |
| Non-ST-elevation myocardial infarction (Reference)        | -                        | -           | -       | -                           | -           | -       |
| Cardiogenic shock   | 1.175                    | 0.982-1.407 | 0.078   | 1.078                       | 0.964-1.205 | 0.186   |
| Congestive heart failure                                  | 1.389                    | 1.235-1.562 | <0.001  | 1.384                       | 1.293-1.481 | <0.001  |
| Intra-aortic balloon pump                                 | 1.235                    | 1.028-1.484 | 0.024   | 1.217                       | 1.090-1.359 | <0.001  |
| Use of mechanical ventilation                             | 3.131                    | 2.692-3.642 | <0.001  | 5.260                       | 4.814-5.747 | <0.001  |
| Prior stroke  | 1.298                    | 1.093-1.541 | <0.001  | 2.007                       | 1.831-2.200 | <0.001  |
| Carotid artery stenosis                                   | 3.551                    | 2.815-4.479 | <0.001  | 4.768                       | 4.222-5.385 | <0.001  |
| Prior percutaneous coronary intervention                  | 0.756                    | 0.633-0.904 | 0.002   | 0.840                       | 0.769-0.917 | <0.001  |
| Peripheral vascular disease                               | 1.131                    | 0.965-1.325 | 0.128   | 1.288                       | 1.179-1.406 | <0.001  |
| Long-term anticoagulation use                             | 0.923                    | 0.774-1.101 | 0.376   | 0.853                       | 0.667-1.092 | 0.203   |
| Hypertension  | 1.116                    | 0.968-1.286 | 0.130   | 0.949                       | 0.884-1.018 | 0.143   |
| Diabetes mellitus without complication                    | 0.940                    | 0.827-1.068 | 0.342   | 1.365                       | 1.281-1.455 | <0.001  |
| Diabetes mellitus with complication                       | 1.479                    | 1.169-1.871 | 0.001   | 1.570                       | 1.385-1.778 | <0.001  |
| Hyperlipidemia  | 0.628                    | 0.559-0.705 | <0.001  | 0.713                       | 0.670-0.759 | <0.001  |
| Smoking   | 0.782                    | 0.686-0.892 | <0.001  | 0.835                       | 0.784-0.889 | <0.001  |
| Obesity   | 1.268                    | 1.023-1.572 | 0.030   | 0.666                       | 0.582-0.761 | <0.001  |
| Renal disease   | 1.048                    | 0.884-1.243 | 0.588   | 1.105                       | 1.004-1.215 | 0.040   |
| Nonmetastatic malignancy, including leukemia and lymphoma | 1.291                    | 0.954-1.749 | 0.098   | 1.145                       | 0.941-1.393 | 0.177   |
| Metastatic solid tumor                                    | 1.549                    | 0.892-2.692 | 0.120   | 1.931                       | 1.410-2.646 | <0.001  |
| Mild liver disease  | 1.403                    | 1.128-1.745 | 0.002   | 1.561                       | 1.383-1.762 | <0.001  |
| Moderate to severe liver disease                          | -                        | -           | -       | 3.067                       | 2.247-4.189 | <0.001  |
| Peptic ulcer disease                                      | 1.565                    | 0.992-2.470 | 0.054   | 1.158                       | 0.871-1.541 | 0.312   |
| Dementia  | 0.547                    | 0.288-1.039 | 0.065   | 1.588                       | 1.209-2.086 | 0.001   |

aOR = adjusted odds ratio; CI = confidence interval.

## Discussion

Our analysis of the United States National Inpatient Sample database of over a million patients admitted with AMI undergoing PCI showed that in-hospital IS is an uncommon complication. Previous studies have shown varying prevalence of IH-IS based in patients with AMI depending on the study design and characteristics of the cohort analyzed. A study by Hachet et al reported IH-IS in 1.25% of AMI patients regardless of the reperfusion strategy utilized.<sup>5</sup> An analysis of the British Cardiovascular Intervention Study (BCIS) registry reported IH-IS in 0.08% of ACS patients who underwent PCI.<sup>13</sup> A study utilizing the NIS database reported post-PCI IH-IS in 0.86% of AMI patients.<sup>6</sup> However, no previous studies have analyzed the prevalence of IH-IS based on presence or absence of AF in patients hospitalized with AMI who underwent PCI and to the best of our knowledge, our study is the first to report this. Our analysis revealed that IH-IS disproportionately affected patients with AF compared with patients without AF. It is not surprising that AF was independently associated with this complication after controlling for multiple confounding factors and this association has been shown by multiple previous studies.<sup>4,6, 14–16</sup> In patients with AMI undergoing PCI, regardless of the presence or absence of AF, the elderly patient cohort had higher rates of IH-IS. Similarly, females had higher burden of IH-IS. Previous studies have reported increased rates of IH-IS across all age groups in females compared with males undergoing PCI.<sup>17,18</sup> This trend was also observed in all age groups in our study, except, females less than 45 years of age with AF developed no IH-IS, but females without AF in the same age cohort suffered from IH-IS. This finding underscores the differential impact of age and gender on IH-IS risk in AF compared with non-AF patients who underwent PCI for AMI and needs further investigation. More importantly, once IH-IS occurred as a complication, the proportion of in-hospital deaths in patients with AF was 1.5 times higher compared with non-AF patients. Also, length of hospitalization and costs were higher in the AF group. This is likely due to the fact that patients in the AF group were older and had a higher burden of co-morbidities.

In addition to AF, older age and female gender, our study also showed a number of other independent risk factors such as STEMI, cardiogenic shock, congestive heart failure, previous stroke, carotid artery stenosis, peripheral vascular disease, use of IABP, recipient of mechanical ventilation, diabetes mellitus, metastatic cancer, liver, and renal disease were associated with increased risk of IH-IS similar to results from multiple previous studies.<sup>6,13,19</sup>

In AF patients, the risk of stroke is substantially influenced by the presence of other cardiovascular and noncardiovascular factors. In our study, further subgroup analysis for IH-IS risk factors in AF and non-AF cohorts revealed an overlap of multiple risk factors associated with IH-IS between the two groups. However, interestingly the presence of obesity (BMI  $\geq 30$  kg/m<sup>2</sup>) was associated with an increased risk of IH-IS in the AF cohort, but was protective in non-AF patients. Obesity and AF frequently co-exist, however, the relation of obesity and IS in AF patients is debated. The Danish Diet, Cancer and Health study, showed

an increased risk stroke in obese patients with AF.<sup>20</sup> Other studies have shown either a neutral or protective effect of obesity, often referred to as the “obesity paradox,” on the occurrence of IS.<sup>21</sup> Further research should focus on obesity and its relation with IS among AF patients with AMI undergoing PCI as it represents a highly prevalent modifiable risk factor. In the non-AF cohort, renal disease and metastatic solid cancer were associated with the increased risk of IH-IS, but not in AF patients. Similarly, peripheral vascular disease was independently associated with IH-IS in non-AF patients, but not in AF patients. However, presence of carotid artery disease was associated with IH-IS in both groups. These findings highlight the heterogeneity in risk factors and underlying mechanisms related to the development of IH-IS between AF and non-AF patients and emphasizes the need for research aimed to address this rare but devastating complication.

Our study has several strengths. First, our study utilizes a national representative sample from the NIS database, which reflects a real-world experience that includes high risk patients encountered in daily practice often not included in clinical trials. Second, the large sample size of our study allows the analysis of a number of risk factors for sustaining IH-IS present in patients who underwent PCI for AMI, and therefore, permitting us to compare and contrast the occurrence of IH-IS in 2 different patient cohorts. Third, this study will assist health care providers, in particular interventional cardiologists, in risk stratifying patients with respect to the development of IH-IS in patients who underwent PCI for AMI based on AF status and other relevant clinical characteristics.

There are also several limitations to our study. The diagnosis of stroke was solely based on validated ICD-9 CM codes used primarily for billing purposes, and therefore, coding errors can potentially limit the findings of our study. The NIS database does not capture the timing of the stroke in relation to cardiovascular interventions. We cannot ascertain if IH-IS in patients hospitalized with AMI undergoing PCI occurred as a consequence of the coronary event or PCI itself. Angiographic data on extent and complexity of the culprit lesion or underlying coronary artery disease, access site (transfemoral vs transradial), whether AF was pre-existing or new onset, severity of heart failure (left ventricular ejection fraction) and more importantly the role of medications used in treatment of AMI, during PCI and the hospitalization at large, are not available in the NIS database. Management of anticoagulation and antiplatelet regimens can be very complicated during an AMI admission and our database gives no specifics on those details. Hence, their impact on the occurrence of IH-IS could not be determined. Lastly, the NIS database allows for analysis of only in-hospital outcomes and therefore IS rates after discharge could not be estimated.

In conclusion, IH-IS is a rare complication affecting patients undergoing PCI for AMI and is more likely to occur in females, older adults, and those with AF. There is also heterogeneity among the risk factors associated with this complication in patients with and without AF and further studies are needed to understand the underlying pathophysiologic mechanisms to develop effective preventive strategies.

## Authors' Contributions

**Shivaraj Patil:** Conceptualization, Methodology, Software, Formal Analysis, Writing - Original draft preparation. **Karthik Gonuguntla:** Data curation, Validation, Writing - Original draft preparation. **Chaitanya Rojulpote:** Data curation, Validation, Writing- Original draft preparation. **Manish Kumar:** Visualization, Validation, Writing - Review & Editing, Supervision. **Srinivas Nadadur:** Visualization, Writing - Review & Editing, Supervision. **Robert J. Nardino:** Visualization, Writing - Review & Editing, Supervision. **Christopher Pickett:** Visualization, Writing - Reviewing and Editing, Supervision.

## Disclosures

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

## Supplementary materials

Supplementary material associated with this article can be found in the online version at <https://doi.org/10.1016/j.amjcard.2020.12.066>.

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