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Commentary: Transcatheter tricuspid valve interventions for treating isolated tricuspid regurgitation: Toward a new gold standard?

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Transcatheter tricuspid valve interventions (TTVIs) have arisen during the past decade as a treatment of isolated tricuspid regurgitation (TR). Patients with isolated severe TR have been primarily managed medically, usually leading to progressive annular dilatation and end-stage right ventricular heart failure. Consequently, late referral to surgery has been associated with the highest mortality rate among all surgical valve procedures ($\sim 10\%$). TR is often functional⁴ and occurs frequently in patients with already treated leftsided valvular disease, implying a higher surgical risk. Several transcatheter systems have been developed during the past years. TTVIs can be classified according to their mode of action: annuloplasty devices, caval valve implantation, tricuspid valve replacement, and coaptation devices.

Bapat and Tang⁵ contributed with a a concise and elegant review of the technical challenges and currently available devices for TTVI. The authors accurately described the preprocedural screening, including patient selection, anatomic challenges, and imaging features. Also, the authors described the available transcatheter tricuspid devices along with the current scientific evidence.

The management of isolated TR represents an unmet clinical need that has led to the expansion of TTVIs. The

0022-5223/\$36.00

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CENTRAL MESSAGE

This review adds a new piece of work on TTVI. Promising early and midterm data have been reported. The validation of these findings may establish TTVI as an alternative to surgery in TR patients.

initial experience with the first-generation devices revealed that despite the high-risk profile of TTVIs recipients, most procedures were well tolerated with relatively low early mortality rates (much lower compared with most surgical series). The results of the TriValve multicenter registry, including 312 TTVI recipients (Mitraclip [Abbott Vascular, Santa Clara, Calif]) 66%, caval valve implantation 9%, Forma [Edwards Lifesciences, Irvine, Calif] 8%, Trialign [Mitralign, Inc, Tewksbury, Mass] 6%, and other 11%) showed a 30-day mortality rate of 3.9%. Taramasso and colleagues⁷ evaluated, in patients with isolated severe TR, the clinical outcomes of patients undergoing TTVI versus medical treatment (propensity matched comparison), showing a significant reduction in mortality and heart failure hospitalization at midterm follow-up in TTVI patients. Although future randomized studies are needed, these preliminary results strongly support pursuing the development of transcatheter therapies for treating TR. Additionally, the initial experience with TTVIs showed that even modest reductions in TR severity may translate into significant improvements in early and midterm functional status and quality of life.^{8,9} However, it should be pointed out that few data exist at long-term (>1 year) follow-up in this context. Of note, the only publication with long-term data (median, 32 months) showed good clinical outcomes but

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Dr Muntané-Carol is supported by a research grant from the Fundación Alfonso Martín Escudero (Madrid, Spain), Dr Rodés-Cabau holds the Research Chair "Fondation Famille Jacques Larivière" for the Development of Structural Heart Disease Interventions.

Disclosures: Dr Rodés-Cabau has received institutional research grants from Medtronic and Edwards Lifesciences. The other author has nothing to disclose with regard to commercial support.

Received for publication Feb 24, 2020; revisions received Feb 24, 2020; accepted for publication Feb 25, 2020; available ahead of print March 19, 2020.

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J Thorac Cardiovasc Surg 2020;160:1465-6

suggested that a relapse in right ventricular remodeling resulting in significant TR (moderate or greater) may occur over time. 10

In conclusion, Bapat and Tang⁵ added a new piece of work regarding the promising field of TTVIs. While some important issues remain (patient and device selection, optimization of the results regarding residual TR, long-term data), the early safety and preliminary efficacy data for most devices along with the surgical results (high early mortality in most series) may establish TTVIs as the new gold standard for the management of isolated TR in the coming years.

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