



Abstract IDDF2020-ABS-0163 Figure 1 Odds ratio plot demonstrating outcomes of a multiple logistic regression model evaluating risk factors affecting 30-day survival post-endoscopy for UGI bleeds

corresponding dates in 2019. Primary outcome was in-hospital survival at 30 days with secondary outcomes of major re-bleeding within 30 days post-procedure and intervention at time of endoscopy.

Results 224 endoscopies for 203 patients with UGI bleeds were included within this study. 19 patients were diagnosed with COVID-19. There was a 44.4% reduction in the number of procedures performed between 2019 and 2020. Endoscopies performed for UGI bleeds in the COVID-19 era were associated with an adjusted reduced 30-day survival (OR 0.25, 95% CI 0.08–0.67) (figure 1). There was no increased risk of major re-bleeding or interventions during this era. Patients with COVID-19 did not have adjusted reduced survival or adjusted increased complication rates.

Conclusions Endoscopy for UGI bleeds in the COVID-19 era is associated with reduced survival. No clear cause has been identified but we suspect this is a secondary effect of the response to the COVID-19 pandemic. Urgent work is required to encourage the public to seek medical help if required and to optimise patient pathways to ensure that the best possible patient care is provided.

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CLINICAL SYMPTOMS, ENDOSCOPIC FINDINGS AND LOWER ESOPHAGEAL SPHINCTER PRESSURE IN PATIENTS WITH ABSENT CONTRACTILITY ON HIGH-RESOLUTION MANOMETRY

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Background Absent contractility is a rare esophageal motility disorder, described mainly in patients with systemic diseases. There is no available data on the Asian population as well as in Vietnam. This study aims to describe clinical symptoms, upper gastrointestinal endoscopy findings (UGIE) and lower esophageal sphincter pressure (LES) in patients with absent contractility on high-resolution manometry (HRM).

Methods A cross-sectional study in 67 patients diagnosed with absent contractility on HRM at the Institute of Gastroenterology and Hepatology from March 2018 to April 2019.

Results During the study period, 2762 patients with upper gastrointestinal symptoms were performed HRM in which 67 patients (2.4%) were diagnosed with absent contractility on HRM. There is no case with the past history of systemic diseases or diabetes. The female/male ratio was 1.6, and the mean age was 43.2 ± 14.8 . Common symptoms were regurgitation (74.6%), heartburn (28.4%) and dysphagia (32.8%). 80.6% and 44.8% of the patients had an FSSG and GERDQ score ≥ 8 , respectively. On UGIE, 46% had reflux esophagitis, mostly Los Angeles grade A. The prevalence of LES < 10 mmHg and IRP4s < 5 mmHg were significantly higher in patients with esophagitis on endoscopy.

Conclusions Clinical symptoms of patients with absent contractility were various and nonspecific. The prevalence of low LES pressure was significantly higher in patients having reflux esophagitis.

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ANXIETY AND DEPRESSION AMONG GASTROENTEROLOGISTS: AN ONLINE SURVEY IN BANGLADESH

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Background Anxiety and depression negatively affect physicians' performance leading to make errors in service providing. Moreover, there is a significant association between professional burnout and anxiety and depression. As a part of this doctor community, gastroenterologists are also at risk of suffering from mental health problems. This study was designed to see the prevalence of anxiety and depression among gastroenterologists in Bangladesh.

Methods Anxiety and depression negatively affect physicians' performance leading to make errors in service providing. Moreover, there is a significant association between professional burnout and anxiety and depression. As a part of this doctor community, gastroenterologists are also at risk of suffering from mental health problems. This study was designed to see the prevalence of anxiety and depression among gastroenterologist in Bangladesh.

Results Out of 166 gastroenterologists, 63 (37.95, mean age 20.2 ± 8.0 years, 96.8% female) responded. The service length of respondents varied from 5 years to 43 years (mean 20.29 ± 8.09) and their working length as specialists varied from 1 to 38 years (mean 13.28 ± 7.278). In this series symptom scores of 13 (20.6%) and 3 (4.8%) respondents were consistent with borderline anxiety and overt anxiety respectively and symptom scores of 11 (17.5%) and 2 (3.2%) respondents were consistent with borderline and overt depression respectively. Among them, nine (14.2%) respondents had both anxiety and depression (including borderline and overt cases). Anxiety was significantly more prevalent (9, 31.0%) among gastroenterologists of 41–50 years age group ($p=0.007$) and those are working as specialists less than or equal to five years (6; 75%), [$P=0.014$]. Depression was also more common among gastroenterologists of age 41 – 50 years group 7(24.13%), doing government service 10 (19.60%), service length ≤ 15 years 5 (29.41), and working as specialist ≤ 10 years 7 (31.82%), but the difference was not significant.