

JAAD Game Changers*: Risk of venous thromboembolism in patients with mycosis fungoides and parapsoriasis: A Danish nationwide population-based cohort study



*A game changer is a short narrative stating how an article that originally appeared in *JAAD* changed the game of dermatology. **NOTE:** The Game Changer author is not the original author of the article. Please see the reference section for the original author information.

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Capsule Summary:

- Active cancers and inflammation increase the risk for venous thromboembolism. It is unknown whether this applies to mycosis fungoides and parapsoriasis.
- Patients with mycosis fungoides and parapsoriasis have increased risk for venous thromboembolism.
- These findings should increase awareness of comorbidities as part of the disease spectrum in patients with mycosis fungoides and parapsoriasis.

How did this article change the practice of dermatology?

This changes our counseling for patients and the importance of discussing the risk of clots in patients with mycosis fungoides and parapsoriasis, possibly reducing other modifiable risk factors for venous thromboembolism. Risk is highest in the first 5 years after diagnosis, and this should be part of standard counseling at diagnosis of either entity.¹

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REFERENCE

1. Lindahl LM, Schmidt M, Farkas DK, Sørensen HT, Iversen L. Risk of venous thromboembolism in patients with mycosis fungoides and parapsoriasis: a Danish nationwide population-based cohort study. *J Am Acad Dermatol*. 2018;78(6):1077-1083.e4.