



Epidemiology of Birth Defects in Very Low Birth Weight Infants in Japan

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Objective To evaluate the mortality and morbidity of very low birth weight (VLBW) preterm infants with birth defects in Japan.

Study design Data were collected prospectively for infants weighing <1501 g and born at <37 weeks of gestation admitted to centers of the Neonatal Research Network of Japan during 2003-2016. We compared outcomes of infants with and without birth defects using Pearson χ^2 test, Wilcoxon rank-sum test, log-rank test, nominal logistic regression analysis, and stratified analysis by birth defect subgroups. This study was approved by the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine.

Results Among 57 730 VLBW preterm infants, 3557 infants (6.2%) were born with birth defects. Chromosomal abnormalities, congenital heart defects, and congenital malformation of the digestive system were the most common categories. Among diseases, Trisomy 18, Down syndrome, and cleft palate were the most prevalent. There were significant differences between perinatal characteristics of infants with and without birth defects. Most categories of morbidity occurred more frequently in infants with birth defects compared with those without birth defects. The aOR for mortality during the neonatal intensive care unit admission was 10.6 (95% CI 9.5-11.7) for infants with birth defects. A stratified analysis identified birth defect categories with good, moderate, and poor prognoses.

Conclusions This detailed information about mortality and morbidity of preterm VLBW infants with birth defects should be useful for genetic counseling as well as prenatal and neonatal care, with the limitation that we lacked information about the timing of diagnosis, abortion, or stillbirth. (*J Pediatr* 2020;226:106-11).

The mortality of preterm and low birth weight infants has improved in the past few decades, leading to a neonatal mortality rate of 0.9 per 1000 live births in Japan in 2017.¹ The Neonatal Research Network of Japan (NRN-J) was established in 1998 to conduct nationwide systematic clinical research on neonates, and the NRN-J initiated a database for very low birth weight (VLBW) infants in 2003.² This database now encompasses 192 neonatal intensive care units (NICUs) throughout Japan and approximately 5000 VLBW infants are registered annually. Data from the NRN-J showed that the mortality rate of VLBW infants during NICU admission decreased from 11% at 2003 to 5% at 2016.³ The primary goal of treatment for preterm infants has been replaced from life-saving to survival without sequelae.⁴

An estimated 3%-5% of liveborn infants have birth defects.⁵ In VLBW infants, the incidence of major birth defects has been reported as 4.8%.^{6,7} Although the natural course of full term normal birth weight infants with birth defects is well known, little is known about premature infants with birth defects. There are a few reports of prognosis when prematurity and low body weight are combined with birth defects, with most studies focusing on chromosomal abnormalities or congenital heart defects.⁶⁻¹¹ In Japan there are several single-center reports on this topic¹²⁻¹⁴ but no national survey exists to date. Even minor birth defects that do not lead to a poor prognosis in full term infants with normal birth weights may have an impact on the outcome of VLBW preterm infants because of their immaturity and technical difficulty in surgical repair.

Methods

The study period was January 2003-December 2016. In total, 60 136 infants whose birth weights were <1501 g and who were admitted to an NICU of an NRN-J center within 28 days after birth were included in this study. We excluded infants born at >36 weeks of gestation. For 57 730 VLBW preterm infants, maternal and neonatal data were collected prospectively. In NRN-J, the infants were followed until 3 years of age.

| | |
|--------|-------------------------------------------------------------------------------------------------|
| ICD-10 | International Statistical Classification of Diseases and Related Health Problems, 10th Revision |
| NICU | Neonatal intensive care unit |
| NRN-J | Neonatal Research Network of Japan |
| VLBW | Very low birth weight |

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*List of additional institutions in the Neonatal Research Network of Japan is available at www.jpeds.com (Appendix 1).

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Maternal data included maternal age at delivery; gravidity and parturition; whether primipara or multipara; comorbidities: diabetes mellitus, hypertensive disorders of pregnancy, chorioamnionitis, preterm premature rupture of membranes; antenatal steroid administration; nonreassuring fetal status diagnosed by fetal heart rate monitoring; delivery mode; and cord blood transfusion. Diabetes mellitus was defined as impaired glucose tolerance during pregnancy, including gestational diabetes. A hypertensive disorder of pregnancy was defined if hypertension was observed after 20 weeks of gestation and resolved within 12 weeks after delivery. Chorioamnionitis was histologically examined using the Blanc classification. Preterm premature rupture of membranes was coded with apparent leakage of amniotic fluid. No data were collected about the timing and frequency of antenatal steroid administration.

Neonatal data included information collected at birth, during the NICU stay, and at discharge. Birth information included year, sex, inborn/outborn, gestational age, Apgar score at 1 and 5 minutes after birth, oxygen use and intubation during resuscitation, measurements, and birth defects. Information collected during the NICU admission included mortality, morbidity, duration of intubation, transfers, and surgical repair. Discharge information included discharge date, measurements, home oxygen therapy, and tracheostomy. Specific morbidities of prematurity that were collected

are shown and defined in **Appendix 2** (available at www.jpeds.com). Final discharge status was defined as the earliest of the following conditions: death, discharge from the NICU, or the infant's first birthday.

We defined birth defects as 1 or more of the disorders listed in Q00-Q99 of the *International Statistical Classification of Diseases and Related Health Problems, 10th Revision* (ICD-10), which are the codes for congenital malformations, deformations, and chromosomal abnormalities.¹⁵ These are listed in **Table I** (available at www.jpeds.com). Metabolic disorders with ICD-10 codes of E70-E90 were excluded from the birth defects group, and these infants were included in the group without birth defects.

We compared the infants with and without birth defects using Pearson χ^2 test and Wilcoxon rank-sum test; and generated Kaplan-Meier curves and conducted log-rank tests for comparison. For multivariable analysis, we used nominal logistic regression analysis fit to each outcome, including maternal age (<25, 25-29, 30-34, 35-39, ≥ 40 years), multiple birth, antenatal steroid, sex, gestational age (22-24, 25-28, 29-32, 33-36 weeks), birth weight small for gestational age, and birth defects. Furthermore, we undertook stratified analysis by birth defect subgroups. We compared mortality during the NICU admission of each birth defect subgroup with that of the other birth defect subgroups by log-rank test; and divided the birth defect subgroups into 3; (1) the good

Table II. Characteristics of infants with and without birth defects

| Characteristics | Birth defects (n = 3557) | No birth defects (n = 54 173) | P value |
|-----------------------------------------------------------|--------------------------|-------------------------------|---------|
| Maternal age (y), mean \pm SD | 32.6 \pm 5.7 | 31.6 \pm 5.4 | <.001 |
| <25, n (%) | 293 (8.5) | 5304 (10.1) | <.001 |
| 25-29, n (%) | 715 (20.6) | 12 390 (23.5) | |
| 30-34, n (%) | 1102 (31.8) | 18 438 (34.9) | |
| 35-39, n (%) | 973 (28.1) | 13 198 (25.0) | |
| ≥ 40 , n (%) | 382 (11.0) | 3436 (6.5) | |
| Multiple birth, n (%) | 638 (17.9) | 13 332 (24.6) | <.001 |
| Maternal diabetes (including gestational diabetes), n (%) | 136 (3.9) | 1673 (3.1) | .014 |
| Hypertensive disorders of pregnancy, n (%) | 594 (16.9) | 11 080 (20.6) | <.001 |
| Histological chorioamnionitis, n (%) | 605 (21.7) | 14 056 (32.9) | <.001 |
| Preterm premature rupture of membranes, n (%) | 777 (22.1) | 15 414 (28.6) | <.001 |
| Antenatal steroid, n (%) | 1422 (40.9) | 26 725 (49.9) | <.001 |
| Non-reassuring fetal status, n (%) | 1309 (38.2) | 13 447 (25.5) | <.001 |
| Cesarean delivery, n (%) | 2900 (81.8) | 42 320 (78.4) | <.001 |
| Cord blood transfusion, n (%) | 440 (16.6) | 8767 (22.1) | <.001 |
| Male, n (%) | 1877 (52.9) | 27 659 (51.1) | .037 |
| Outborn, n (%) | 376 (10.6) | 3634 (6.7) | <.001 |
| Gestational age (wk), mean \pm SD | 30.7 \pm 3.4 | 28.9 \pm 3.2 | <.001 |
| 22-24, n (%) | 212 (6.0) | 6842 (12.6) | <.001 |
| 25-28, n (%) | 866 (24.4) | 20 227 (37.3) | |
| 29-32, n (%) | 1447 (40.7) | 21 330 (39.4) | |
| 33-36, n (%) | 1032 (29.0) | 5774 (10.7) | |
| Apgar score 1 min < 4, n (%) | 1310 (37.2) | 13 622 (25.4) | <.001 |
| Apgar score 5 min < 4, n (%) | 451 (12.9) | 3128 (5.9) | <.001 |
| O ₂ use at resuscitation, n (%) | 2977 (85.3) | 46 066 (86.1) | .167 |
| Intubation at resuscitation, n (%) | 1972 (55.9) | 30 158 (56.0) | .893 |
| Birth weight (g), mean \pm SD | 1054.6 \pm 305.1 | 1033.6 \pm 306.9 | <.001 |
| ≤ 500 , n (%) | 160 (4.6) | 2202 (4.1) | <.001 |
| 501-750, n (%) | 528 (15.1) | 9827 (18.4) | |
| 751-1000, n (%) | 733 (21.0) | 11 747 (22.0) | |
| 1001-1250, n (%) | 925 (26.5) | 13 043 (24.5) | |
| 1251-1500, n (%) | 1150 (32.9) | 16 520 (31.0) | |
| Small for gestational age, n (%) | 2145 (61.4) | 15 362 (28.8) | <.001 |

prognosis group showing significantly better prognosis than the other birth defect groups, (2) the moderate prognosis group showing equivalent prognosis to the other birth defect groups, and (3) the poor prognosis group showing significantly poorer prognosis than the other birth defect groups.

JMP Pro 14.3.0 (SAS Institute Inc., Cary, North Carolina) was used for these statistical analyses and the significance level was set at $P < .05$. This study was approved by the Ethics Committee of Kyoto University Graduate School and Faculty of Medicine.

Results

In total, 57 730 infants with birth weights <1501 g and gestational ages <37 weeks were registered. Birth defects were identified in 3557 infants (6.2%). **Table I** shows the number and types of birth defects identified in our cohort. The most frequent disease categories were chromosomal abnormalities ($n = 1020$: 28.7%), circulatory system malformations ($n = 584$: 16.4%), digestive system malformations ($n = 409$: 11.5%), urinary system malformations ($n = 184$: 5.2%), and musculoskeletal system malformations ($n = 173$: 4.9%). The most common single diseases were Trisomy 18 ($n = 453$: 12.7%), Trisomy 21 ($n = 321$: 9.0%), cleft palate ($n = 152$: 4.3%), esophageal atresia without fistula ($n = 139$: 3.9%), and ventricular septal defect ($n = 108$: 3.0%).

Table II shows characteristics of the 2 groups. Infants with birth defects were born to older mothers than infants without birth defects. Maternal complications associated with pregnancy were significantly less frequent in infants with birth defects, except for maternal diabetes. More infants with birth defects had birth weights small for gestational age, and infants with birth defects were born at older gestational ages than infants without birth defects (31.1 ± 3.7 and 28.9 ± 3.2 weeks; $P < .001$).

Table III shows mortality and morbidity in the NICU. **Figure 1** shows survival curve of the infants with and without birth defects until 120 days after birth. Complications associated with prematurity (ie, respiratory distress syndrome, chronic lung disease, late circulatory collapse, severe intraventricular hemorrhage, cystic periventricular leukomalacia, and retinopathy of prematurity) were significantly less frequent in the infants with birth defects, except for chronic lung disease. Other complications (ie, air leak, pulmonary hemorrhage, persistent pulmonary hypertension, operation for patent ductus arteriosus, late onset sepsis, necrotizing enterocolitis, localized intestinal perforation, and hearing impairment) were significantly more frequent in the infants with birth defects. The overall mortality during NICU admission was 5 times higher in the infants with birth defects compared with infants without birth defects (28.0% and 5.8%; $P < .001$).

Table III. Mortality and morbidity in the NICU

| Mortality and morbidity in NICU | Infants with birth defects (n = 3557) | Infants without birth defects (n = 54 173) | P value |
|---------------------------------------------------------|---------------------------------------|--------------------------------------------|---------|
| Respiratory distress syndrome, n (%) | 1571 (44.9) | 30 971 (57.4) | <.001 |
| Air leak, n (%) | 137 (3.9) | 1454 (2.7) | <.001 |
| Pulmonary hemorrhage, n (%) | 140 (4.0) | 1720 (3.2) | .011 |
| Persistent pulmonary hypertension of the newborn, n (%) | 330 (9.5) | 2700 (5.0) | <.001 |
| Intubation period (d), mean \pm SD | 35.8 \pm 97.0 | 19.8 \pm 48.6 | <.001 |
| Chronic lung disease, n (%) | 590 (38.0) | 10 288 (35.8) | .083 |
| Patent ductus arteriosus ligation, n (%) | 267 (7.5) | 3222 (6.0) | <.001 |
| Late circulatory collapse, n (%) | 206 (5.9) | 4232 (7.9) | <.001 |
| Severe intraventricular hemorrhage, n (%) | 127 (3.7) | 2450 (4.6) | .010 |
| Cystic periventricular leukomalacia, n (%) | 73 (2.1) | 1726 (3.2) | <.001 |
| Late onset sepsis, n (%) | 239 (6.9) | 2828 (5.3) | <.001 |
| Necrotizing enterocolitis, n (%) | 77 (2.2) | 864 (1.6) | .009 |
| Localized intestinal perforation, n (%) | 111 (3.2) | 1177 (2.2) | <.001 |
| Hearing impairment, n (%) | 494 (23.4) | 3258 (7.4) | <.001 |
| Retinopathy of prematurity, n (%) | 256 (8.6) | 7214 (14.2) | <.001 |
| Transfer at acute phase, n (%) | 187 (5.3) | 903 (1.7) | <.001 |
| Operation during NICU admission, n (%) | 958 (26.9) | 43 (0.1) | <.001 |
| Died at day 0, n (%) | 188 (5.4) | 424 (0.8) | <.001 |
| Died till 3 d of age, n (%) | 390 (11.3) | 1053 (2.0) | <.001 |
| Died in hospital, n (%) | 996 (28.0) | 3137 (5.8) | <.001 |
| Day of death at hospital (d), mean \pm SD | 60.5 \pm 116.0 | 39.6 \pm 88.8 | .132 |
| Alive at discharge, n (%) | 2561 (72.0) | 51 017 (94.2) | <.001 |
| Alive discharge date (d), mean \pm SD | 123.6 \pm 101.9 | 94.3 \pm 62.0 | <.001 |
| Final discharge status | | | |
| Dead, n (%) | 976 (34.1) | 3096 (6.5) | <.001 |
| Discharge, n (%) | 1869 (65.2) | 44 735 (93.5) | |
| Still hospitalized at 1 y, n (%) | 20 (0.7) | 41 (0.1) | |
| Weight at discharge in survivors (g), mean \pm SD | 3043 \pm 1048 | 2841 \pm 710 | <.001 |
| Home oxygen therapy at discharge, n (%) | 283 (9.4) | 2784 (5.3) | <.001 |
| Tracheostomy at discharge, n (%) | 99 (3.3) | 364 (0.7) | <.001 |

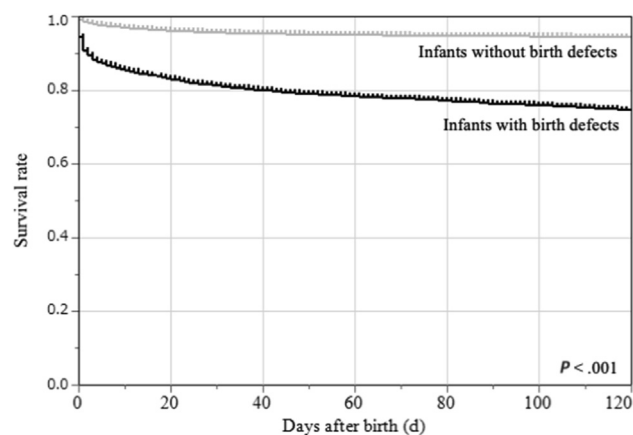


Figure 1. Kaplan-Meier curves until 120 days after birth of infants with birth defects and those without birth defects.

Table IV shows the result of nominal logistic regression analysis. Infants with birth defects had increased risk for mortality and most of the categories of NICU morbidity except for respiratory distress syndrome, localized intestinal perforation, cystic periventricular leukomalacia, and retinopathy of prematurity. The OR of mortality at all studied time points was approximately 10 for infants with birth defects compared with those without birth defects. The OR of surgery during the NICU admission was very high (480, 95% CI 350-660) for infants with birth defects compared with those without birth defects.

Figure 2 (available at www.jpeds.com) shows survival curves of each birth defect category until day 120, classified

Table IV. Odds of mortality and morbidity in the NICU for infants with birth defects

| Mortality and morbidity | aOR (95% CI) |
|-------------------------------------|------------------|
| Respiratory distress syndrome | 1.08 (0.99-1.18) |
| Air leak | 2.03 (1.68-2.46) |
| Pulmonary hemorrhage | 1.61 (1.33-1.94) |
| Persistent pulmonary hypertension | 2.79 (2.44-3.18) |
| Chronic lung disease | 1.64 (1.45-1.86) |
| Patent ductus arteriosus ligation | 2.22 (1.92-2.57) |
| Localized intestinal perforation | 1.07 (0.91-1.25) |
| Severe intraventricular hemorrhage | 1.28 (1.05-1.56) |
| Cystic periventricular leukomalacia | 0.82 (0.64-1.06) |
| Late onset sepsis | 1.80 (1.55-2.09) |
| Necrotizing enterocolitis | 1.93 (1.51-2.48) |
| Localized intestinal perforation | 2.00 (1.61-2.48) |
| Hearing impairment | 4.21 (3.76-4.72) |
| Retinopathy of prematurity | 0.87 (0.75-1.01) |
| Transfer at acute phase | 4.06 (3.40-4.84) |
| Surgery during NICU admission | 480 (350-660) |
| Died at d 0 | 10.6 (8.61-13.0) |
| Died till 3 d of age | 9.34 (8.07-10.8) |
| Died in hospital | 10.6 (9.55-11.7) |
| Home oxygen therapy at discharge | 2.77 (2.40-3.19) |
| Tracheostomy at discharge | 5.64 (4.43-7.18) |

aORs and CIs were calculated using nominal logistic regression analysis fit to each outcome which included maternal age (<25, 25-29, 30-34, 35-39, ≥40 years), multiple birth, antenatal steroid, sex, gestational age (22-24, 25-28, 29-32, 33-36 weeks), birth weight small for gestational age, and birth defects.

into 3 groups based on prognosis. The good prognosis group (with a better prognosis than the other birth defect groups) consisted of infants with facial malformation, genital organ malformation, and cleft lip and cleft palate. The moderate prognosis group showed a similar prognosis to the other birth defects groups, consisted of infants with digestive, circulatory, and nervous system malformation. The poor prognosis group (showing a poorer prognosis than the other birth defect groups) consisted of infants with musculoskeletal, urinary, and respiratory system malformations, and chromosomal abnormalities. Log-rank tests were performed for the disease categories included in each prognosis group; and *P* values were 0.013, 0.631, and 0.139 for the good, moderate, and poor prognosis groups, respectively, shown in each graph of **Figure 2**.

Table V (available at www.jpeds.com) compares the perinatal characteristics between infants from each birth defect category. The proportion of cesarean deliveries was significantly lower in the infants with urinary system malformations. Although the genital and urinary system malformation group had male preponderance, the chromosomal abnormality group had female preponderance. The proportion of outborn infants was significantly higher in conditions that needed special care or operation from the neonatal period (ie, digestive and circulatory system malformation groups, and chromosomal abnormality).

Table VI (available at www.jpeds.com) compares the mortality and morbidity between infants from each birth defect category. The group with facial malformations, including cleft lip and cleft palate, had higher morbidity due to localized intestinal perforation and hearing impairment despite their low mortality. Infants with digestive system malformation had high morbidity due to late onset sepsis, necrotizing enterocolitis, and localized intestinal perforation with higher rates of surgical procedures and tracheostomy placement. The infants with circulatory system malformations had high morbidity due to necrotizing enterocolitis and localized intestinal perforation but the incidence of late circulatory collapse was significantly lower. Infants with nervous system malformations had higher morbidity due to air leak and late onset sepsis, with a high rate of tracheostomy placement. Infants with musculoskeletal system malformations had high morbidity due to persistent pulmonary hypertension and late onset sepsis. The group with urinary system malformation had higher morbidity due to air leak and persistent pulmonary hypertension. **Table VII** (available at www.jpeds.com) shows mortality in the NICU by ICD-10 code.

Discussion

Among 57 730 VLBW preterm infants from the NRN-J database, the proportion of birth defects was 6.2%. The mortality and morbidity of the infants with birth defects was

significantly higher than infants without birth defects, except for respiratory distress syndrome, late circulatory collapse, cystic periventricular leukomalacia, and retinopathy of prematurity, when the background characteristics were adjusted. The aOR for mortality during the NICU admission was 10.6 (95% CI 9.5-11.7) for infants with birth defects. We identified 3 prognostic groups: infants with a good prognosis (facial malformation including cleft lip and cleft palate, and genital organ malformation); infants with a moderate prognosis (digestive, circulatory, and nervous system malformations); and infants with a poor prognosis (musculoskeletal, urinary, and respiratory system malformations, and chromosomal abnormalities).

No nationwide survey of VLBW infants with birth defects has been published previously in Japan. We used the NRN-J database that collects data for VLBW infants with birth weights <1501 g. In Japan, about 8000 VLBW infants are born every year.¹ The NRN-J database contains about 5000 infants every year; therefore, about two-thirds of VLBW infants born in Japan are contained in this database.

Adams-Chapman et al reported that the risk ratio of mortality during the NICU admission of infant with birth defects was 3.66 (95% CI 3.41-3.92) compared with infants without birth defects, a lower OR than in our study. However, in that study, mortality was higher in infants without birth defects than in the present study (18.3% in Adams-Chapman vs 5.8% in our report).⁷ Improvements in prognosis have been seen for infants without birth defects due to the development of neonatal medicine technology, but improvements in prognosis appear to be lagging for infants with birth defects and birth defects are major prognostic factors along with prematurity and VLBW.

A limitation of our study is that no data exists for the timing of diagnosis or about fetuses who are aborted or stillborn. However, our results still should be useful for prenatal genetic counseling and postnatal care. It may be possible in the future to conduct a more detailed study using prenatal data as Morisaki linked the NRN-J database with the obstetric database of the Japanese Society of Obstetrics and Gynecology in 2016, using the method proposed by Fellegi and Sunter.^{16,17}

The background characteristics of infants with birth defects differed fundamentally from those without birth defects, because of older gestational ages and higher rates of birth weight small for gestational age. Whereas maternal complications were more common in infants without birth defects, infants with birth defects showed significantly higher rates of nonreassuring fetal status and severe neonatal asphyxia. This suggests that infants with birth defects were born prematurely because of a fetal indication, but infants without birth defects were born prematurely because of a maternal indication as discussed in other studies.^{18,19} Although we had data about the administration of antenatal steroids, no data existed about the timing and frequency of antenatal steroids, which may affect the results of the study.

We identified some unique characteristics of specific types of birth defects. For example, the group with renal malformations showed a lower proportion of cesarean delivery than seen for the other categories of birth defects. We speculate this may reflect prenatal counseling of a fatal diagnosis. Because there are many types of birth defects with differing prognoses, further investigation is needed on specific disorders.

A limitation of the study is that the database does not include information about the timing of diagnosis. If the diagnosis was made before delivery, this may influence decision-making on abortion, the method of delivery, decisions about emergent delivery, the plan for resuscitation, and all of these may influence an infant's prognosis.

This database also does not include information on fetuses who were aborted or stillborn. These factors may cause biases, which may misdirect the prognosis of birth defects. More severe birth defects may have a greater likelihood of prenatal diagnosis, and greater proportion of spontaneous or induced abortion. This will increase the rates of intrauterine fetal death, thereby decreasing the population of infants with severe birth defects. Finally, because we investigated only VLBW preterm infants with birth defects, we cannot generalize our data to normal birth weight full term infants with birth defects.

We examined data from 14 years of surveillance of VLBW infants in Japan (2003-2016). We found that complications of prematurity tended to be less frequent in infants with birth defects, as a result of the difference in gestational age between VLBW infants with and without birth defects. The overall survival rate in the NICU was 71% for VLBW infants with birth defects and 94% for infants without birth defects, which was significantly higher than a previous report from the US covering the years 1998-2007.⁷ Nominal logistic regression analysis showed that although the presence of a birth defects increases the odds of short-term mortality and morbidity, different types of birth defects have differing prognoses. This information should be useful for planning care and counseling parents. ■

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Appendix 1

List of additional institutions in the Neonatal Research Network of Japan.

This study was conducted using data from the NRN-J. Institutions enrolled in the NRN-J were as follows: Sapporo City General Hospital, Asahikawa Kosei General Hospital, Engaru-Kosei General Hospital, Kushiro Red Cross Hospital, Obihiro-Kosei General Hospital, Tenshi Hospital, NTT Higashinohon Sapporo Hospital, Nikko Memorial Hospital, Nayoro City General Hospital, Sapporo Medical University, Asahikawa Medical University, Aomori Prefectural Central Hospital, Iwate Medical University, Iwate Prefectural Ofunato Hospital, Iwate Prefectural Kuji Hospital, Iwate Prefectural Ninohe Hospital, Sendai Red Cross Hospital, Akita Red Cross Hospital, Tsuruoka Municipal Shonai Hospital, Yamagata University, Yamagata Prefectural Central Hospital, Fukushima Medical University, Takeda General Hospital, Fukushima National Hospital, Tsukuba University, Tsuchiura Kyodo Hospital, Ibaraki Children's Hospital, Dokkyo Medical University, Jichi Medical University, Ashikaga Red Cross Hospital, Gunma Children's Medical Center, Kiryu Kosei General Hospital, Fuji Heavy Industries Health Insurance Society Ota Memorial Hospital, Gunma University, Saitama Children's Medical Center, Nishisaitama-chuo National Hospital, Saitama Medical University Saitama Medical Center, Kawaguchi Municipal Medical Center, Jichi Medical University Saitama Medical Center, Asahi General Hospital, Chiba Kaihin Municipal Hospital, Kameda Medical Center, Tokyo Women's Medical University Yachiyo Medical Center, Juntendo University Urayasu Hospital, Tokyo Metropolitan Children's Medical Center, Tokyo Women's Medical University, Aiiku Hospital, Nihon University Itabashi Hospital, National Center for Global Health and Medicine, Tokyo Medical University, Teikyo University, Showa University, Japan Red Cross Medical Center, National Center for Child Health and Development, Tokyo Metropolitan Otsuka Hospital, Toho University, Tokyo Metropolitan Bokuto Hospital, Tokyo Jikei Medical University, Tokyo Medical and Dental University, Saint Luke's International Hospital, Juntendo University, Sanikukai Hospital, Katsushika Red Cross Hospital, Yokohama Rosai Hospital, Yokohama City University Medical Center, St. Marianna University School of Medicine Hospital, Kanagawa Children's Medical Center, Tokai University, Kitazato University, Odawara Municipal Hospital, Nippon Medical School Musashi Kosugi Hospital, Saiseikai Yokohamashi Tobu Hospital, National Hospital Organization Yokohama Medical Center, Yamanashi Prefectural Central Hospital, Nagano Children's Hospital, Shinshu University, Iida Municipal Hospital, National Hospital Organization Shinshu Ueda Medical Center, Saku General Hospital, Niigata University, Niigata Prefectural Central Hospital, Niigata Municipal Hospital, Nagaoaka Red Cross Hospital, Koseiren Takaoka Hospital,

Toyama Prefectural Central Hospital, Toyama University, Ishikawa Medical Center for Maternal and Child Health, Kanazawa Medical University, Kanazawa Medical Center, Fukui Prefectural Hospital, Fukui University, Gifu Prefectural General Medical Center, National Hospital Organization Nagara Medical Center, Takayama Red Cross Hospital, Seirei Hamamatsu Hospital, Shizuoka Saiseikai Hospital, Shizuoka Children's Hospital, Hamamatsu Medical University, Numazu Municipal Hospital, Yaizu City Hospital, Fujieda Municipal General Hospital, Nagoya Red Cross Daini Hospital, Nagoya University, Nagoya Red Cross Daiichi Hospital, Toyohashi Municipal Hospital, Nagoya City West Medical Center, Anjo kosei Hospital, Tosei General Hospital, Komaki Municipal Hospital, TOYOTA Memorial Hospital, Okazaki Municipal Hospital, Konan Kosei Hospital, National Mie Central Medical Center, Ise Red Cross Hospital, Yokkaichi Municipal Hospital, Otsu Red Cross Hospital, Shiga University of Medical Science Hospital, Nagahama Red Cross Hospital, Uji Tokushukai Hospital, The Japan Baptist Hospital, Kyoto University, Kyoto Red Cross Daiichi Hospital, National Maizuru Medical Center, Fukuchiyama City Hospital, Kyoto Prefectural University of Medicine Hospital, Kyoto City Hospital, Mitsubishi Kyoto Hospital, Yodogawa Christian Hospital, Osaka Medical Center and Research Institute for Maternal and Child Health, Osaka University, Takatsuki General Hospital, Kansai Medical University, Osaka City General Hospital, Osaka City Sumiyoshi Hospital, Aizenbashi Hospital, Toyonaka Municipal Hospital, National Cerebral and Cardiovascular Center, Kitano Hospital, Saiseikai Suita Hospital, Chifune Hospital, Belland General Hospital, Rinku General Medical Center, Osaka Red Cross Hospital, Yao Municipal Hospital, Osaka General Medical Center, Osaka City University, Hyogo Prefectural Kobe Children's Hospital, Kobe University, Kakogawa West City Hospital, Saiseikai Hyogoken Hospital, Kobe City Medical Center General Hospital, Hyogo College of Medicine Hospital, Himeji Red Cross Hospital, Toyooka Public Hospital, Hyogo Prefectural Awaji Medical Center, Nara Medical University, Wakayama Medical University, Tottori Prefectural Central Hospital, Tottori University, Shimane Prefectural Central Hospital, Matsue Red Cross Hospital, Kurashiki Central Hospital, Tsuyama Central Hospital, Kawasaki Medical School Hospital, National Hospital Organization Okayama Medical Center, Okayama Red Cross Hospital, Hiroshima City Hiroshima Citizens Hospital, Hiroshima Prefectural Hospital, Hiroshima University, Tsuchiya General Hospital, National Hospital Organization Kure Medical Center, Yamaguchi University, Yamaguchi Grand Medical Center, Tokushima University, Tokushima Municipal Hospital, Kagawa University, National Hospital Organization Kagawa Children's Hospital, Matsuyama Red Cross Hospital, Ehime Prefectural Central Hospital, Kochi Health Science Center, St. Mary's Hospital, National Kyushu Medical Center, Kurume University, Kitakyushu Municipal Medical Center, University of Occupational and Environmental Health,

Fukuoka University, Kyushu University, Iizuka Hospital, National Hospital Organization Kokura Medical Center, National Hospital Organization Saga Hospital, National Hospital Organization Nagasaki Medical Center, Kumamoto City Hospital, Kumamoto University, Oita Prefectural Hospital, Almeida Memorial Hospital, Nakatsu

Municipal Hospital, Miyazaki University, National Hospital Organization Miyakonojo Medical Center, Kagoshima City Hospital, Imakiire General Hospital, Okinawa Prefectural Nanbu Medical Center and Children's Medical Center, Okinawa Prefectural Chubu Hospital, Naha City Hospital, Okinawa Red Cross Hospital.

Table I. Details of birth defects by ICD-10 code

| ICD-10 | Categories/diseases | n (%) |
|---------|------------------------------------------------------------------------|------------|
| Q00-Q07 | Congenital malformations of the nervous system | 132 (3.7) |
| Q000 | Anencephaly | 5 (0.1) |
| Q01 | Encephalocele | 2 (0.1) |
| Q02 | Microcephaly | 1 (0.0) |
| Q031 | Atresia of foramina of Magendie and Luschka | 1 (0.0) |
| Q039 | Congenital hydrocephalus, unspecified | 48 (1.3) |
| Q040 | Congenital malformations of corpus callosum | 2 (0.1) |
| Q042 | Holoprosencephaly | 24 (0.7) |
| Q043 | Other reduction deformities of brain | 10 (0.3) |
| Q044 | Septo-optic dysplasia | 1 (0.0) |
| Q046 | Congenital cerebral cysts | 2 (0.1) |
| Q048 | Other specified congenital malformations of brain | 1 (0.0) |
| Q05 | Spina bifida | 44 (1.2) |
| Q078 | Other specified congenital malformations of nervous system | 1 (0.0) |
| Q10-Q18 | Congenital malformations of eye, ear, face and neck | 15 (0.4) |
| Q100 | Congenital ptosis | 1 (0.0) |
| Q120 | Congenital cataract | 2 (0.1) |
| Q131 | Absence of iris | 1 (0.0) |
| Q134 | Other congenital corneal malformations | 1 (0.0) |
| Q148 | Other congenital malformations of posterior segment of eye | 1 (0.0) |
| Q161 | Congenital absence, atresia and stricture of auditory canal (external) | 5 (0.1) |
| Q170 | Accessory auricle | 1 (0.0) |
| Q172 | Microtia | 4 (0.1) |
| Q173 | Other misshapen ear | 1 (0.0) |
| Q20-Q28 | Congenital malformations of the circulatory system | 584 (16.4) |
| Q200 | Common arterial trunk | 14 (0.4) |
| Q201 | Double outlet right ventricle | 93 (2.6) |
| Q203 | Discordant ventriculoarterial connection | 28 (0.8) |
| Q204 | Double inlet ventricle | 10 (0.3) |
| Q210 | Ventricular septal defect | 108 (3.0) |
| Q211 | Atrial septal defect | 32 (0.9) |
| Q212 | Atrioventricular septal defect | 32 (0.9) |
| Q213 | Tetralogy of Fallot | 87 (2.4) |
| Q214 | Aortopulmonary septal defect | 2 (0.1) |
| Q220 | Pulmonary valve atresia | 60 (1.7) |
| Q221 | Congenital pulmonary valve stenosis | 3 (0.1) |
| Q224 | Congenital tricuspid stenosis | 11 (0.3) |
| Q225 | Ebstein anomaly | 4 (0.1) |
| Q228 | Other congenital malformations of tricuspid valve | 1 (0.0) |
| Q230 | Congenital stenosis of aortic valve | 2 (0.1) |
| Q231 | Congenital insufficiency of aortic valve | 2 (0.1) |
| Q234 | Hypoplastic left heart syndrome | 29 (0.8) |
| Q251 | Coarctation of aorta | 62 (1.7) |
| Q253 | Stenosis of aorta | 3 (0.1) |
| Q254 | Other congenital malformations of aorta | 2 (0.1) |
| Q256 | Stenosis of pulmonary artery | 8 (0.2) |
| Q258 | Other congenital malformations of great arteries | 2 (0.1) |
| Q262 | Total anomalous pulmonary venous connection | 24 (0.7) |
| Q263 | Partial anomalous pulmonary venous connection | 1 (0.0) |
| Q265 | Anomalous portal venous connection | 1 (0.0) |
| Q270 | Congenital absence and hypoplasia of umbilical artery | 1 (0.0) |
| Q30-Q34 | Congenital malformations of the respiratory system | 24 (0.7) |
| Q311 | Congenital subglottic stenosis | 2 (0.1) |
| Q315 | Congenital laryngomalacia | 2 (0.1) |
| Q320 | Congenital tracheomalacia | 4 (0.1) |
| Q321 | Other congenital malformations of trachea | 2 (0.1) |
| Q322 | Congenital bronchomalacia | 1 (0.0) |
| Q330 | Congenital cystic lung | 3 (0.1) |
| Q332 | Sequestration of lung | 1 (0.0) |
| Q336 | Hypoplasia and dysplasia of lung | 9 (0.3) |
| Q35-Q37 | Cleft lip and cleft palate | 158 (4.4) |
| Q35 | Cleft palate | 152 (4.3) |
| Q37 | Cleft palate with cleft lip | 5 (0.1) |
| Q38-Q45 | Other congenital malformations of the digestive system | 409 (11.5) |
| Q390 | Atresia of esophagus without fistula | 139 (3.9) |
| Q392 | Congenital tracheo-esophageal fistula without atresia | 24 (0.7) |
| Q399 | Congenital malformation of esophagus | 1 (0.0) |
| Q400 | Congenital hypertrophic pyloric stenosis | 2 (0.1) |
| Q410 | Congenital absence, atresia and stenosis of duodenum | 61 (1.7) |
| Q411 | Congenital absence, atresia and stenosis of jejunum | 31 (0.9) |

(continued)

Table I. Continued

| ICD-10 | Categories/diseases | n (%) |
|---------|-------------------------------------------------------------------------------|-------------|
| Q412 | Congenital absence, atresia and stenosis of ileum | 44 (1.2) |
| Q419 | Congenital absence, atresia and stenosis of small intestine, part unspecified | 2 (0.1) |
| Q423 | Congenital absence, atresia and stenosis of anus without fistula | 94 (2.6) |
| Q429 | Congenital absence, atresia and stenosis of large intestine, part unspecified | 7 (0.2) |
| Q430 | Meckel diverticulum | 2 (0.1) |
| Q431 | Hirschsprung disease | 6 (0.2) |
| Q432 | Other congenital functional disorders of colon | 1 (0.0) |
| Q433 | Congenital malformations of intestinal fixation | 4 (0.1) |
| Q437 | Persistent cloaca | 2 (0.1) |
| Q438 | Other specified congenital malformations of intestine | 1 (0.0) |
| Q442 | Atresia of bile ducts | 4 (0.1) |
| Q444 | Choledochal cyst | 1 (0.0) |
| Q447 | Other congenital malformations of liver | 1 (0.0) |
| Q50-Q56 | Congenital malformations of genital organs | 87 (2.4) |
| Q53 | Undescended testicle | 2 (0.1) |
| Q54 | Hypospadias | 87 (2.4) |
| Q60-64 | Congenital malformations of the urinary system | 184 (5.2) |
| Q600 | Renal agenesis, unilateral | 4 (0.1) |
| Q601 | Renal agenesis, bilateral | 8 (0.2) |
| Q605 | Renal hypoplasia, unspecified | 1 (0.0) |
| Q606 | Potter's syndrome | 48 (1.3) |
| Q61 | Cystic kidney disease | 34 (1.0) |
| Q620 | Congenital hydronephrosis | 87 (2.4) |
| Q631 | Lobulated, fused and horseshoe kidney | 1 (0.0) |
| Q641 | Exstrophy of urinary bladder | 1 (0.0) |
| Q642 | Congenital posterior urethral valves | 1 (0.0) |
| Q644 | Malformation of urachus | 3 (0.1) |
| Q647 | Other and unspecified congenital malformations of bladder and urethra | 1 (0.0) |
| Q65-Q79 | Congenital malformations and deformations of the musculoskeletal system | 173 (4.9) |
| Q66 | Congenital deformity of feet | 4 (0.1) |
| Q682 | Congenital deformity of knee | 1 (0.0) |
| Q688 | Other specified congenital musculoskeletal deformities | 1 (0.0) |
| Q69 | Polydactyly | 13 (0.4) |
| Q702 | Fused toes | 1 (0.0) |
| Q704 | Polysyndactyly, unspecified | 3 (0.1) |
| Q713 | Congenital absence of hand and finger | 3 (0.1) |
| Q72 | Reduction defects of lower limb | 2 (0.1) |
| Q740 | Other congenital malformations of upper limb(s), including shoulder girdle | 1 (0.0) |
| Q742 | Other congenital malformations of lower limb(s), including pelvic girdle | 1 (0.0) |
| Q743 | Arthrogryposis multiplex congenital | 2 (0.1) |
| Q750 | Craniosynostosis | 3 (0.1) |
| Q753 | Macrocephaly | 1 (0.0) |
| Q76 | Congenital malformations of spine and bony thorax | 5 (0.1) |
| Q773 | Chondrodysplasia punctate | 2 (0.1) |
| Q774 | Achondroplasia | 2 (0.1) |
| Q780 | Osteogenesis imperfecta | 1 (0.0) |
| Q781 | Polyostotic fibrous dysplasia | 1 (0.0) |
| Q790 | Congenital diaphragmatic hernia | 51 (1.4) |
| Q792 | Exomphalos | 39 (1.1) |
| Q793 | Gastroschisis | 38 (1.1) |
| Q795 | Other congenital malformations of abdominal wall | 1 (0.0) |
| Q798 | Other congenital malformations of musculoskeletal system | 1 (0.0) |
| Q80-Q89 | Other congenital malformations | 33 (0.9) |
| Q81 | Epidermolysis bullosa | 1 (0.0) |
| Q825 | Congenital non-neoplastic nevus | 4 (0.1) |
| Q828 | Other specified congenital malformations of skin | 1 (0.0) |
| Q851 | Tuberous sclerosis | 2 (0.1) |
| Q870 | Congenital malformation syndromes predominantly affecting facial appearance | 3 (0.1) |
| Q871 | Congenital malformation syndromes predominantly associated with short stature | 8 (0.2) |
| Q873 | Congenital malformation syndromes involving early overgrowth | 1 (0.0) |
| Q878 | Other specified congenital malformation syndromes, not elsewhere classified | 2 (0.1) |
| Q891 | Congenital malformations of adrenal gland | 3 (0.1) |
| Q893 | Situs inversus | 1 (0.0) |
| Q897 | Multiple congenital malformation, not elsewhere classified | 6 (0.2) |
| Q90-Q99 | Chromosomal abnormalities, not elsewhere classified | 1020 (28.7) |
| Q90 | Down syndrome (Trisomy 21) | 321 (9.0) |
| Q911 | Trisomy 18, mosaicism | 1 (0.0) |
| Q913 | Edwards syndrome (Trisomy 18), unspecified | 453 (12.7) |
| Q917 | Patau syndrome (Trisomy 13), unspecified | 58 (1.6) |
| Q921 | Whole chromosome trisomy, mosaicism (mitotic nondisjunction) | 1 (0.0) |

(continued)

Table I. Continued

| ICD-10 | Categories/diseases | n (%) |
|--------|-----------------------------------------|---------|
| Q933 | Wolff-Hirschhorn syndrome | 2 (0.1) |
| Q935 | Other deletions of part of a chromosome | 3 (0.1) |
| Q938 | Other deletions from the autosomes | 1 (0.0) |
| Q969 | Turner syndrome | 1 (0.0) |
| Q970 | Karyotype 47,XXX | 1 (0.0) |
| Q984 | Klinefelter syndrome | 2 (0.1) |

Table V. Maternal and admission characteristics by ICD-10 code and prognosis groupings

| Characteristics | (A) Good prognosis group | | | (B) Moderate prognosis group | | | (C) Poor prognosis group | | | |
|--------------------------------------------------|----------------------------------------------|----------------------------------------|--------------------------------------------------------|----------------------------------------------|------------------------------------------------|--------------------------------------------|-------------------------------------------------|---------------------------------------|--------------------------------------------|-----------------------------------------------|
| | Q10-Q18: Eye, ear, face, neck (n = 15) | Q50-Q56: Genital organs (n = 87) | Q35-Q37: Cleft lip and cleft palate (n = 158) | Q38-Q45: Digestive system (n = 409) | Q20-Q28: Circulatory system (n = 584) | Q00-Q07: Nervous system (n = 132) | Q65-Q79: Musculoskeletal system (n = 173) | Q90-Q99: Chromosomes (n = 1020) | Q60-Q64: Urinary system (n = 184) | Q30-Q34: Respiratory system (n = 24) |
| Maternal age (y), mean ± SD | 30.7 ± 4.6 | 32.4 ± 5.6 | 32.4 ± 4.8 | 32.5 ± 5.4 | 32.3 ± 5.7 | 32.0 ± 5.7 | 30.7 ± 6.7 *** | 34.6 ± 5.6 *** | 31.6 ± 5.3 * | 30.2 ± 6.1 |
| <25, n (%) | 0 (0.0) | 7 (8.1) | 10 (6.5) | 29 (7.3) | 49 (8.6) | 15 (11.5) | 35 (20.7) *** | 43 (4.3) *** | 18 (9.9) ** | 5 (21.7) |
| 25-29, n (%) | 8 (53.3) | 21 (24.1) | 32 (20.8) | 81 (20.4) | 125 (22.0) | 28 (21.5) | 36 (21.3) | 154 (15.6) | 37 (20.4) | 5 (21.7) |
| 30-34, n (%) | 4 (26.7) | 29 (33.3) | 61 (39.6) | 144 (36.3) | 184 (32.4) | 38 (29.2) | 44 (26.0) | 244 (24.7) | 75 (41.4) | 7 (30.4) |
| 35-39, n (%) | 2 (13.3) | 22 (25.3) | 43 (27.9) | 97 (24.4) | 147 (25.9) | 40 (30.8) | 39 (23.1) | 340 (34.3) | 41 (22.7) | 4 (17.4) |
| ≥40, n (%) | 1 (6.7) | 8 (9.2) | 8 (5.2) | 46 (11.6) | 63 (11.1) | 9 (6.9) | 15 (8.9) | 209 (21.1) | 10 (5.5) | 2 (8.7) |
| Multiple birth, n (%) | 5 (33.3) | 14 (16.1) | 36 (22.8) | 79 (19.3) | 119 (20.4) | 37 (28.0) ** | 36 (20.8) | 60 (5.9) *** | 34 (18.5) | 4 (16.7) |
| Maternal diabetes, n (%) | 0 (0.0) | 3 (3.5) | 5 (3.2) | 15 (3.8) | 38 (6.6) *** | 3 (2.3) | 7 (4.2) | 34 (3.4) | 7 (3.8) | 0 (0.0) |
| Hypertensive disorder of pregnancy, n (%) | 1 (6.7) | 28 (32.2) *** | 29 (18.5) | 55 (18.8) | 114 (19.8) * | 18 (14.0) | 23 (13.6) | 116 (11.5) *** | 27 (14.8) | 4 (17.4) |
| Histologic chorioamnionitis, n (%) | 3 (27.3) | 13 (18.1) | 29 (24.6) | 55 (17.9) | 88 (19.8) | 30 (27.3) | 33 (24.6) | 130 (16.4) *** | 38 (24.5) | 11 (52.6) ** |
| Preterm premature rupture of membranes, n (%) | 2 (13.3) | 10 (11.5) * | 35 (22.4) | 109 (27.1) * | 116 (20.1) | 31 (23.7) | 36 (21.2) | 159 (15.7) *** | 57 (31.3) ** | 7 (29.2) |
| Antenatal steroid, n (%) | 7 (46.7) | 48 (55.2) ** | 72 (47.1) | 154 (39.4) | 232 (41.0) | 60 (46.5) | 63 (38.0) | 292 (29.2) *** | 87 (47.8) | 11 (45.8) |
| Nonreassuring fetal status, n (%) | 3 (21.4) | 35 (41.7) | 49 (32.7) | 127 (33.2) * | 202 (36.2) | 48 (37.2) | 61 (37.2) | 487 (49.2) *** | 47 (26.6) ** | 9 (37.5) |
| Cesarean delivery, n (%) | 9 (60.0) * | 79 (91.9) * | 135 (85.4) | 309 (76.3) ** | 490 (83.9) | 102 (77.9) | 144 (83.2) | 810 (79.5) * | 134 (72.8) ** | 20 (83.3) |
| Cord blood transfusion, n (%) | 1 (10.0) | 15 (22.4) | 12 (10.7) | 56 (19.1) | 66 (14.8) | 14 (15.7) | 15 (11.2) | 89 (11.8) *** | 20 (14.1) | 6 (28.6) |
| Male, n (%) | 8 (53.3) | 86 (100.0) *** | 80 (50.6) | 210 (51.5) | 283 (48.5) * | 66 (50.0) | 83 (48.0) | 477 (46.9) *** | 118 (64.1) ** | 11 (45.8) |
| Outborn, n (%) | 1 (6.7) | 5 (5.8) | 12 (7.6) | 86 (21.0) *** | 80 (13.7) ** | 14 (10.6) | 13 (7.5) | 101 (9.9) | 9 (4.9) * | 2 (8.3) |
| Gestational age (wk), mean ± SD | 30.5 ± 3.8 | 31.1 ± 3.0 | 30.6 ± 3.5 | 30.8 ± 3.4 | 30.9 ± 3.4 | 30.1 ± 3.7 | 31.0 ± 3.4 | 32.0 ± 3.2 *** | 30.3 ± 3.2 | 28.8 ± 2.8 ** |
| 22-24, n (%) | 2 (13.3) | 2 (2.3) | 10 (6.3) | 29 (7.1) | 28 (4.8) | 13 (9.9) | 13 (7.5) | 20 (2.0) *** | 12 (6.5) * | 3 (12.5) * |
| 25-28, n (%) | 2 (13.3) | 23 (26.4) | 44 (27.9) | 89 (21.8) | 132 (22.6) | 35 (26.5) | 34 (19.7) | 175 (17.2) | 37 (20.1) | 10 (41.7) |
| 29-32, n (%) | 6 (40.0) | 35 (40.2) | 55 (34.8) | 173 (42.3) | 237 (40.6) | 51 (38.6) | 71 (41.0) | 376 (36.9) | 95 (51.6) | 10 (41.7) |
| 33-36, n (%) | 5 (33.3) | 27 (31.0) | 49 (31.0) | 118 (28.9) | 187 (32.0) | 33 (25.0) | 55 (31.8) | 449 (44.0) | 40 (21.7) | 1 (4.2) |
| Apgar score 1 min < 4, n (%) | 3 (20.0) | 19 (22.1) ** | 38 (24.5) *** | 128 (32.0) * | 175 (30.2) *** | 56 (43.4) | 81 (47.7) ** | 498 (49.4) *** | 66 (35.9) | 12 (50.0) |
| Apgar score 5 min < 4, n (%) | 0 (0.0) | 2 (2.4) ** | 16 (10.3) | 40 (10.2) | 58 (10.0) * | 18 (14.1) | 34 (20.1) ** | 165 (16.6) *** | 39 (21.4) *** | 8 (33.3) ** |
| O ₂ use at resuscitation, n (%) | 10 (71.4) | 66 (77.7) * | 130 (85.5) | 350 (88.2) | 466 (81.3) ** | 108 (83.1) | 149 (87.1) | 864 (86.8) | 156 (86.7) | 22 (91.7) |
| Intubation at resuscitation, n (%) | 6 (40.0) | 39 (44.8) * | 73 (46.8) * | 227 (56.1) | 317 (54.3) | 68 (52.3) | 119 (69.6) *** | 551 (54.5) | 107 (58.5) | 20 (83.3) ** |
| Birth weight (g), mean ± SD | 1122.3 ± 305.8 | 933.1 ± 325.6 *** | 1060.6 ± 300.5 | 1086.1 ± 312.1 * | 1064.5 ± 298.5 | 1048.0 ± 304.6 | 1122.9 ± 283.6 * | 1086.4 ± 294.4 *** | 1141.4 ± 297.6 *** | 911.5 ± 328.6 * |
| ≤500, n (%) | 0 (0.0) | 9 (10.3) ** | 5 (3.2) | 20 (4.9) * | 28 (4.9) | 7 (5.3) | 5 (2.9) | 39 (3.9) ** | 6 (3.4) *** | 3 (12.5) |
| 501-750, n (%) | 2 (13.3) | 21 (24.1) | 29 (18.5) | 50 (12.3) | 72 (12.5) | 22 (16.8) | 20 (11.8) | 120 (11.9) | 17 (9.5) | 5 (20.8) |
| 751-1000, n (%) | 4 (26.7) | 19 (21.8) | 27 (17.2) | 82 (20.2) | 122 (21.2) | 20 (15.3) | 27 (15.9) | 210 (20.8) | 26 (14.5) | 6 (25.0) |
| 1001-1250, n (%) | 1 (6.7) | 18 (20.7) | 44 (28.0) | 95 (23.4) | 170 (29.6) | 40 (30.5) | 53 (31.2) | 285 (28.2) | 44 (24.5) | 6 (25.0) |
| 1251-1500, n (%) | 8 (53.3) | 20 (23.0) | 52 (33.1) | 159 (39.2) | 183 (31.8) | 42 (32.1) | 65 (38.2) | 356 (35.3) | 86 (48.0) | 4 (16.7) |
| Small for gestational age, n (%) | 7 (46.7) | 78 (89.7) *** | 95 (60.5) | 227 (55.9) * | 359 (62.4) | 70 (53.4) | 98 (57.7) | 821 (81.3) *** | 86 (48.0) *** | 13 (54.2) |

The significant differences are calculated comparing the characteristic of each ICD-10 code group from that of the other ICD-10 code groups via Pearson χ^2 test or Wilcoxon rank-sum test.

* $P < .05$ compared with the other birth defect group.

** $P < .01$ compared with the other birth defect group.

*** $P < .001$ compared with the other birth defect group.

Table VI. Mortality and morbidity in the NICU by ICD-10 code and prognosis groupings

| Mortality and morbidity in NICU | (A) Good prognosis group | | | (B) Moderate prognosis group | | | (C) Poor prognosis group | | | |
|---------------------------------------------------------------|-------------------------------------------------|-------------------------------------------|-----------------------------------------------------------|----------------------------------------------|------------------------------------------------|--------------------------------------------|----------------------------------------------------|---------------------------------------|--------------------------------------------|-----------------------------------------------|
| | Q10-Q18: Eye, ear, face, neck (n = 15) | Q50-Q56: Genital organs (n = 87) | Q35-Q37: Cleft lip and cleft palate (n = 158) | Q38-Q45: Digestive system (n = 409) | Q20-Q28: Circulatory system (n = 584) | Q00-Q07: Nervous system (n = 132) | Q65-Q79: Musculoskeletal system (n = 173) | Q90-Q99: Chromosomes (n = 1020) | Q60-Q64: Urinary system (n = 184) | Q30-Q34: Respiratory system (n = 24) |
| Respiratory distress, n (%) | 4 (26.7) | 34 (39.1) | 70 (45.8) | 179 (44.6) | 254 (44.0) | 61 (48.8) | 80 (49.4) | 376 (37.4) *** | 85 (47.0) | 13 (54.2) |
| Air leak, n (%) | 0 (0.0) | 2 (2.3) | 5 (3.3) | 12 (3.0) | 17 (3.0) | 10 (8.0) * | 6 (3.7) | 30 (3.0) | 22 (12.2) *** | 3 (12.5) * |
| Pulmonary hemorrhage, n (%) | 0 (0.0) | 2 (2.3) | 3 (2.0) | 12 (3.0) | 22 (3.8) | 4 (3.2) | 5 (3.1) | 59 (5.9) *** | 7 (3.9) | 1 (4.2) |
| Persistent pulmonary hypertension of the newborn, n (%) | 0 (0.0) | 2 (2.3) * | 7 (4.6) * | 26 (6.5) * | 34 (5.9) ** | 4 (3.2) * | 31 (19.1) *** | 119 (11.9) ** | 34 (19.0) *** | 7 (29.2) *** |
| Intubation period (d), mean ± SD | 13.9 ± 25.9 | 11.3 ± 19.2 *** | 32.2 ± 90.1 | 42.6 ± 106.7 *** | 36.5 ± 84.5 * | 37.2 ± 116.2 | 47.9 ± 131.4 * | 50.3 ± 132.6 | 11.7 ± 28.4 *** | 118.1 ± 230.7 |
| Chronic lung disease, n (%) | 1 (14.3) | 14 (36.8) | 32 (45.1) | 54 (34.0) | 26 (33.2) | 18 (35.3) | 24 (31.6) | 170 (44.6) ** | 18 (26.9) | 6 (60.0) |
| Ligation of patent ductus arteriosus, n (%) | 1 (6.7) | 3 (3.5) | 11 (7.0) | 32 (7.8) | 54 (9.3) | 4 (3.0) * | 7 (4.1) | 95 (9.3) ** | 8 (4.4) | 2 (8.3) |
| Late circulatory collapse, n (%) | 2 (14.3) | 9 (10.3) | 10 (6.5) | 22 (5.5) | 23 (4.1) * | 11 (8.9) | 6 (3.7) | 37 (3.7) *** | 9 (5.1) | 0 (0.0) |
| Severe intraventricular hemorrhage, n (%) | 0 (0.0) | 0 (0.0) | 4 (2.6) | 17 (4.3) | 25 (4.4) | 9 (7.4) * | 7 (4.3) | 39 (3.9) | 5 (2.8) | 0 (0.0) |
| Cystic periventricular leukomalacia, n (%) | 0 (0.0) | 0 (0.0) | 3 (2.0) | 11 (2.8) | 12 (2.1) | 1 (0.8) | 6 (3.7) | 17 (1.7) | 4 (2.3) | 2 (8.7) * |
| Late onset sepsis, n (%) | 1 (6.7) | 6 (6.9) | 7 (4.6) | 34 (8.6) | 34 (6.0) | 15 (12.1) * | 19 (11.7) * | 59 (6.0) | 11 (6.2) | 1 (4.2) |
| Necrotizing enterocolitis, n (%) | 0 (0.0) | 1 (1.2) | 3 (2.0) | 15 (3.8) * | 24 (4.2) *** | 3 (2.4) | 2 (1.2) | 20 (2.0) | 1 (0.6) | 0 (0.0) |
| Localized intestinal perforation, n (%) | 2 (13.3) * | 2 (2.3) | 1 (0.7) | 25 (6.3) *** | 23 (4.1) | 1 (0.8) | 6 (3.7) | 30 (3.0) | 3 (1.7) | 0 (0.0) |
| Hearing impairment, n (%) | 7 (58.3) ** | 10 (12.8) * | 40 (33.1) * | 44 (19.2) | 49 (17.3) ** | 21 (28.0) | 13 (14.0) * | 221 (51.2) *** | 11 (10.7) ** | 1 (9.1) |
| Retinopathy of prematurity, n (%) | 3 (21.4) | 6 (7.3) | 17 (12.8) | 31 (9.3) | 39 (8.5) | 7 (6.4) | 13 (9.9) | 27 (3.4) *** | 7 (4.7) | 1 (5.3) |
| Transfer at acute phase, n (%) | 0 (0.0) | 1 (1.2) | 10 (6.3) | 30 (7.3) * | 74 (12.7) *** | 5 (3.8) | 4 (2.3) | 55 (5.4) | 6 (3.3) | 1 (4.2) |
| Operation during NICU admission, n (%) | 2 (13.3) | 5 (5.8) *** | 15 (9.5) *** | 316 (77.3) *** | 211 (36.1) *** | 55 (41.7) *** | 87 (50.3) *** | 208 (20.4) *** | 14 (7.6) *** | 11 (45.8) * |
| Died at day 0, n (%) | 0 (0.0) | 0 (0.0) * | 6 (3.9) | 15 (3.8) | 21 (3.7) | 10 (7.9) | 18 (10.7) ** | 74 (7.4) *** | 24 (13.2) *** | 1 (4.4) |
| Died till 3 d of age, n (%) | 0 (0.0) | 0 (0.0) *** | 10 (6.5) | 33 (8.6) | 53 (9.5) | 18 (14.3) | 32 (19.2) *** | 165 (16.7) *** | 48 (26.4) *** | 7 (30.4) ** |
| Died in hospital, n (%) | 0 (0.0) * | 1 (1.2) *** | 22 (13.9) *** | 109 (26.7) | 159 (27.2) | 34 (25.8) | 62 (35.8) * | 484 (47.5) *** | 74 (40.2) *** | 9 (37.5) |
| Day of death at hospital (d), mean ± SD | NA | 67 | 59.5 ± 80.5 | 79.6 ± 140.7 * | 64.6 ± 94.2 * | 41.9 ± 89.9 * | 50.4 ± 100.2 * | 66.6 ± 114.9 *** | 18.4 ± 61.9 *** | 2.8 ± 4.4 * |
| Alive at discharge, n (%) | 15 (100.0) * | 86 (98.9) *** | 136 (86.1) *** | 300 (73.4) | 425 (72.8) | 98 (74.2) | 111 (64.2) * | 536 (52.6) *** | 110 (59.8) *** | 15 (62.5) |
| Alive discharge date (d), mean ± SD | 79.0 ± 38.0 * | 94.3 ± 58.4 *** | 114.4 ± 77.9 | 146.2 ± 97.7 *** | 122.7 ± 86.9 | 164.3 ± 210.1 ** | 129.5 ± 115.4 | 146.1 ± 124.4 *** | 92.1 ± 69.4 *** | 250.7 ± 158.8 *** |
| Final discharge status | | | | | | | | | | |
| Dead, n (%) | 0 (0.0) * | 1 (1.3) *** | 22 (16.4) *** | 104 (33.8) | 158 (41.9) ** | 33 (32.0) | 60 (39.7) | 476 (55.7) *** | 73 (42.4) | 9 (47.4) |
| Discharge, n (%) | 15 (100.0) | 78 (98.7) | 112 (83.6) | 199 (64.6) | 218 (57.8) | 69 (67.0) | 89 (58.9) | 371 (43.4) | 98 (57.0) | 10 (52.6) |

(continued)

Table VI. Continued

| Mortality and morbidity in NICU | (A) Good prognosis group | | | (B) Moderate prognosis group | | | (C) Poor prognosis group | | | |
|--------------------------------------------------------|-------------------------------------------------|-------------------------------------------|-----------------------------------------------------------|----------------------------------------------|------------------------------------------------|--------------------------------------------|----------------------------------------------------|---------------------------------------|--------------------------------------------|-----------------------------------------------|
| | Q10-Q18: Eye, ear, face, neck (n = 15) | Q50-Q56: Genital organs (n = 87) | Q35-Q37: Cleft lip and cleft palate (n = 158) | Q38-Q45: Digestive system (n = 409) | Q20-Q28: Circulatory system (n = 584) | Q00-Q07: Nervous system (n = 132) | Q65-Q79: Musculoskeletal system (n = 173) | Q90-Q99: Chromosomes (n = 1020) | Q60-Q64: Urinary system (n = 184) | Q30-Q34: Respiratory system (n = 24) |
| Still hospitalized at 1 year, n (%) | 0 (0.0) | 0 (0.0) | 0 (0.0) | 5 (1.6) | 1 (0.3) | 1 (0.1) | 2 (1.3) | 8 (0.9) | 1 (0.6) | 0 (0.0) |
| Weight at discharge for survivors (g), mean ± SD | 2823 ± 508 | 2681 ± 639 *** | 2960 ± 905 | 3100 ± 1017 | 2916 ± 878 * | 3630 ± 1535 *** | 2969 ± 1069 | 3228 ± 1260 *** | 2869 ± 762 | 4063 ± 1213 *** |
| Home oxygen at discharge, n (%) | 1 (6.7) | 4 (4.7) | 10 (7.0) | 27 (7.9) | 47 (9.8) | 8 (7.0) | 10 (7.7) | 120 (15.3) *** | 10 (6.6) | 3 (16.7) |
| Tracheostomy at discharge, n (%) | 0 (0.0) | 0 (0.0) | 2 (1.4) | 21 (6.2) ** | 6 (1.3) ** | 7 (6.0) | 3 (2.3) | 39 (5.0) ** | 1 (0.7) | 5 (27.8) *** |

The significant differences are calculated comparing the characteristic of each ICD-10 code group from that of the other ICD-10 code groups via Pearson χ^2 test or Wilcoxon rank-sum test.

* $P < .05$ compared with the other birth defect group.

** $P < .01$ compared with the other birth defect group.

*** $P < .001$ compared with the other birth defect group.

Table VII. Death in hospital for each category/disease

| ICD-10 | Categories/diseases | Deaths, n (%) | Relative risk (95% CI) |
|---------|-------------------------------------------------------------------------------|---------------|------------------------|
| Q00-Q07 | Congenital malformations of the nervous system | 34 (25.8) | 4.45 (3.32-5.95) |
| Q000 | Anencephaly | 5 (100.0) | 17.3 (16.7-17.9) |
| Q039 | Congenital hydrocephalus, unspecified | 5 (10.4) | 1.80 (0.78-4.13) |
| Q042 | Holoprosencephaly | 15 (62.5) | 10.8 (7.90-14.7) |
| Q043 | Other reduction deformities of brain | 3 (30.0) | 5.18 (2.01-13.4) |
| Q05 | Spina bifida | 7 (15.9) | 2.75 (1.39-5.42) |
| Q10-Q18 | Congenital malformations of eye, ear, face and neck | 0 (0.0) | N.A. |
| Q20-Q28 | Congenital malformations of the circulatory system | 159 (27.2) | 4.70 (4.10-5.39) |
| Q200 | Common arterial trunk | 6 (42.9) | 7.40 (4.04-13.6) |
| Q201 | Double outlet right ventricle | 39 (41.9) | 7.24 (5.69-9.22) |
| Q203 | Discordant ventriculoarterial connection | 9 (32.1) | 5.55 (3.24-9.51) |
| Q204 | Double inlet ventricle | 7 (70.0) | 12.1 (8.04-18.2) |
| Q210 | Ventricular septal defect | 8 (7.4) | 1.28 (0.66-2.49) |
| Q211 | Atrial septal defect | 2 (6.3) | 1.08 (0.28-4.13) |
| Q212 | Atrioventricular septal defect | 10 (31.3) | 5.39 (3.22-9.03) |
| Q213 | Tetralogy of Fallot | 14 (16.1) | 2.78 (1.72-4.49) |
| Q220 | Pulmonary valve atresia | 28 (46.7) | 8.06 (6.13-10.6) |
| Q224 | Congenital tricuspid stenosis | 4 (36.4) | 6.28 (2.87-13.7) |
| Q225 | Ebstein anomaly | 2 (50.0) | 8.63 (3.24-23.0) |
| Q234 | Hypoplastic left heart syndrome | 20 (69.0) | 11.9 (9.30-15.2) |
| Q251 | Coarctation of aorta | 22 (35.5) | 6.13 (4.37-8.58) |
| Q254 | Other congenital malformations of aorta | 1 (50.0) | 8.63 (2.16-34.5) |
| Q258 | Other congenital malformations of great arteries | 1 (50.0) | 8.63 (2.16-34.5) |
| Q262 | Total anomalous pulmonary venous connection | 8 (33.3) | 5.75 (3.26-10.1) |
| Q30-Q34 | Congenital malformations of the respiratory system | 9 (37.5) | 6.47 (3.86-10.9) |
| Q321 | Other congenital malformations of trachea | 1 (50.0) | 8.63 (2.16-34.5) |
| Q330 | Congenital cystic lung | 1 (33.3) | 5.75 (1.16-28.5) |
| Q336 | Hypoplasia and dysplasia of lung | 7 (77.8) | 13.4 (9.45-19.1) |
| Q35-Q37 | Cleft lip and cleft palate | 22 (13.9) | 2.40 (1.63-3.55) |
| Q35 | Cleft palate | 22 (14.5) | 2.50 (1.70-3.68) |
| Q38-Q45 | Other congenital malformations of the digestive system | 109 (26.7) | 4.60 (3.90-5.42) |
| Q390 | Atresia of esophagus without fistula | 57 (41.0) | 7.08 (5.78-8.67) |
| Q392 | Congenital tracheo-esophageal fistula without atresia | 12 (50.0) | 8.63 (5.78-12.9) |
| Q410 | Congenital absence, atresia and stenosis of duodenum | 6 (9.8) | 1.70 (0.79-3.63) |
| Q411 | Congenital absence, atresia and stenosis of jejunum | 11 (35.5) | 6.13 (3.81-9.86) |
| Q412 | Congenital absence, atresia and stenosis of ileum | 10 (22.7) | 3.92 (2.27-6.77) |
| Q423 | Congenital absence, atresia and stenosis of anus without fistula | 16 (17.0) | 2.94 (1.88-4.60) |
| Q429 | Congenital absence, atresia and stenosis of large intestine, part unspecified | 1 (14.3) | 2.47 (0.40-15.1) |
| Q437 | Persistent cloaca | 1 (50.0) | 8.63 (2.16-34.5) |
| Q438 | Other specified congenital malformations of intestine | 1 (100.0) | 17.3 (16.7-17.9) |
| Q444 | Choledochal cyst | 1 (100.0) | 17.3 (16.7-17.9) |
| Q50-Q56 | Congenital malformations of genital organs | 1 (1.2) | 0.20 (0.03-1.39) |
| Q54 | Hypospadias | 1 (1.2) | 0.20 (0.03-1.39) |
| Q60-Q64 | Congenital malformations of the urinary system | 74 (40.2) | 6.94 (5.80-8.31) |
| Q601 | Renal agenesis, bilateral | 8 (100.0) | 17.3 (16.7-17.9) |
| Q606 | Potter's syndrome | 45 (93.8) | 16.2 (14.9-17.5) |
| Q61 | Cystic kidney disease | 14 (41.2) | 7.11 (4.75-10.6) |
| Q620 | Congenital hydronephrosis | 8 (9.2) | 1.59 (0.82-3.07) |
| Q644 | Malformation of urachus | 1 (33.3) | 5.75 (1.16-28.5) |
| Q647 | Other and unspecified congenital malformations of bladder and urethra | 1 (100.0) | 17.3 (16.7-17.9) |
| Q65-Q79 | Congenital malformations and deformations of the musculoskeletal system | 62 (35.8) | 6.19 (5.05-7.57) |
| Q713 | Congenital absence of hand and finger | 1 (33.3) | 5.75 (1.16-28.5) |
| Q743 | Arthrogryposis multiplex congenital | 1 (50.0) | 8.63 (2.16-34.5) |
| Q781 | Polyostotic fibrous dysplasia | 1 (100.0) | 17.3 (16.7-17.9) |
| Q790 | Congenital diaphragmatic hernia | 35 (64.7) | 11.2 (9.10-13.7) |
| Q792 | Exomphalos | 17 (43.6) | 7.54 (5.26-10.8) |
| Q793 | Gastroschisis | 9 (23.7) | 4.09 (2.31-7.24) |
| Q798 | Other congenital malformations of musculoskeletal system | 1 (100.0) | 17.3 (16.7-17.9) |
| Q80-Q89 | Other congenital malformations | 3 (9.1) | 1.57 (0.53-4.62) |
| Q878 | Other specified congenital malformation syndromes, not elsewhere classified | 1 (50.0) | 8.63 (2.16-34.5) |
| Q891 | Congenital malformations of adrenal gland | 1 (33.3) | 5.75 (1.16-28.5) |
| Q897 | Multiple congenital malformation, not elsewhere classified | 1 (16.7) | 2.88 (0.48-17.2) |
| Q90-Q99 | Chromosomal abnormalities, not elsewhere classified | 484 (47.5) | 8.19 (7.62-8.81) |
| Q90 | Down syndrome (Trisomy 21) | 72 (22.4) | 3.17 (2.58-3.89) |
| Q913 | Edwards syndrome (Trisomy 18), unspecified | 330 (72.9) | 11.0 (10.3-11.7) |
| Q917 | Patau syndrome (Trisomy 13), unspecified | 44 (75.9) | 10.7 (9.22-12.4) |
| Q970 | Karyotype 47,XXX | 1 (100.0) | 14.0 (13.6-14.4) |

Denominators are shown in [Table I](#). Diseases with no death during NICU admission are excluded from this table. Relative risk compared with infants with no birth defects.

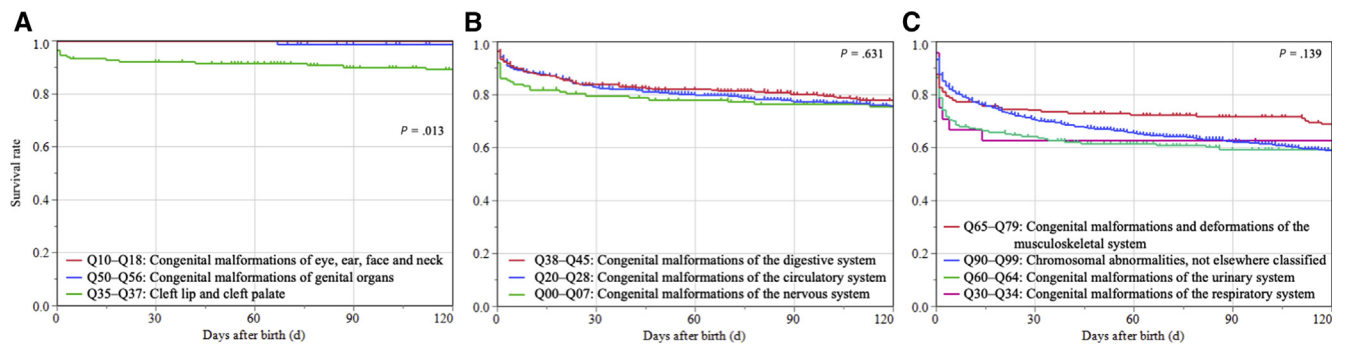


Figure 2. Kaplan-Meier curves of each birth defect category: **A**, good prognosis group, **B**, moderate prognosis group, and **C**, poor prognosis group.