

complications in gastric cancer patients undergoing surgery. The preoperative CCR showed a good predictive ability for short-term postoperative complications, with an optimal cut-off value of 7.117. Patients with low CCR had a higher incidence of overall complications ($P<0.001$), including mild complications ($P<0.001$) and major complications ($P<0.001$).

Conclusions The preoperative CCR was identified as a reliable nutrition and sarcopenia assessment tool for predicting short-term prognosis for patients with gastric cancer after surgery.

IDDF2020-ABS-0159 **A NEW DIAGNOSTIC INDEX OF SKELETAL MUSCLE MASS FOR PREDICTING SHORT-TERM POSTOPERATIVE COMPLICATIONS IN CROHN'S DISEASE**

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Background Skeletal muscle depletion has been suggested to affect postoperative complications in surgical patients. The creatinine-to-cystatin C ratio (CCR) is demonstrated as a new marker of muscle mass. The present study investigated the role of CCR in predicting postoperative complications in Crohn's disease (CD).

Methods This cohort study included 344 CD patients undergoing bowel resection from January 2016 to June 2019 at the Inflammatory Bowel Disease Center, Sir Run Run Shaw Hospital. Univariate and multivariate analyses were performed to identify risk factors for postoperative complications in CD. Receiver operating characteristic (ROC) curves were developed to examine the cutoff value of predictors in postoperative complications.

Results Among all the patients, 120 (34.9%) had postoperative complications and 224 (65.1%) recovered uneventfully. Preoperative albumin, C-reactive protein, white blood cell, creatinine, cystatin C, CCR, operative time, surgical history, laparoscopy, estimated blood loss, azathioprine and corticosteroids usage, and enteral nutrition were demonstrated to predict postoperative complications in CD (all p value < 0.05). Additionally, higher white blood cell ($p=0.008$), lower creatinine ($p<0.001$), higher cystatin C ($p=0.002$), lower CCR ($p=0.002$), and enteral nutrition ($p=0.001$) were identified to be independent risk factors in CD patients. CCR was identified to be with the highest area under the curve compared with other predictors, and the cutoff value was 7.804. Patients with a CCR < 7.804 experienced more postoperative complications, including surgical site infections ($p<0.001$).

Conclusions CCR was a simple and useful predictor as evaluating skeletal muscle mass to identify patients with a high incidence of postoperative complications in CD.

IDDF2020-ABS-0160 **PREVALENCE AND IMPACT OF FRAILITY AMONG INFLAMMATORY BOWEL DISEASE OUTPATIENTS**

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Background Frailty has been described in young patients with chronic inflammatory conditions. We aimed to determine the prevalence and impact of frailty among inflammatory bowel disease (IBD) outpatients

Methods Patients were prospectively recruited from our tertiary IBD clinic Nov 2018-Nov 2019. Frailty was defined by Fried Frailty Index (FFI). Crohn's Disease Activity Index (CDAI) for Crohn's disease (CD) or partial Mayo score for ulcerative colitis (UC) and IBD unclassified (IBDU), IBD questionnaire (IBDQ), Patient Health Questionnaire-9 (PHQ-9) and Charlson comorbidity index (CCI) were collected.

Results Forty-one patients were recruited (63% female, median age 32, 22% UC, 71% CD, 7% IBDU). Five patients (12%) were frail ($FFI\geq 3$) and 36 (88%) were non-frail: 20 (49%) pre-frail ($FFI=1-2$), 16 (39%) robust ($FFI=0$). Frail patients were older (median age 54vs.31, $P=0.03$) with longer duration of IBD (median 20vs.6 years, $P=0.05$) compared to non-frail. FFI correlated with CCI (Pearson $r.32$, $P=0.04$). Mean CDAI and median partial Mayo scores were higher in frail/pre-frail patients with CD (224 vs.112, $P<0.01$) and UC/IBDU (3vs.0.5, $P=0.03$) compared to robust patients. Conversely, the proportion of frail/pre-frail patients increased with IBD activity: remission (24%), mild (36%), moderate (89%) and severe disease activity (100%), $PP=0.02$). Compared to robust patients, frail/pre-frail patients had higher mean PHQ-9 scores (11.0vs.7.1, $P=0.02$) and higher depression rates (60%vs.25% with $PHQ-9\geq 10$, $P=0.03$). Anti-depressant use increased with FFI score (11% $FFI=0$, 17% $FFI=1$, 40% $FFI=2$, 100% $FFI\geq 3$, $P=0.02$). Frail/pre-frail patients had lower mean IBDQ scores (141vs.169, $P=0.02$) compared to robust patients denoting worse quality of life (QOL).

Conclusions Frailty or prefrailty is common among IBD outpatients and associated with older age, comorbidity, IBD duration, disease activity, prednisone use, depression and lower QOL.

IDDF2020-ABS-0163 **REDUCED SURVIVAL POST-ENDOSCOPY FOR UPPER GASTROINTESTINAL BLEEDING IN THE COVID-19 ERA IS A SECONDARY EFFECT OF THE RESPONSE TO THE GLOBAL PANDEMIC**

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Background The COVID-19 pandemic has placed increased strain on healthcare systems worldwide with enormous reorganisation undertaken to support 'COVID-centric' services. Non-COVID-19 admissions have been shown to have reduced due to public health measures to halt viral transmission. We aimed to understand the impact of the response to the COVID-19 pandemic on the outcomes of upper gastrointestinal bleeds (UGI).

Methods A pan-London retrospective observational multi-centre study comparing outcomes following endoscopy for UGI bleeds from 24th March 2020 to 20th April 2020 to the